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News for and about Lyngblomsten Volunteers

Lyngblomsten's Volunteer Committee

By the Volunteer Committee Members

The Lyngblomsten Volunteer Committee was formed recently to help the Volunteer Programs & Services Department become financially self-sufficient. Our committee is developing a strategy to raise ongoing funds to support the volunteer program. Each committee member is an active volunteer who is dedicated to this wonderful ministry to older adults.

The committee will work to expand the number of volunteer donors by creating systems to retain existing volunteers, seek new volunteers and offer opportunities for volunteers to increase their level of giving.

Volunteer Committee members will:

- Develop strategies to increase the number of volunteers.

- Advise and participate in supporting staff on volunteer relations, volunteer recognition, and volunteer retention.

- Assist staff with developing and carrying out strategies that enhance volunteers' overall experience.



Volunteer Committee: Front L to R: Darla Braun, Annie Reynolds-Smith, Pat McClure, Dale Fagre. Back L to R: Wil Langer, Bill Lund, Donald Pantzar, Len Eilts.

As we do these, Lyngblomsten will be able to invest more deeply in expanding volunteer programs and services to meet the growing older adult demographic.

The Lyngblomsten Volunteer Committee members are co-chairs Annie Reynolds-Smith and Len Eilts, Donald Pantzar, Pat McClure, Wil Langer, Bill Lund, and staff members Darla Braun and Dale Fagre. The committee meets every month, primarily on Tuesdays, from 4 p.m. - 5 p.m. If you are interested in joining the committee, please contact Darla Braun, Director of Volunteer Programs & Services at (651) 632-5356 or dbraun@lyngblomsten.org.

Team Talk

By Darla Braun, Director of Volunteer Programs & Services

“Let us be grateful to people who make us happy: They are the charming gardeners who make our souls blossom.” I smiled as I read this delightful quote by the French writer Marcel Proust and thought about all the volunteers, on site and in the community, who touch many people’s lives by helping older adults.

The Volunteer Programs & Services Department is made aware on a daily basis of the importance and impact your time, energy, care, and concern has on the older adults served through the Lyngblomsten mission. We often accept thanks on behalf of the volunteers from residents, tenants, family members, and staff. Comments include, “I’m so glad to have someone visit from the outside and get to meet someone

Team Talk - continued on page 2

Volunteer and Donor Relations Department Contact Information

Volunteer Programs & Services

Director:
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dbaun@lyngblomsten.org

Volunteer Coordinator:
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jnelson@lyngblomsten.org

Volunteer Coordinator:
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Team Assistant:
Laura Pixley
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lpixley@lyngblomsten.org

Donor Relations

Chief Development Officer:
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Development Associate:
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eseiber@lyngblomsten.org

Administrative Assistant:
Mary Grupa
(651) 632-5324
mgrupa@lyngblomsten.org

Team Talk - continued from page 1

new,” and “It’s great to know there is a volunteer to help when family members aren’t here.”

Staff at Lyngblomsten talk about the difference you make in saving time and their energy when helping to transport folks to and from appointments and activities. They take note as residents enjoy your company and kindness, especially when there are long, lonely days.

Please know that if you are a volunteer who transports residents in wheelchairs to activities, appointments, and Sunday services, you are also connecting older adults to meaningful opportunities in their lives. If you are a Volunteer Special Friend, you are reducing isolation and uplifting someone’s spirit. Healing Helpers are bringing comfort and companionship to older adults moving back into their home in the Lyngblomsten and Heritage apartments after a hospital stay because of surgery or serious illness.

In the Care Center, leading the “Hymn Sing,” helping out with games and Bingo, or working in the Gift Shop ensures that there are plenty of things to do, places for

the residents to go, and caring people to help when they get there. More than 140 volunteers participate in over 50 regularly scheduled positions on the Lyngblomsten campus every week.

In the community, Corporate Congregation-based volunteers for The Gathering program provide much-needed respite care for caregivers of persons who have early-stage memory loss. Care Team Ministry volunteers provide “quality of life” needs and offer gifts of faith and friendship. Several hundred volunteers serve in Lyngblomsten’s community-based programs. Lyngblomsten Auxiliary members volunteer many hours of their time to raise funds for special projects that positively affect the lives of the older adults served through Lyngblomsten.

Volunteers sharing their time in these programs and services are “gardeners who make our souls blossom.” We want you to know, from Lyngblomsten Volunteer Programs & Services, and from many others who share these same sentiments, “We are very grateful!”



Volunteer Coupon Item

Our volunteers put the “spring” in our step!

Redeem this coupon at the front desk or Gift Shop for your prize

You could be a winner!

For each shift you volunteer, fill out a slip with your name on it, and put it into the envelope at one of the sign-in areas. This enters you in the monthly \$10 cash drawing. You are eligible to win once a year. Thanks for all you do!

Congratulations!

February – Bettie Knutson
March – Lucille Quehl
April – Michael Evanoff



Gift Shop Gab

By Lisa Palm, Gift Shop Manager

CARDS, CANDY, SNACKS, GIFTS, CLOTHING, JEWELRY, SPECIALTY FOODS, COFFEE SHOP & MORE

With the winter blahs merely a memory, thoughts have turned to warm weather and sunny days. The Gift Shop has shed its winter fare and is looking bright and cheery – offering lots of ways to brighten up both your home and your wardrobe. Need a caffeine boost? The new cappuccino/latte machine is just the thing to give you that extra energy to shop-till-you-drop, start planting your spring flowers, or begin that new house project. Whatever your passion – it's a new beginning – Spring is here – embrace it!

The Gift Shop has a lot of new items including Willow Tree Angels, pottery, handmade clay bead bracelets, sterling silver earrings, children and adult books, and

tons of great spring/summer apparel items. Look for additional new lines throughout the year.

On July 10, the Gift Shop will have a Clearance Event during the Ice Cream Social as we did last year. It is a great opportunity to buy first quality merchandise at significantly reduced prices.

Thanks to all of the volunteers who work to make the Gift Shop a great place to work and shop. I hear so many wonderful things from the residents about what a friendly and wonderful atmosphere there is in the Gift Shop, and that is a wonderful reflection upon the volunteers who keep it going day after day. Thanks to you all.

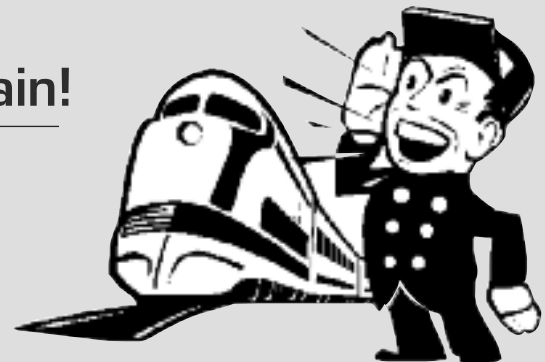
Climb Aboard the Ambassador Train!

By Patricia Montgomery, Director of Marketing Communications

Ever wondered what really makes Lyngblomsten tick? Here's your opportunity to find out!

Lyngblomsten has been working on a process designed to build greater awareness of the wide range of ways Lyngblomsten serves seniors and their families... whether or not they ever live in one of our buildings.

For more than 100 years, volunteers have played an essential role in helping Lyngblomsten be the organization it is today. As a volunteer, YOU are an "ambassador" for our organization. From time to time, you likely find yourself being asked, "What is Lyngblomsten?" To make it easier to briefly explain what Lyngblomsten is ALL about while telling the full story of how we serve older adults and their families, come and experience All Aboard! Ambassador Training for Volunteers. Explore Lyngblomsten's mission through our four principles, the "on-the-spot" talk, the GLAD steps, and more. Be touched by the heartwarming stories highlighted on our new DVD (includes interviews with volunteers).



Three "excursions" are taking place this spring:

Saturday, May 17, 2008 10:00 – 11:30 AM

Monday, May 19, 2008 6:30 – 8:00 PM

Tuesday, May 20, 2008 1:30 – 3:00 PM

Light refreshments will be served. All of the sessions will be held in the South Community Room, next door to the 5-5-1 Club (lower level of the Care Center—where the Auxiliary's rummage sales are held).

Please REGISTER for ambassador training by contacting Laura Pixley in Volunteer Services at (651) 646-2941 ext. 5135 or lpixley@lyngblomsten.org. Questions about the workshop can be directed to Patricia Montgomery in Marketing Communications at (651) 632-5322 or pmontgomery@lyngblomsten.org.

We look forward to seeing you aboard!

Volunteer Hourly Awards for 2007

Lyngblomsten volunteers are recognized for hourly awards when they reach 100, 300, 500, 1000 hours and thereafter every 500 hours. With the hours recorded for 2007, the following individuals were recognized for reaching one of the above-mentioned hourly awards. They will receive a new nametag reflecting the new hours of service. Thank you to all volunteers for your faithful service.

100 Hours

Leslie Amundson
Darla Braun
Tina Dale
Mary Davis
Jake Egge
Kim Face
Roseah Germ
May Gustafson
Joe Hannaman
Abbie Hanson
Giri Kasuh
Eileen Kellen
Nathan Lalum
Colleen Lockman
Twylla Manges
Ivan Martir
Pat McClure
Carole Needels
Lisa Palm
Nikki Peloquin
Lynda Peterson
Pete Peterson
Laura Pixley
Annie Reynolds-Smith
Jinny Sapp
Joe Shields
Lucille Teel
Janice Walker
Elizabeth Wiger

300 Hours

Carol Baker
Georgine Bellotti
Kendell Berry
Len Eilts
Catrina Engelby
Jackie Evanoff
Evie Gibis
Karol Holmquist
Rosemary Johnson
Mary Joyce
Helen Klask
Bettie Knutson
Ha Nguyen
Berde Olson
Marilyn Rowe
Cherilyn Swenson

500 Hours

Leon Axtman
Norma Gohl
Sue Helfman
Marilyn Hobbs
Jane Huso
Carmen Pederson
Katie Purcell
Ruthann Ryberg

1000 Hours

Marilyn Dayton
Marilyn Kruse
Barb Prokosch
Eugene Richter
Therese Siebenaler
Jan Daniels

1500 Hours

Marge Abas
Marion Glasow
June Husom
Wil Langer
Cheryl Warkentien

2500 Hours

Virginia Ellman

3000 Hours

Jim Nash

6500 Hours

Jeanette Severson

7500 Hours

Elaine Ogren



Ice Cream Social Call for Volunteers!

It doesn't seem possible, but soon we will be recruiting volunteers for a favorite annual event: the Ice Cream Social. On Thursday, July 10, we will have opportunities for volunteers to help with selling tickets, making hot dogs, scooping ice cream, helping in the "Kid Zone," cutting cake, inflating balloons, and many more fun activities. Please mark the date on your calendar and give Darla Braun a call if you are interested in participating. Darla can be reached at (651) 632-5356 or dbraun@lyngblomsten.org.

Yes! I Want to Help!

Please peruse our current volunteer needs and indicate with a check mark opportunities that interest you. Return this form to Volunteer Programs & Services or contact us at (651) 632-5356 for more information.

HIGHLIGHTED VOLUNTEER NEED!

Healing Helper

Provide assistance with non-medical services to older adults who have moved back into their homes in the Lyngblomsten and Heritage Apartments, following transitional care, surgery or serious illness. Volunteers are asked to provide one or two visits a week over a four-week period. *NOTE! We are not able to accept volunteers who reside in the Lyngblomsten Apartments or The Heritage due to privacy issues.*

Big Bingo

This is a long-time favorite activity for our residents! We are looking for 3 volunteers to help transport residents (push wheelchairs) to Bingo and assist residents during play. Bingo is held on Mondays at 3:00 p.m. and Thursdays at 10:00 a.m.

Therapy (PT/OT) Transporters

Lots of opportunity to help here! Join our busy Therapy Department and help bring folks to their appointments. Thursday and Friday mornings available weekly.

Concert Transporters

Volunteers are needed to help transport residents to and from the chapel for concerts. Times and days vary.

Gift Shop Clerk

A rewarding opportunity to provide hospitality to gift shop visitors. Shifts are 10:00 a.m.– noon, 10:00 a.m.– 4:00 p.m., and 12:00 p.m.– 4:00 p.m.

Dining Volunteers in the 5-5-1 Club

This is an exciting opportunity for volunteers who like to socialize and stay busy! Come and help serve lunch in the 5-5-1 Club! Prepare for the meal, greet diners, serve food and perform general clean-up following lunch. No dishwashing or heavy lifting required! Dining volunteers are needed every Wednesday and/or every other Friday from 11 a.m.–1 p.m.

Piano Players

Brighten the afternoon for residents in The Heritage Apartments! Play background music while tenants are eating and accompany during Sing-Along on the fourth Thursday of each month from 3–4 p.m.

“Movie Matinee” Leader

Do you love movies? Come and share your interest with tenants of The Heritage by coordinating a movie showing every Tuesday from 3:30–5 p.m.

Bingo Caller

This is a great position for Bingo-lovers! A volunteer is needed to call Bingo in the Lyngblomsten Apartments every Friday from 3–4 p.m.

Games and Activities Assistant

Current openings include:
Blackjack, Tuesdays - 3:45 p.m.
Bingo, Mondays - 3:00 p.m.
Bingo, Thursdays - 10:00 a.m.
Cribbage, Thursdays - 1:30 p.m.

Bridge Club

Lead a bridge group in the care center. Days and times would be up to you and the residents.

Volunteer Special Friend

Volunteer special friends will be matched with a resident for one-on-one visits. Days and times are flexible.

Volunteer Needs



The Youth Wire

News and information for Lyngblomsten Youth Volunteers

Bowling Extravaganza

Thank you to the youth volunteers and their families who made our Winter Bowling Recognition a wonderful event! Please keep an eye open for an invitation for our summer youth recognition event in August.



Pictured: Youth Volunteer Joe Martin

Reminder

Youth Summer Program BEGINS JUNE 21st!

Keep a favorite position or try a new one. Volunteer on weekdays or weekends. Volunteer on your own or invite a friend. It's up to you! Benefits include use of your own volunteer lounge, flexible scheduling and the opportunity to make new friends! Registration is due by May 20th.

2008 Lyngblomsten Putt-a-Thon

Like to golf? Want to help raise money to support Lyngblomsten? Then join us for the putt-a-thon!

What better way to enjoy a summer afternoon than putting around beautiful Midland Hills Golf Club. If you are under 18, you can help support Lyngblomsten by gathering pledges from your friends and neighbors. We will putt from 1p.m. - 4 p.m. on Monday, August 4th. The event is part of Lyngblomsten's Foundation's 12th Annual Golf Classic.

Youth who raise over \$150 will be eligible to complete for prizes. The 1st place winner will receive a \$75 gift certificate to Rosedale Mall; 2nd place a \$50 Best Buy gift card; and 3rd place a \$25 Target gift certificate.

Arrive at noon for a free lunch. Free beverages will be served throughout the day.

Contact Darla Braun at (651) 632-5356 for more information.



Pictured L to R: Youth Volunteers Kassi Braun and Cayla Ronke at the 2007 Putt-a-Thon.

2008 Lyngblomsten Scholarship Recipients



JOE DEACY

Joe is graduating from St. Bernard's High School and will be attending St. Paul College. He has been a Lyngblomsten volunteer since 2001, sharing a total of 292 hours in a variety of areas, including his current position as a clerical volunteer for Human Resources.

"Through my volunteer work I have learned that the little time you spend with people can mean a lot to them... and you can bring much happiness and kindness to the residents at Lyngblomsten."



ELIZABETH ZAPPA

Elizabeth is graduating from St. Agnes High School and plans to attend Northern State University in Aberdeen, South Dakota. Since the summer of 2000, Elizabeth has been volunteering on Saturdays, assisting with bingo and other activities. She has donated over 270 hours of her time.

"Volunteering has taught me to be thankful for everything that I have. There is nothing like helping those in need to remind me how fortunate I really am."



HEATHER SCHMITZ

Heather is graduating from St. Bernard's High School and has been accepted to the University of Minnesota, where she plans to study Biology or Biochemistry. Heather has been volunteering since 2000, donating 400 hours to Therapeutic Recreation, Environmental Services, Health Information Services, and her current position as a clerical volunteer with Nursing Administration.

"Volunteering at Lyngblomsten has taught me that time is precious and that when you give your time it is never wasted."

Lyngblomsten Youth Volunteers say, "Thank you!"

The goal to continue the Youth Scholarship Fund has gotten more obtainable with a generous gift of \$4,000 from the Lyngblomsten Auxiliary. This donation will go toward \$1000 college scholarships for each of the three deserving college-bound seniors in 2008 who have met certain volunteer requirements and are recommended by Lyngblomsten staff supervisors and current high school teachers.

We are also grateful to the Therapeutic Recreation Department for donating \$46 earned

through staff efforts in selling singing telegrams for Valentine's Day. This is the third year that the TR Department has supported the Youth Scholarship Program through this fun activity.

Volunteer Services is grateful to the Auxiliary, TR Department and the many Individual Contributors who support the Youth Scholarship Fund, affirming our youth volunteers and investing in their future and the future of Lyngblomsten. Thank you for supporting these wonderful youth volunteers!

REMINDER: To support the Youth Volunteer Scholarship Fund, simply make your tax-deductible contributions to the Lyngblomsten Foundation or Volunteer Services. Please indicate that it is designated for the Youth Volunteer Scholarship Fund.

As part of the 3M Volunteer Match Program, the 3M Foundation will donate \$200 to eligible nonprofit organizations for which a 3M employee or retiree volunteers 25 hours or more per calendar year. For more information about this program, contact 3M Community Affairs at (651) 733-0144.

Lyngblomsten **AUXILIARY NEWS**

Enjoy the Fun, Food and Festivities!

By Sandra Nielsen, Auxiliary Volunteer

The Lyngblomsten Auxiliary supports the 5-5-1 Club's Annual Community Ice Cream Social, coming up on July 10 from 2-7 p.m. This very popular annual event is truly a winner for staff, residents, families and neighbors. In addition to ice cream (45 gallons eaten last year) and hotdogs (over 900 consumed), there is more treats (like cake - donated by generous people like you) music and entertainment throughout the day, games and of course plenty of socializing. The festivities conclude with a hymn sing at 7 p.m.

Each year the Auxiliary, in keeping with its mission of "providing support for Lyngblomsten's residential programs and outreach services," funds the large tent that is needed for the event. The cost is \$1500, but the reward is priceless. The social is a wonderful way to make connections with the entire Lyngblomsten community, neighborhoods, families, corporate congregations, and businesses.

Mark your calendars! The day will be sunny and warm, the food will be delicious, the entertainment delightful, and the social connections outstanding! See you there! Auxiliary members are encouraged to donate a cake (what is ice cream without cake?), attend and encourage others to do so.



Auxiliary Leadership Team

<u>President</u>	
Ruthann Ryberg	(651) 917-0409
<u>Vice President</u>	
Mim Heggerston	(763) 786-4624
<u>Membership Chair</u>	
Virginia Ellman	(651) 484-1985
<u>Program Chair</u>	
Margit Hauge	(952) 881-1871
<u>Secretary</u>	
Rosemary Johnson	(651) 484-1506
<u>Treasurer</u>	
Kevin Warkentien	(612) 991-4982
<u>Ways & Means Chair</u>	
Marilyn Kruse	(651) 329-5934
Rummage Sales:	
Carmen Pederson	(651) 489-6723
Cookie Fair:	
Marilyn Kruse	(651) 329-5934
Craft Fair:	
Lois Neubauer	(651) 365-7573
Gift/Book Wrapping:	
Cheryl Warkentien	(651) 644-2425
Book/Gift Fair:	
Leslie Amundson	(651) 486-2915

Don't miss this!

Join us for the May 13th Auxiliary Meeting starting at 1:30 p.m. Musical entertainment will be provided by:

Kitchen Kutups

Looking forward... planning ahead

Though spring has just sprung, the Auxiliary would like to remind you that the fall is a very busy time for fundraising.

Fall and early winter events are the Rummage Sale, Book Fair, and Cookie/Craft Fair. Keep us in mind as you dig through treasures, stack up books, make crafts or try out cookie recipes. We will need your donations and your help to make these fundraisers successful! Thanks!

Wyatt Urlacher says good-bye to Lyngblomsten

It is with a distinct mix of gratitude, heartache and anticipation that I announce my resignation from Lyngblomsten. My wife recently received a job offer from Dakota Rural Action, an organization focusing on sustainable agriculture issues, and we will be relocating in May to South Dakota, where I'll be working for the summer with the Department of Game, Fish and Parks. I have also been accepted into a graduate program at the University of Sioux Falls and will begin working towards my M.Ed. in the fall.



Over my past year of employment with Volunteer Services, I have witnessed an inspiring phenomenon: a large group of caring individuals who have seen a need and have come together to support and enhance the lives of older adults in their community. In evaluating a community's level of social capital, we need look no farther than the number of volunteer hours its citizens donate. At Lyngblomsten, we are daily witnesses to the health and vitality of our neighborhood and community at large. The passion, care and concern for the future of Lyngblomsten is evident in the hearts and good

deeds of our volunteers. You are an incredible omen of hope as we move forward towards an uncertain future. We cannot know what tomorrow will bring, but the care and support of Lyngblomsten's volunteers continues to show us that there will always be compassionate people to lend a hand when a hand is needed most.

I leave Lyngblomsten inspired—confident that you, the volunteers, will continue your amazing work, nourishing the Lyngblomsten community—body, mind and soul.

In Sympathy

Volunteer Services extends sincere sympathies to:

Lyngblomsten volunteer Louise Feske, on the loss of her mother Pearl Husby.

Lyngblomsten volunteers Jean Milton and Ann Hanson, on the loss of their aunt Pearl Husby.

The family and friends of Chuck Semling, Lyngblomsten Volunteer.

Lyngblomsten Volunteer Reuben Roelofs, for the loss of his wife Gloria Roelofs, Lyngblomsten Volunteer.

Lyngblomsten volunteers Roger and Shelia Skone, for the loss of their son.

The family and friends of Jean Heideman, Lyngblomsten Volunteer.

Lyngblomsten Volunteer Lois Neubauer, for the loss of her husband Cal Neubauer.

Our sympathies to family and friends of residents who passed away since the last newsletter:

Clarice Peterson	Ruth Johnson	Luella Wiecher
Pearl Werneke	Harland Hedlund	Charles Schleh
Eugene Boeckermann	Irwina Peckham	Agnes Erhart
Gordon Meyer	Hazel Olmschenk	Frank Kysilko
Pearl Husby	Richard Ewens	Audrey Meyer
Dorothy Vaillancourt	Howard Halverson	Calvin Neubauer
Lucile Guss	Carolyn Hoffman	Lillian Lanyk
Florence Hill	William Lynott	Agnes Kachel
Lois Stevens	Shirley Norve	Pauline Peck
Gail Sandeen	Elfreda Farseth	Janis Ruddick
Marie Prom	Florence Berg	

New Volunteers: January - March 2008

Bob Slama
Jennifer Wisner
Gemvita Johansson
Kidist Dimore
Joe Martin
Chit Eh Doh
Gaby Gretz
Megan Jacot
Steve Nichols
Marlene Vincent
Ella May Dodge
Shaun Kennedy
Elizabeth Gretz
Alexandra Salocha

Sarah Tisel
Nikki Andree
Pam Dragseth
Sean Erickson
Jane McGregor
Ryan McGregor
Sonya McGregor
Michelle McHale
Daniel Gheberchiurot
Jessica Thomas
Derrick Ostlie
Nicole Fiksdal
Cristina Oanca
Toyin Omodara

Doris Daily
Mai Va Yang
Shimels Deressa
Brianna Prew
Mary Sobaszkievicz
Alisha McGuire
Chhun Ly
Courtney Swanson
Julia Urban
Mayra Sorman
Jody Glaus
Unsra Ibrahim
Emily Behr
Amy Walston

Shannon Anton
Tanya Fischer
Kelly Oberle
Judy Lee
Rachel Langseth
Shannon Uphus
Sara Jacobson
Angela Jones
Kristin Linell
Jamey Moseman
Anna Yablochkina
Jackie Bedard
Stephanie Moss
Olpha Okero

Welcome to all new volunteers and thank you for joining the Lyngblomsten volunteer corps. We look forward to working with you and hope your experience is life-enhancing.



SAVE THE DATE

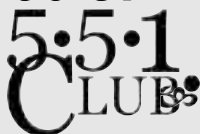
2-7 PM
Hymn
Sing at
7 PM

Community Ice Cream Social
July 10, 2008

Lyngblomsten Courtyard

Back to the 50's!

Come one, come all to this outdoor sockhop complete with ice cream, hot dogs, corn on the cob, games, prizes, entertainment (you might even see Elvis)! Bring your neighbors, family, and friends to this must-attend event!



A GREAT SUMMER VOLUNTEER OPPORTUNITY FOR THE WHOLE FAMILY!



FREE
for members of
Lyngblomsten's
corporate
congregations*

Drivers: Start Your Engines!

Interested in learning how to effectively and safely transport older adults and persons with special needs? Well, now you can...for FREE!

Hosted by Lyngblomsten's Home- & Community-Based Services:

Volunteer Driver's Training

Tuesday, May 6, from 6:30-8:30 PM

at the 5-5-1 Club (lower level of 1415 Almond Ave., St. Paul)

Topics covered include: proper body mechanics, safe wheelchair transfers, and effective positioning.

Register ASAP

to dseverson@lyngblomsten.org or (651) 632-5330.



*Open to others for a small fee: \$10 per person (or \$25 for a group of 3 or more).

The Best Way to Spend a Day!

Monday, August 4, 2008

Midland Hills Country Club

SEEKING: GOLFERS & VOLUNTEERS

For more info, contact Emily at
(651) 632-5323 or
eseiber@lyngblomsten.org



[The Policy Prompt]

By Darla Braun, Director of Volunteer Programs & Services

Welcome to The Policy Prompt— a new column designed to support volunteers with reminders, updates, and clarifying information about policies and procedures. We hope that understanding how we work together and what is expected of us will ensure that volunteers have a safe and satisfying experience with Lyngblomsten.

This edition we revisit: EMERGENCY PROCEDURES

Fire and Disaster (Doctor Red)

Volunteers are required to become familiar with the Fire and Disaster Plan. Lyngblomsten provides volunteers with orientation regarding procedures for dealing with fire and/or other disasters. All volunteers on the premises must respond to the emergency situation and remain until the emergency conditions are over.

1. Stay Calm.
2. Never assume that we are just having a drill. Every emergency should be treated as the real thing.
3. Look at the fire procedure reminder on the back of your nametag.
4. If you are not in an immediate fire area and if you are with residents--stay with them and keep engaged and calm. Wait for staff to let you know if they need your help in another way.
5. Never use the elevators in the event of a fire (they are brought to 1st floor and locked).
6. If you are not with a resident, go to the Main Lobby or the closest nurses station and ask how you can help.
7. Do not place yourself in danger when helping others.

Severe Weather Procedure

When the National Weather Service issues a severe weather warning, an announcement will be made. The front desk will call the Gift Shop. All other areas will hear the announcement over the public address system.

Thunderstorm Watch (Code Blue)

Know the location of all residents with whom you are working. Discourage residents from leaving the facility on their own. Outside activities are not allowed during this time; however, other volunteer activities may go on as usual.

For safety, the elevators cannot be used during fire, tornado or very severe weather warnings!

Tornado Watch or Serve Thunderstorm Warning (Code Green)

Staff will close all draperies in all areas and discourage residents from going for walks outside. Volunteers may still leave the building.

Tornado Warning or Very Severe Thunderstorm (Code Orange)

Gift/Coffee Shop, Chapel, Beauty Shop, and Physical Therapy volunteers need to escort residents in these areas to the hallway just outside the volunteer lounge, or, if overcrowded, to the 1st floor Main Lobby. Remain there until further notice. Gift/Coffee shop volunteers should turn off the coffee pot, lock the cash register, close and lock the door, and turn on the security system before leaving. All other volunteers should follow the instructions of staff to ensure safety for yourself and the people you serve.

Agnes Alert

Lyngblomsten Care Center's "Agnes Alert" policy and procedure was developed to promote resident safety and well-being by being proactive in identifying and attempting to prevent potential elopement. Facility staff members and volunteers are instructed on this procedure upon initial orientation and at least annually thereafter. In the event a resident is identified as having eloped, the resident search process would be initiated utilizing this process.

Volunteers, visitors, and staff MAY NOT leave the building during a Doctor Red or Code Orange.

Upcoming Events...

Month	Day
<u>May</u>	
2008 Volunteer Recognition Event	2
New Volunteer Orientation	15
Ambassador Training for Volunteers	17, 19, 20
Youth School Year Program Ends	31
<u>June</u>	
New Volunteer Orientation	17
New Volunteer Orientation	19
Youth Summer Program Start Date	21
<u>July</u>	
Ice Cream Social	10
New Volunteer Orientation	15
Healing Helper Training	17
<u>August</u>	
Putt-a-thon and Golf Classic	4
New Volunteer Orientation	17



Do You Know Any Night Owls?

NURSE OPENINGS

Lyngblomsten is looking for a few good RNs (Registered Nurses) or LPNs (Licensed Practical Nurses) to work the **NIGHT SHIFT!**

*Interested? Know someone who would be?
Contact Trisha Hall, Director of HR, at
thall@lyngblomsten.org or (651) 632-5302.*



The Lyngblomsten Gift and Coffee Shop is ready to "Espresso" themselves with a whole "Latte" love!

Thanks to the Lyngblomsten Auxiliary, the Gift & Coffee Shop has a new specialty coffee maker. Residents, employees, and volunteers will be able to stop by the Shop for a mocha, latte, or cappuccino (as well as the other treats offered there: cookies, ice cream, snacks, etc.).

Gift & Coffee Shop Hours

10 AM – 4 PM Monday – Friday
NOON – 4 PM Saturday & Sunday

Located near the chapel on the Lyngblomsten campus (1415 Almond Ave., St. Paul, 55108)

Now you can also read *The Lyngk* online at www.lyngblomsten.org.

Click "Get Involved."



Lyngblomsten Volunteer Services
1415 Almond Avenue
St. Paul, MN 55108
www.lyngblomsten.org

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