



LYNGBLOMSTEN
SENIOR MINISTRY LIBRARY

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Title	Author & Copyright Year	Type of Resource (i.e. book, pamphlet, video)	Length (# of pages or minutes)	Description
Pastoral Care to the Aged	Kirkwood, Neville A. 2005	Book	115 pp.	Here, in handy pocket or purse-sized format, is a nuts-and-bolts guide to visiting the elderly in a variety of settings, to offer pastoral care and spiritual comfort. It offers readers a thorough overview of the aging process, including the challenges of dementia and a look at the unique emotional and spiritual needs of the elderly. This book offers help to those who want to make visits to the elderly more meaningful.
Ministering to Older Adults – The Building Blocks	Koepke, Donald R. MDiv, BCC 2005	Book	209 pp.	This book is rich with examples, suggestions, tools, and compelling questions about older adult ministry, and these “building blocks” are held together by the strong mortar of theory and theology. The authors speak from experience, learning, and their own spiritual framework to provide insight and challenges to the reader. Practical applications, concrete examples, and reproducible tools make this a complete “how-to” manual.
7 Practices of Effective Ministry	Stanley, Andy Joiner, Reggie Jones, Lane 2004	Book	186 pp.	This is not so much about what to do as it is about what to ask. This book will not tell you how to implement programs, but it will provide you with a new lens through which to evaluate your current programs and any you may be considering. You will find no new strategy hidden in these pages. But as you embrace each of these seven practices, your ministry cannot help but become more strategic and as irresistible as God intended it to be.

A Catholic Guide to Caring for Your Aging Parent	Dodds, Monica 2006	Book	338 pp.	This book offers a wealth of practical advice about the physical, mental, emotional, interpersonal, and spiritual challenges that people often face as the caregivers to their aging parents. Based on her personal and professional experience, Monica Dodds insists that faith is a fundamental part of caregiving, and her approach is deeply rooted in Catholic spirituality. She shows adult children how they can love and serve their aging parents better by deepening their own spiritual lives. As a caregiver, you will also have to solve many practical problems and this book will acquaint you with the complex and often-unfamiliar medical, financial, and legal problems that entangle older people. Dodds explains how to properly assess the needs of a failing older person and how to marshal the resources needed to meet them. Three extensive appendixes provide checklists for assessing needs, a compilation of resources, and an anthology of prayers.
Moving into a New Now – Faith for the Later Years	Tengbom, Mildred 1997	Book	219 pp.	Retiring from the daily workplace? Facing illness or physical disability? Experiencing the loss of a loved one? Moving out of a familiar home? Adjusting to a loss of income? Mildred Tengbom has coped with all of these changes, and her journal entries in this book are frank, realistic accounts of her own experiences as an older adult. Yet Tengbom also knows that the later years can be an ever-new <i>now</i> , a time to experience God’s continuing comfort. With characteristic warmth and wisdom, she shows how to discover and welcome spiritual changes and growth. This book not only helps older adults face and overcome their fears, but it also helps their loved ones understand and assist them in making positive changes.

How to Minister Among Older Adults	Knippel, Charles T. 2005	Book	173 pp.	For pastors and laypeople, this manual explores the many options for ministry with and to the older adult age group. Chapters address demographics and the unique needs of older adults, as well as providing programmatic options.
Counseling Troubled Older Adults	Koenig, Harold G. Weaver, Andrew J. 1997	Book	256 pp.	A uniquely conceived and competently written book. It will be immensely useful to all pastors and other professional church workers in all settings where they minister to elderly people. The case vignettes for each of the mental/emotional disorders make the book come alive. The authors are always aware that they are writing for those who represent the church.
What are Old People For?	Thomas, William H. 2004	Book	370 pp.	There is a new old age waiting to be discovered, ready to be explored. Dr. Thomas shows us: how we can enjoy what aging has to offer us, and actually welcome it into our lives; abolish today's version of nursing homes so that no elder has to fear being placed in an institution; develop the capacity for peacemaking and wisdom giving that grows within older people; create Green Houses – communities where older people live together intentionally, bringing meaning and worth to the last half of life; begin building a society where aging and longevity are used to improve life for people of all ages.
If I had My Life to Live Over, I would Pick More Daisies	Martz, Haldeman Sandra 1992	Book	205	Here's a full-bodied collection of stories and poems that touches on every aspect of women moving on in life, looking at old age, looking at death. They have loved, lost, won, jumped, run, felt the sun of their faces and bodies . . . these diverse and feeling women are celebratory of a life force that shines through their words.

Prayers for Seniors From Your Heart To God's Ears	Fagerland, Linda 2007	Book	56 pp.	Do you know senior citizens who would benefit from God's forgiveness, healing, or strength? God's touch is just a prayer away. This book offers a variety of short, easy-to-read prayers written specifically with seniors in mind.
Aging Well – A Guide for Successful Seniors	Fries, James F. M.D. 1989	Book	335 pp.	Aging Well is a wise and practical guide to successful aging, to minimizing the physical negatives and maximizing your own personal potential.
Services for the Elderly	Dluhy, Milan J. Pelaez, Martha B. 1992	Book	108 pp.	Sharpen your problem-solving skills, discover the latest nongovernmental funding resources, and enhance your ability to effectively manage organizational environments by reading Services for the Elderly.
The Art of Growing Old	Saussy, Carroll	Book	176 pp.	This book is for all adults interested in increasing satisfaction in their lives. Each chapter moves from theory to practice with thought-provoking questions, specific suggestions, and clear illustrations of how the various tasks of aging can be accomplished. Saussy emphasizes the importance of setting goals, making plans, and enacting those plans as the practical means to moving into the last decades of life with a sense of expectation, grace, and fulfillment.
Senior Spirituality	Nelson, Harold R.	Book	166 pp.	Senior Spirituality takes readers on an exciting, though sometimes arduous, journey into the inner self, a place where we forge our own spiritual identity. Along the way, we look to role models for guidance, seek kinship in community with friends and family, experience healing, learn lessons found in grief and suffering, and prepare for the passageway of death.

Soulful Aging – Ministry through the Stages of Adulthood	Simmons, Henry C. Wilson, Jane 2001	Book	172 pp.	Soulful Aging is a ministry resource for older adults as they journey through the later years of life. The authors have excerpted from important works that address the issues of spirituality in older adults and have developed pathways for spiritual growth.
Pastoral Care of Older Adults	Koenig, Harold G. Weaver, Andrew J. 1998	Book	98 pp.	This book suggests practical, effective ways that pastors, as well as congregations and communities, can be involved in ministry with older adults and their families.
Building a Ministry for Homebound and Nursing Home Residents	Webb, Marie White 1989	Book	64 pp.	In this practical resource, Marie Webb gives clear evidence of her understanding and insight into ministry with people who are homebound or living in continuing-care retirement communities. Full of helpful ideas, this book invites readers into the world of the frail elderly and provides valuable information to equip clergy and laity for this important ministry. This approach allows readers to gain a better understanding of some of the issues concerning aging and ways to develop a ministry that meets their needs.
Stations of the Cross for the Elderly	Rengers, Fr. Christopher O.F.M. Cap. 2005	Book	32 pp.	The Stations of the Cross for the Elderly brings the infinite power of prayer to bear on the loneliness and suffering of our aging loved ones, presenting hope as they face the narrowing of their days in this world and contemplate what's ahead in the next. This beautiful meditation unites readers with Jesus, engaging them in an intimate discussion of the indignities, pain, and heartache Our Lord endured as He bore His cross, recognizing the similar crosses the elderly so often have to endure.
Serving as a Church Greeter	Engle, Paul E. Parrott, Leslie 1993, 2002	Book	73 pp.	This practical guidebook will help you reach out to people who need to experience the warmth of belonging to a church family. Greeters are the welcoming arms that people long to find in a church. Includes discussion questions and tips for remembering names.

Getting Older, Growing Wiser	Morrow, Carol Ann 2000	Book	38 pp.	We are all aging. We can view this situation as fraught with danger and decline, or as full of promise and possibility, claims author Carol Ann Morrow. As you journey with her and the sprightly elves on these pages, you'll find wisdom to help you discover the meaning of your older years – lessons of strength, longevity, and fruitfulness.
In God's Hands	Ference, Dennis 1997	Pamphlet	22 pp.	Here are faith-filled prayers to help you "keep in touch" with the knowledge of Christ's presence. From morning and evening prayers, to prayers about suffering and forgiveness, Dennis Ference will help you learn how to turn to God anytime, any day.
Aging and Ministry In The 21 st Century An Inquiry Approach	Richard H. Gentzler, Jr. 2008	Book	140 pp.	This book offers a perceptive and practical guide for church leaders interested in building ministry for older adults. The plan he suggests is functional with a focus on self-analysis to determine awareness and resources, enabling people to move beyond "pretending" in order to create action plans to bring about meaningful change for mature members in the new millennium.
Designing An Older Adult Ministry	Richard H. Gentzler, Jr. 1999	Book	96 pp.	Author Gentzler provides timely information on how to develop and strengthen ministries with older adults. He offers new information on the needs and life issues of older adults. In six easy-to-read chapters, Designing an Older Adult Ministry helps congregations look at "why" ministry by, with, and for older adults; provides information on attitudes and trends in aging; explores myths and realities of aging; offers tools to help congregations assess current reality; showcases planning models; and provides numerous resources and direction.
New Beginnings The Gift of Aging	Richard H. Gentzler, Jr.	DVD	20 minutes	This video shows creative ministries involving older adults. Mission opportunities, teaching, service abound in the stories told on film. Let New Beginnings spark creative ideas for your church's ministries with older adults.

<p>Gaining a Heart of Wisdom: Finding Meaning in the Autumn of Your Life</p>	<p>James E. Miller Willowgreen Productions</p>	<p>DVD</p>	<p>36 minutes</p>	<p>While growing older has its drawbacks, it also has its advantages. Jim Miller draws upon the wisdom of writers and sages as well as on his own training in gerontology to offer a balance look at elder adulthood. Nature photography and soft music accompanies the quotes and reflections. Contemplative.</p>
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