The Gathering provides a day of stimulating activities for those experiencing early- to mid-stage memory loss and gives respite to caregivers who desire a break. The program is offered in collaborative partnerships with churches who provide the facilities and host The Gathering. Each program site meets two to four times per month.

Learn more: Contact Betsy Hoffman at (651) 414-5291 or bhoffman@lyngblomsten.org, or visit www.lyngblomsten.org/thegathering.

Memory Loss Caregivers Support Groups

All family and friends who have a loved one experiencing Alzheimer’s or a related dementia are welcome to attend. Come as often as you are able. Groups meet at sites throughout Ramsey, Hennepin, Dakota and Washington counties. Facilitators are trained through the Alzheimer’s Association.

Learn more: Lisa Brown, MSW at (612) 559-3646 or lbrown@lyngblomsten.org, or visit www.lyngblomsten.org/caregivers.

5-5-1 Club community center

Sponsored by Lyngblomsten, the 5-5-1 Club promotes wellness and fun through social, cultural, and educational programs for people age 55+. Persons with dementia and a care partner/caregiver, family member or friend are encouraged to attend together for social, cognitive and movement activities.

Learn more: Contact Geri Rutz at (651) 632-5320 or gmrutz@lyngblomsten.org, or visit www.551club.com.

Inpatient Respite

Short-term care is provided to an individual so that a family member or friend who is the patient’s caregiver can rest or take time off. There is a seven day minimum. Book one month in advance; space based on bed availability.

Learn more: Contact Kathy Starr at (651) 632-5301 or kstarr@lyngblomsten.org.

24/7 Dementia Care

Lyngblomsten Care Center provides 24-hour skilled nursing care, including specialized care programs for Alzheimer’s Disease and other dementias. Staff provide medical and personal care while promoting safety, dignity, comfort, and person-centered choices in neighborhood-style settings.

Learn more: Contact Kathy Starr at (651) 632-5301 or kstarr@lyngblomsten.org, or visit www.lyngblomsten.org/carecenter.

Caregiver Coaching & Family Memory Care Consultation

Caregiver Coaching is a personalized service that equips family caregivers with knowledge, skills, and tools to achieve a balanced lifestyle while caring for another person.

Family Memory Care Consulting is a service for caregivers living with a family member who has memory loss. It can help reduce caregiver stress and increase support received from family.

Learn more: Contact Carolyn Klaver, RN at (952) 261-5235 or cklaver@lyngblomsten.org, or visit www.lyngblomsten.org/caregivers.