LYNGBLOMSTEN VOLUNTEER DEPARTMENT
2nd Half with Lyngblomsten position description

**TITLE:** In Home Respite Companion Volunteer

**SUPERVISED BY:** 2nd Half with Lyngblomsten Volunteer Coordinator or In Home Respite Program Manager

**MAJOR OBJECTIVE:** To provide one-on-one in-home care for an adult with memory loss in order to give short-term respite to that person’s family caregiver.

**MAJOR RESPONSIBILITIES:**
- Provide enjoyable, stimulating, and/or enriching activities and constructive, supportive interaction to an older adult experiencing memory loss.
- Plan and provide suitable activities.
- Establish and maintain positive relationships with both the person with memory loss and with his/her caregiver (“the dyad”).
- Understand aspects of memory loss and use tools and techniques from REST training to facilitate successful execution of responsibilities and accomplishment of program objectives.
- Review specifics of care requirements prior to each visit.
- Ensure safety and a healthy environment.
- Understand what constitutes an emergency and call 9-1-1 in the event of an emergency.
- Immediately notify the In Home Respite Program Manager (first) or 2nd Half with Lyngblomsten Volunteer Coordinator (second) of concerns related to the physical or mental health, safety, and general status of the person with memory loss, his/her caregiver, and/or the respite volunteer him/herself.
- Complete required documentation for each visit and forward it to the 2nd Half with Lyngblomsten Volunteer Coordinator Volunteer Coordinator within 48 hours of the visit.
- Conduct oneself in a manner consistent with Lyngblomsten’s organizational philosophy.
- Follow Lyngblomsten policies and procedures as provided or otherwise made known.

**QUALIFICATIONS:**
- Like interacting with people one-on-one.
- Able to establish and maintain appropriate boundaries.
- Flexible and able to enter “into the moment”.
- Dependable, honest, and able to maintain privacy.
**TIME COMMITMENT:** In Home Respite Companion Volunteers are asked to commit to 2-3 hours per week providing respite and approximately one hour per week planning upcoming visits.

**BENEFITS:**
- Help people with memory loss remain at home for as long as healthily possible.
- Help caregivers maintain their physical and mental health to enable them to care for a family member with memory loss for as long as healthily possible.
- Enjoy the many proven positive physical and mental effects of volunteering.
- Be part of a team that needs, values and nurtures the skills and talents of volunteer staff.
- Helping a team of staff people carry out the mission of Lyngblomsten.
- Enjoy access to important, high caliber, and relevant continuing education with direct content that can be applied immediately as well as possibly in the future.