

Engage | Discover | Thrive

Resources & Support

Respite Q&A Sessions

Tuesday, July 23, 2019 from 10–11:30 AM
Centennial United Methodist Church in Roseville

Tuesday, August 6, 2019 from 10–11:30 AM
Augustana Lutheran Church in West St. Paul

Tuesday, September 24, 2019 from 10–11:30 AM
Woodbury Baptist Church in Woodbury

Thursday, October 3, 2019 from 10–11:30 AM
First Presbyterian Church in White Bear Lake

Come and learn more about our group and in-home respite programs by attending a Respite Q&A Session with Lyngblomsten staff. The visits are **open to anyone in the community** and will include: a brief overview of respite and volunteer opportunities available through 2nd Half with Lyngblomsten, a chance to observe The Gathering (our group respite program) in action, and a time to ask questions.

To register or for more information, contact:

Peggy Cerrito
Lyngblomsten Volunteer Services
(651) 632-5406
volunteer@lyngblomsten.org
www.lyngblomsten.org/individualvolunteer

Ready to volunteer now? Trainings held on the 2nd Monday of each month.



A Center for Enriching Lives after 50

www.lyngblomsten.org/2ndHalf



Locations: Como Park—1415 Almond Ave, Saint Paul, MN 55108 | (651) 414-5293
White Bear Lake—3770 Bellaire Avenue, White Bear Lake, MN 55110 | (651) 301-9445

Healthcare, Housing & Services for Older Adults since 1906 | www.lyngblomsten.org