Dear Friends of Lyngblomsten,

Blueprint for Mission is an apt descriptor for that which guided our work in 2022. A vision was set several years ago to transform a vacant property with a few rundown buildings in Lino Lakes into a vibrant senior living community. Paused by the pandemic, work on a second campus for Lyngblomsten resumed in late 2021, and in 2022 the vision came into full view as the blueprints for our second campus transformed from plans on paper to buildings on the verge of completion.

Serving more older adults through balancing and expanding our residential services will soon be reality. As you might imagine, an expansion of this size and significance has been no small feat. Supply chain issues created a few unforeseen challenges and delays. Nevertheless, we remain on track for opening in the summer of 2023.

The year also brought the sale of one of Lyngblomsten’s latest innovations, eMenuChoice. The Lyngblomsten Board of Directors decided after nearly a decade of ownership and continuous expansion, the time was right to sell our point-of-sale dietary software. The sale strengthened our financial capacity, and jettisoning the operations is allowing staff to focus greater attention on the opening of our new campus.

At our Como Park campus, significant strides were made in rebuilding operations to pre-pandemic normalcy. Though COVID-19 is not entirely a thing of the past, most of our operations are as they were prior to the pandemic. Each of the residential settings showed slight to significant improvement in occupancy, staffing, and/or financial performance.

Our community services bolstered its support to those living at home with memory loss and their caregivers through the addition of a new program called Memory Collective. Evidence-based wellness classes equipped others for living safely and confidently at home.

As we look to 2023, the Lyngblomsten Board of Directors will begin the work of identifying strategic priorities to serve as our blueprint for the next several years. The opening of a second campus will mark the last major milestone in our most recent set of strategies. The accomplishments in 2022 were made possible by the continued support of our residents, volunteers, families, and donors; the prayerful support of our delegates and member congregations; and the hard work of our staff. We thank all of you for the contributions you’ve made to Lyngblomsten and to those we serve.

Jesus is indeed our cornerstone, and God’s spirit surely dwells in and through the people of Lyngblomsten!

In Christ,

Jeffrey Heinecke  
President & CEO  

Kim JoDene Donat  
Board Chair

You are... members of His household, built on the foundation of the apostles and prophets, with Christ Jesus Himself as the cornerstone. In Him, you too are being built together to become a dwelling in which God lives by His spirit. –Ephesians 2:19-20, 22
Throughout 2022, the vision for building on our mission in the East Metro went from blueprints to a four-story structure and a community of townhomes in various stages of completion. All 12 months, workers made steady progress in constructing Lyngblomsten’s new vibrant senior living community at the corner of Hodgson Road and County Road J in Lino Lakes, Minnesota (a fact evidenced by the photos on this page). Coupled with this, a substantial amount of work took place away from the construction site—developing policies, spreading the word, meeting with prospective residents, preparing for operations, and much, much more—to ensure the campus would be ready to welcome its first residents in 2023.

These pictures from March 2022 show crews’ work installing footings and foundation walls for the main campus building.

Workers used a crane to install siding on the main building in September 2022.

By year’s end, the main building’s two-story lobby was taking shape—a space that will welcome residents, visitors, volunteers, and staff to the campus community.

Taken in December 2022, this photo shows five of the 20 detached rental townhomes that are being constructed on the north end of campus.

RESIDENTIAL SERVICES

• The Lyngblomsten Care Center, Lyngblomsten Apartments, and The Heritage at Lyngblomsten continued to respond to the COVID-19 pandemic. As conditions changed, policies and protocols were adjusted.

• Occupancy remained consistent at the Lyngblomsten Care Center, hovering around 94.4% (up nearly 10% from 2021), thanks in part to a strong, above-industry average staff retention rate of 84.4% for direct caregivers (the Minnesota industry average is 68.5%).

• Residents of senior housing on the Como Park campus welcomed many improvements, including new carpet and installation of Wi-Fi at the Lyngblomsten Apartments, new window blinds at The Heritage at Lyngblomsten, and a new food service model at both buildings that involved shifting operations from an outside vendor to the in-house (Lyngblomsten) food service team.

• Staff in Home Health Services continued to make program modifications in response to Minnesota’s 2021 assisted living law. Home Health Services provides personal and home care services (such as medication management and housekeeping) to residents of Lyngblomsten’s apartments.

• For Lyngblomsten at Lino Lakes, 2022 was all about construction. Building plans were updated to incorporate even more amenities to enhance residents’ active living experience. Marketing efforts continued, and by year-end, 25% of the townhomes and 44% of the independent living apartments had been reserved. The opening of the townhomes was delayed due, in part, to supply chain issues.

LYNGBLOMSTEN COMMUNITY SERVICES

Note: Throughout 2022, “2nd Half with Lyngblomsten” and “Lyngblomsten Community Services” were used interchangeably.

• Lyngblomsten Community Services fully implemented its revised programming model that focuses on four key areas: memory loss enrichment programs, caregiver services, wellness opportunities, and resources to churches.

• A new program called the Memory Collective launched in 2022. This 8-week online enrichment class is for older adults who are living with mild cognitive impairment or are experiencing early skill changes with memory, language, visual perception, or processing. Centered around a theme, weekly sessions feature presentations, discussions, and sharing, with the series culminating with an in-person outing for the final week.

• Development of one-on-one coaching opportunities for older adults and caregivers continued. An additional staff member received certification to be a Caregiver Consultant through the Minnesota Board on Aging, and another received certification to be a PEARLS coach. PEARLS (Program to Encourage Active, Rewarding Lives) provides individual support and resources to older adults experiencing depression or low mood. A room for consultations was furnished on the Como Park campus to make these sessions comfortable and private.
SUPPORTERS

• More volunteers returned to serving, with time volunteered increasing by nearly 7,000 hours from 3,058 in 2021 to 10,056 in 2022. Staff continue to work on recruiting and onboarding individuals and groups with the goal of reaching pre-pandemic levels of both the number of hours volunteered and number of volunteers.

• Donors contributed $1.5 million to enrich the lives of older adults, especially through community services, lifelong learning and the arts, spiritual care, the Good Samaritan Fund, and home health services. This included a substantial estate gift from longtime donor and volunteer James “Jim” Nash.

• Longtime supporter Curt Thorpe received the Anna Quale Fergstad Award for Distinguished Service in recognition of his generous gifts of time and treasure to Lyngblomsten and the broader community.

• Husom Park, located near the front entry of the care center, was dedicated in October. The park is named in honor of sisters June, Ruth, and Rachel Husom for their generosity and is dedicated to the thousands of volunteers who have served Lyngblomsten’s mission over the past 11 decades.

OTHER

• In March, eMenuChoice, the senior dining software developed by Lyngblomsten, was sold to a private equity firm. Since its inception in 2013, eMenuChoice went from serving one facility—Lyngblomsten—to serving 277 facilities in 38 states and Canada.

• Lyngblomsten’s Lifelong Learning & the Arts provided many in-person enrichment opportunities for residents and housing tenants. Partners and programs included the MacPhail Center for Music, Northern Clay Center, Art with Heart, Nature-Based Therapeutics with the Minnesota Landscape Arboretum and University of Minnesota Center for Spirituality & Healing, MovementWise with the Cowles Center, MN Opera’s Opera Connections, and Macalester College’s Perspective Collective.

• Due to the extensive amount of planning needed early in the year and the unknowns of how the pandemic might affect campus life in the summer, Lyngblomsten decided not to host the Mid-Summer Festival in 2022.

• With a desire to increase representation of churches near the new Lino Lakes campus, the Board of Directors lifted the moratorium on adding new churches. The organization welcomed Living Waters Lutheran Church of Lino Lakes as a member congregation, Lyngblomsten’s first new member since 2007.
**PEOPLE SERVED**

**January–December 2022**

- 689 persons
  Lyngblomsten Community Services
  *(2nd Half with Lyngblomsten)*

- 154 persons
  Home Health Services

- 664 persons
  Lyngblomsten Care Center

- 130 persons
  Lyngblomsten Apartments

- 71 persons
  The Heritage at Lyngblomsten

**FINANCIALS**

**January–December 2022**

- **Revenues**
  - **INDIVIDUALS & OTHERS**: 52%
  - **INVESTMENT LOSS**: (2%)
  - **DONATIONS**: 4%
  - **GOVERNMENT PAYMENT SOURCES**: 46%

- **Expenses**
  - **FOOD & SUPPLIES**: 9%
  - **PURCHASED SERVICES**: 6%
  - **DEPRECIATION & AMORTIZATION**: 5%
  - **UTILITIES, PROPERTY TAXES, & INSURANCE**: 4%
  - **DEPARTMENT OF HUMAN SERVICES SURCHARGE**: 2%
  - **INTEREST EXPENSE**: 2%
  - **SALARIES & BENEFITS**: 72%
COMMUNITY INVOLVEMENT

FUNDRAISING STATISTICS
January–December 2022

$1,502,986
Total Gifts Received

654
Total # of Donors

1,253
Total # of Gifts

MEMBERSHIPS

Heritage Society
26 Households
Persons who have chosen to help ensure the future capacity of Lyngblomsten by providing financial support through a charitable gift annuity, naming Lyngblomsten in their will or life insurance beneficiary, or establishing an endowment of $10,000 or more.

President’s Club
65 Households
Annual membership granted to donors giving $1,000 or more during the fundraising year.

VOLUNTEER & CORPORATE ENGAGEMENT STATISTICS
January–December 2022

10,056
Total # of Hours Volunteered

357
Total # of Registered Volunteers

31
# of Corporate Sponsors

SOURCES OF DONATIONS
January–December 2022

$1,502,986
Donations Received

BEQUESTS
78%

ANNUAL FUND
15%

SPRING GALA
6%

OTHER*
1%

*Lyngblomsten Apartments, Spiritual Care, Employee Scholarships, and Annuity Interest

LYNGBLOMSTEN FOUNDATION DISTRIBUTION TO LYNGBLOMSTEN PROGRAMS
January–December 2022

$1,131,489
Dollars Distributed

COMMUNITY SERVICES
33%

LYNGBLOMSTEN AT LINO LAKES
18%

GOOD SAMARITAN FUND
16%

LIFELONG LEARNING & THE ARTS
4%

ANNA’S CAFÉ & GIFT SHOP
7%

CARE CENTER
8%

THE HERITAGE AT LYNGBLOMSTEN
10%

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LYNGBLOMSTEN’S MEMBER CONGREGATIONS

The year indicates when the church became a member.

Amazing Grace Lutheran
Inver Grove Heights, 2007
Augustana Lutheran
West St. Paul, 2002
Bethlehem Lutheran
in the Midway
St. Paul, 1962
Centennial United Methodist
Roseville, 2000
Christ on Capitol Hill
St. Paul, 1961
Community of Grace Lutheran
White Bear Lake, 1998
Como Park Lutheran
St. Paul, 1960
Falcon Heights United Church
of Christ
Falcon Heights, 1999
Gloria Dei Lutheran
St. Paul, 1965
Gustavus Adolphus Lutheran
St. Paul, 1960
Holy Childhood Catholic
St. Paul, 1991
Immanuel Lutheran
St. Paul, 1960
Incarnation Lutheran
Shoreview, 1990
Jehovah Lutheran
St. Paul, 1995
Lakeview Lutheran
St. Paul, 1960
Living Waters Lutheran
Lino Lakes, 2022
Lutheran Church of the
Redeemer
St. Paul, 1998
North Heights Lutheran
Roseville/Arden Hills, 1975
Prince of Peace Lutheran
Roseville, 1961
Redeemer Lutheran
White Bear Lake, 1960
Roseville Lutheran
Roseville, 1975
St. Andrew’s Lutheran
Mahtomedi, 1991
St. Anthony Park Lutheran
St. Paul, 1960
St. Mark Lutheran
St. Paul, 1962
St. Timothy Lutheran
St. Paul, 1961
Salem Lutheran
West St. Paul, 1965

OUR MISSION

Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

OUR GUIDING PRINCIPLES

For our participants, Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants’ families, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our employees, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our community of donors, volunteers, corporate congregations, and socially responsible corporations, Lyngblomsten encourages the individual to live one’s personal ministry by enhancing the lives of older adults.

OUR PILLARS

Influenced by Christ
Innovation & Leadership
Resources & Support
Person-Centered & Dignity-
Enhancing Experiences
Engaged Lifestyle (Author Your Life)