

# LYNGBLOMSTEN CARE CENTER Inquiry Packet

(651) 632-5301 admissions@lyngblomsten.org www.lyngblomsten.org





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## LYNGBLOMSTEN CARE CENTER Welcome

Thank you for considering the Lyngblomsten Care Center for your or your loved one's healthcare needs. We would be thrilled to have you join the Lyngblomsten family!

During my 25+ years in long-term healthcare, I've had the privilege of getting to know hundreds of older adults, as well as their families and friends. For most of them, making the decision to move to a care center is a difficult one. Not only are they letting go of familiar surroundings and routines, but they're also having to navigate the unfamiliar world of long-term healthcare. And on top of that, the COVID-19 pandemic has added extra things to learn as care centers have implemented a variety of protocols to protect the health and safety of their residents. Thankfully, life has slowly been returning to normal for communities in Minnesota and across the country.

Here at the Lyngblomsten Care Center, we understand where you are on your journey and are committed to helping you make an informed decision for your healthcare needs. To assist you, our Admissions Team has put together this Care Center Inquiry Packet. In it, you'll find information about Lyngblomsten, our protocols for new admissions, our daily rates, room layouts, and more.

If you have any questions, please reach out to our Admissions Team at (651) 632-5301 or <u>admissions@lyngblomsten.org</u>. Lyngblomsten accepts admissions 24 hours a day, 7 days a week.

God bless, and be well.

Sincerely,



Freisha Genlerran

Trisha Gerleman

Administrator of the Lyngblomsten Care Center

P.S. Take a tour of our care center online! We've put together a virtual tour video that features photos and video clips of the care center, including resident rooms, gathering areas, our chapel, outdoor courtyards, and more. To watch the video, visit www. lyngblomsten.org/videotour.



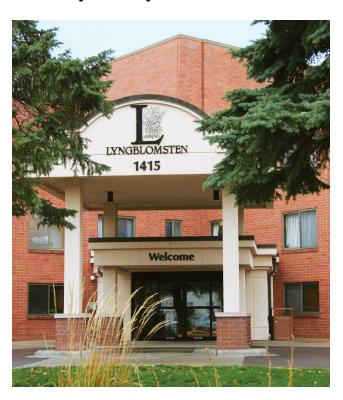
Lyngblomsten is a Christian nonprofit organization serving older adults and their families through healthcare, housing, and community-based services. For more than a century, we have been caring for the elderly and providing support for their loved ones while engaging the hearts of generous volunteers and donors who help carry out our mission.

Lyngblomsten was organized in 1906 by 11 Norwegian women who wished to provide a home for the elderly who had no one to take care of them. The women named the organization after the lyng flower—a sturdy Norwegian mountain heather with purple blossoms that, at the time, was the national flower of Norway.

In 1912, after five years of fundraising, the dedicated women saw their dream become reality with completion of Lyngblomsten's first building—the "Lyngblomsten Home for the Aged"—at the corner of Pascal Street and Midway Parkway in St. Paul.

While the original Lyngblomsten home is gone, our 10-acre campus today is home to the Lyngblomsten Care Center, two senior housing buildings (offering market-rate and subsidized units), and the offices of Lyngblomsten Community Services, which organizes programming, resources, and support for older adults living off our campus.

Together, our 400+ staff members supported by hundreds of Lyngblomsten volunteers and donors provide quality, person-centered care for our residents, tenants, community participants, and their families.



#### **OUR MISSION**

Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

#### **OUR GUIDING PRINCIPLES**

For our **participants**, Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants' **families**, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our **employees**, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our **community** of donors, volunteers, corporate congregations, and socially responsible corporations, Lyngblomsten encourages the individual to live one's personal ministry by enhancing the lives of older adults.

#### **OUR PROMISE**

Lyngblomsten strives to provide unmatched person-centered experiences, valuing: who you are, where you are, and your rights to make choices and decisions.

#### **OUR PILLARS**

- · Influenced by Christ
- Innovation & Leadership
- Resources & Support
- Person-Centered & Dignity-Enhancing Experiences
- Engaged Lifestyle



## LYNGBLOMSTEN CARE CENTER About Us

The Lyngblomsten Care Center is a 225-bed, skilled nursing facility that includes long-term care and transitional care units. Built in 1963 and expanded in the 1980s, the care center houses a chapel, gift shop and café, salon, and community room, as well as outdoor spaces to enjoy with family and friends.

In 2020, the care center completed a \$10 million renovation that brought major modifications to resident rooms, bathrooms, and shared living spaces—making the facility a more beautiful, functional, and safe place to live and work.

Types of care offered include:

- Long-term general care: Resident rooms in the care center are divided into 11 small groupings called neighborhoods. The smaller neighborhood-style settings allow residents, their families, and staff to become better acquainted and develop strong relationships.
- Short-term transitional care: Since 2005, Lyngblomsten has provided specialized rehabilitative care to individuals following a stay in a hospital.
- Secured memory care: One specialized, secure neighborhood for people living with Alzheimer's disease and other dementias is located on the fourth floor of the care center.
- Other specialized care: Specialized types of care offered include Parkinson's disease care, palliative care, and short-term respite services.



#### **COMMUNITY LIVING & AMENITIES**

Residents of the Lyngblomsten Care Center have access to a variety of opportunities and campus amenities designed to help them live their best life possible.

#### **Lifelong Learning & the Arts**

Our Lifelong Learning & the Arts department brings fine arts events, educational speakers, and workshops with local artists to campus, and collaborates to find individualized opportunities that celebrate residents' interests and talents.

#### **Spiritual Care**

Our chaplains on staff provide compassionate support to all, regardless of faith tradition or culture. Worship services are held regularly in the **Newman-Benson Chapel**, including an ecumenical Sunday service and Catholic Mass.

#### **Dining**

Residents choose each day from a variety of meal options, from main entrées to soup-sandwich combos and more. They also can purchase items from **Anna's** café & gift shop.

#### **Outdoor Courtyards**

Our newly renovated park-like setting outside the main entrance has plenty of seating to enjoy the beautifully landscaped flower gardens. Our attractive and accessible courtyard located in the center of campus includes paved pathways, a gazebo, pergola, gardens, and a Little Free Library (take a book, leave a book).

#### Conveniences

- Services at reception (e.g., buy stamps, mail letters)
- Salon (licensed salon on the first floor)
- Free Wi-Fi for residents and guests.



### LYNGBLOMSTEN CARE CENTER Testimonial

March 5, 2021

Jeff Heinecke, President and CEO Administrator for Lyngblomsten Care Center 1415 Almond Ave. St. Paul, MN 55108

**RE. RUTH LUNDQUIST** 

#### Dear Jeff Heinecke;

My mother Ruth Lundquist passed away on February 24, 2021 at Lyngblomsten's Care Center in the Norway Neighborhood. I am writing to thank you, and all the staff at Lyngblomsten who worked with my mother though-out her stay.

Approximately three years ago she first moved into the Heritage Apartments, a year later she moved to the adjoining Lyngblomsten Apartments, and this past year she moved to the Care Center where she received excellent support and care, as well as developed true friendships with many of your staff.

Although the Corona Virus made things much more difficult for everyone, I want you to know how grateful I am for being considered an Essential Caregiver allowing me to become vaccinated, tested and thereby meet with my mom frequently, especially during her final days in Hospice Care.

I will not attempt to name each of the many fine staff who cared for my mother and who meant so much to her. I will however ask if you would be so kind as to share my gratitude with all staff who assisted her. This includes ALL direct care staff, nursing and medical staff, recreational therapist (outdoor visits!) kitchen staff (extra tomato soup!) business and administrative staff, social workers, and the dedicated clergy who she and I relied on extensively. These professionals were always kind, helpful and supportive. On many occasions they went the extra mile in assisting my mom and accommodating our family.

I also want to acknowledge the major role that Hospice staff (through Health Partners) played during the nearly 3 months my mother was in Hospice Care. Together they played a significant role in supporting my mother, myself and our family. Their knowledge, understanding, guidance and support is deeply appreciated.

Please be encouraged to share these sentiments with your staff knowing that our entire family is forever grateful for the quality care Lyngblomsten has provided to my mother, Ruth Lundquist, and to our entire family.

Sincerely,

# Protocols for New Admissions

Thank you for choosing Lyngblomsten for your rehab or long-term skilled nursing care. Please see our separate "Overview of COVID-19 Policies and Admissions Protocols" document, which contains the most up-to-date information for the care center. Feel free to contact your admissions coordinator with any questions you may have.

# LYNGBLOMSTEN CARE CENTER Medical Assistance (MA) Guide

For a copy of the MA application form or for more information, please see someone in the Business Office. You can also call Nick Davini at (651) 632-5314.

#### Why Medical Assistance (MA)?

Medical Assistance helps residents cover their healthcare costs at an affordable cost when they have either run out funds to pay privately or cannot afford the deductibles/co-pays left by their private healthcare plans.

#### Do you qualify?

The basic qualifications of MA take a look at a resident's overall assets. This includes things like income, burial accounts, resident trust accounts, cash value of life insurance policies, etc. The maximum value of assets is \$3,000. To qualify, a resident must be at or below this threshold at the time of application and throughout the application process. The application process will start when they get close to the threshold, and they will be approved once they spend down their assets.

#### When should you apply?

If you are currently at the \$3,000 threshold or below it, you should apply as soon as possible. MA can cover up to three months prior to the date of the application if requested and if the asset requirements are met. (For example, if you apply on August 25 and you were at or below \$3,000 going all the way back, MA can begin covering you as early as May 1. Be sure to request this "retro-coverage" in the application if you need it.)

For those who are currently paying privately for care, it is good to be aware of the application process and to begin gathering the needed information when funds are nearing \$3,000.

 When applying for MA, every type of asset listed on the application must be backed up by proof. For example, if you list that there is a checking account, a statement for that checking account must be attached. Keep in mind that some proofs are harder to obtain than others—having proofs and attaching them with the initial application is ideal and shortens the MA pending process.

#### Which form should you use?

There are three forms that we use regularly within our facility.

#### **1.** DHS Form 3531

Application for Medical Assistance for Long-Term Care Services
This form is for anyone who is new to MA and needs coverage.

#### 2. DHS Form 3543

#### **Request for Payment of Long-Term Care Services**

This form is for those who currently have MA but have never used MA within a long-term care facility. This form converts "regular"/community MA to long-term care MA.

#### **3.** DHS Form 2128

#### **Renewal for People Receiving Long-Term Care Services**

This form is for anyone who has or who had MA and needs to renew. (Generally, the county will send out a notice stating that coverage is ending soon, and the resident must renew in order to keep coverage up to date.)

Once completed, these forms need to be sent to the corresponding county of residence for processing. A fax number is listed at the bottom of this guide for reference. You may also mail the form in. We suggest that you always make copies of everything that you send in and make a note about when it was sent in and how.

#### Are you married, and is your spouse living in the community?

If you are married and have a spouse living in the community, this changes MA. We suggest that you go ahead and apply, but understand that your spouse may qualify to receive a portion or all of your income in order to sustain them in the community. In some cases, this may lower or expel your MA "spenddown."

If you have further general questions, you may contact our office. If you have detailed questions regarding the dividing of income and assets as a married couple within Minnesota and how MA may affect you, you should contact an elder law attorney. If you have already applied for MA, your assigned caseworker should be able to answer the questions that you have and inform you as to how this will affect your case and assets. If you have not yet been assigned a caseworker, please see the end of this guide for our current county caseworker contact information.

#### What is the application process like?

Once you apply, your case must go through the system ("intake") and will be assigned to a caseworker. This generally takes about two weeks. Once assigned, the case will be "queued" in the caseworker's case load, and depending on the pace that they work, it can take two or more weeks to review it and get back to you.

If all proofs are included and nothing else is needed, the caseworker will approve your case and assess the spenddown. This will also be sent to our facility so that we can update our billing and ensure that you are only paying the amount assigned.

If the proofs needed have not been submitted or the caseworker needs more information, they will send out a letter requesting this; some workers will call you to verbally inform you of the information/proofs that they need. They will include a deadline for when that information must be submitted.

Depending on the case specifics (e.g., what is submitted on time, the case-worker's pace), processing the case can sometimes drag on. If this is the case, be sure to keep in touch with your caseworker using the number given to you on the original confirmation of case assignment.

During the "MA Pending" phase, we ask all of our residents to pay the "estimated spenddown." Using the following formula, you can compute your estimated spenddown per month:

#### All Gross Income - Private Health Premiums - \$104 for Personal Spending = SPENDDOWN

For example: \$1,000 Social Security Income

- \$250 for Health Partners Premium

- \$104 for Personal Spending Allowance

= \$646 Spenddown per month, to be paid to Lyngblomsten Care Center

The county uses the same formula and should assess the same spenddown. If it does differ, it may be due to spousal allowances (i.e., money given to your spouse to sustain themselves in the community) or another reason given by your caseworker.

#### What happens if your case fails to get approved?

Your case may be denied for any number of reasons, but generally we only see this happen if:

- You fail to submit the requested documents in a timely manner
- You fail to spend down-if needed-the assets that are above the \$3,000 threshold

If your case is denied, then you have the ability to appeal the case decision. There must be a written notice to your caseworker within 10 days of receiving the denial notice. Once your caseworker receives this notice, they will begin the appeal process. This process may include court dates and require you to appear in person or over the phone to conduct an assessment of whether or not the denial was correctly issued.

#### Will Medical Assistance pay for my old bills?

The "retro-coverage" window is 3 months. This means that if you need Medical Assistance coverage for bills for prior months, Medical Assistance willy only be able to cover up to 3 months from the date of application.

- If you apply on 10/1/20, you can get coverage for the current month of application and the 3 months prior. In this case, you could be covered for October, September, August, and July.
- If you are denied on 10/20/20, you can still reapply by 10/31/20 and be subject to the same approval period of July through October.
- Although this does not apply to everyone, individuals in a time-sensitive case will need to pay attention to these time constraints to ensure that they qualify for all the coverage needed.

Although your window might allow you to apply for coverage up to 3 months prior, you may not qualify if your assets exceed the \$3,000 allowed during one of those months. For example, if you still have \$5,000 in July and did not spend those funds down until August, you would only qualify from August until October going forward.

• In cases like these, the county may still approve you but assess an "adjusted spenddown." This means that you'd pay the \$2,000 to get from \$5,000 to \$3,000 towards the month of July, and then Medical Assistance would cover the remaining balance towards the facility. After this initial "adjusted spenddown," you'll be assigned an actual spenddown based on income thereafter (August going forward).

#### What happens after your case gets approved?

If your case gets approved, your caseworker will send you information regarding the "effective date" of when coverage begins and the "spenddown" amount for each month following. This information should also be sent to our facility. In case it is not, please check in with us so that we are billing you the correct amount and have MA in our system as a payer.

- We will "re-run" our billing system to the date of approval and issue a new bill with MA as a payer. Once you are on MA, each month will be billed at the spenddown assigned by the county. They will allow you to keep \$104 for spending. (This may increase as the cost of living increases each year.)
- Your spenddown will be listed on the statement that we send out; this should be paid each month to our facility. We will bill MA for the remaining costs due.
- The spenddown works like a deductible. If your care privately costs \$10,000/month and your spenddown is \$1,000, we will bill you for the \$1,000 spenddown. The remaining \$9,000 will be billed to MA. Keep in mind that these numbers are only being used as an example.

**NOTE:** Your social security income and other forms of income DO NOT automatically start coming to the facility. Your income will continue to go to where it has been assigned. It will continue to need to be managed as before. If you would like Lyngblomsten to manage your funds, please ask a staff member from the Business Office about our "Representative Payee" process.

#### What happens to my old healthcare plan and/or supplemental plans?

You are allowed to keep any private healthcare plans. As shown above, the county allows you to pay towards these plans without penalty to you. If the plan is for you to stay here long term, your healthcare plans may not be used as they would if you were living in the community, but can be maintained in the event you do return to the community.

Many families/residents like to keep these plans in place as a safety net for the future.

Again, keeping these plans does not negatively affect you. If you get rid of your plan, the money that you do not pay towards your plan will then be adjusted so that you pay it towards the facility. Each resident is only allowed \$104 as a personal spenddown allowance each month. Paying for a private healthcare premium will not affect this.

#### Other things to keep in mind:

- The Medical Assistance application and process is the responsibility of the resident/resident's family to complete. Although we as a facility are able to aid in this process by answering questions and faxing over information/proofs, it is left to the resident/family to ensure that everything the county needs and has requested is fulfilled. If the case is denied due to failure to satisfy the county's requests, any private pay balance resulting in the lack of MA coverage will be due from the resident or the individual holding responsibility for handling the resident's affairs if they are unable to do so on their own.
- Not all caseworkers work at the same pace. Some are very efficient, and some may not be. If you are having trouble with your caseworker, you can contact the Business Office to see if we can aid in getting in touch with a caseworker.
- If you need an extension for gathering proofs, your caseworker may be able to extend the deadlines for you. This is something you need to discuss with them.
- The county may need you to "spend down" assets if you are over the \$3,000 limit. This needs to be accounted for in a very detailed manner.
  - The spenddown of assets may only be done for the resident. Money that is "gifted" away or spent on other people besides the resident may result in denial of the case or a penalty period.
    - Items like gift cards or gift certificates do not count as a spenddown of assets. The county treats this as a means of "hiding assets" for later use.
    - Monetary donations cannot be made. Donating to churches, funds, or events do not count as spenddown and may instead be counted as a penalty.
- The county may conduct a "look-back" of up to 5 years from the date of application. Any money gifted away or used on things other than for the resident may be assessed.
- Once approved, cases will be "renewed" every year at least once. Some cases may need to be reviewed more than this, but this is not the general case. During this renewal period, all current assets will need to be verified with proofs and the short "renewal form."

#### **Important Contact Information and People:**

#### **Ramsey County Human Services**

(651) 266-4444

If mailing, mail to:

Ramsey County Health & Wellness

ATTN: Medical Assistance Case Management / WORKER NAME

160 East Kellogg Blvd.

St. Paul, MN 55101-1494

#### Denise S.

(651) 266-4523

Caseworker who frequently works with our residents' cases

#### Jenny Z.

(651) 395-1637

Intake worker who assigns cases

#### **Medical Assistance NEW CASES Fax Number**

(651) 266-3932

Only to be used for completely new cases in need of assignment.

If mailing, mail to the address above.

#### **Medical Assistance Fax Number**

(651) 266-3933

For proofs/additional info for current open or pending cases.

If mailing, mail to the address above.

# Bed Hold and Return to the Facility Notice

This notice is provided at admission and prior to each hospital transfer or therapeutic leave thereafter. You will be asked at the time of hospital transfer or therapeutic leave if you would like to hold your bed. If no answer or decision is received, per the Resident Bill of Rights, Lyngblomsten Care Center will hold your bed by default and you will be charged during hospitalization or therapeutic leave. You will continue to be charged for the bed hold until you inform your nurse, social worker, or the Business Office that you wish to release your bed hold. You will be charged at the daily room rate established prior to the leave, beginning with the day you transfer to the hospital or depart for your therapeutic leave.

### For Medicare A/HMO (Medicare Advantage Plan) Recipients, Private Pay/Hospice:

- During a bed hold, you or your representative assumes responsibility for paying for your room in order for the facility to hold it for you.
- Medicare/HMO (Medicare Advantage Plan) will not pay the daily room rate while you are in the hospital and does not allow you to take therapeutic leave days during coverage.
- You will be billed at a percentage of the daily case mix rate determined prior to hospitalization. This calculation is 30% of the daily room rate for semi-private rooms and 100% for private rooms. Please contact our Business Office if you would like help calculating this at (651) 646-2941.
- In accordance with the Minnesota Medical Assistance rules, the facility will hold your bed for up to eighteen (18) days for every separate and distinct episode of medically necessary hospitalization.
- You are obligated to inform your nurse, social worker, or the Business
   Office as soon as possible if you decide not to hold your bed.

- If you choose to hold the bed beyond eighteen (18) days, you or your representative must contact the Business Office prior to the bed hold expiration and payment will continue.
- If you choose not to hold your bed, you or your representative have 24
  hours to remove all personal items, clothing, furniture, and decorations
  from the room. We do understand that it may be a challenge to do this
  within 24 hours. If it is not possible for you to meet that time frame, please
  contact the neighborhood nurse on duty or social worker to give permission for your belongings to be packed by staff for you within the 24-hour
  period.
- If you decide to give up your bed or you exceed your 18-day bed hold period, you may return to the facility to your previous room if it is available or immediately upon the first availability of a bed in a semiprivate room if you:
  - Require the services provided by the facility; and
  - Are eligible for Medicare skilled nursing facility services or Medicaid nursing facility services; and
  - If your needs can be met by the facility.

#### For Medical Assistance Recipients:

- In accordance with Medical Assistance rules, Medical Assistance will pay to hold your bed for up to eighteen (18) days for every separate and distinct episode of medically necessary hospitalization and thirty-six (36) therapeutic leave days per calendar year.
- If you currently have a private room and receive Medical Assistance, the
  private room supplementation charge will continue during the bed hold
  period for hospitalization and therapeutic leave. This means you or your
  representative assume responsibility for continued payment of the private
  room supplement.
- You are obligated to inform the neighborhood social worker or the Business Office as soon as possible if you decide not to hold your bed.
- If you choose to hold the bed beyond eighteen (18) days, you or your representative must contact the Business Office prior to the bed hold expiration and set-up private-pay payments.

- If you decide to give up your bed or you exceed your 18-day bed hold period, you may return to the facility to your previous room if it is available or immediately upon the first availability of a bed in a semiprivate room if you:
  - Require the services provided by the facility; and
  - Are eligible for Medicare skilled nursing facility services or Medicaid nursing facility services; and
  - If your needs can be met by the facility.
- If you choose not to hold your bed, you or your representative have 24 hours to remove all personal items, clothing, furniture, and decorations from the room. We do understand that it may be a challenge to do this within 24 hours. If is not possible for you to meet that time frame, please contact the neighborhood nurse on duty or social worker to give permission for your belongings to be packed by staff for you within the 24-hour period.



# LYNGBLOMSTEN CARE CENTER Case Mix Questions and Answers

#### What is case mix?

Minnesota Case Mix is a system that classifies residents into distinct groups, called Resource Utilization Groups (RUGs), based on the resident's condition and the care the resident was receiving at the time of the assessment. These groups determine the daily rate the facility charges for the resident's care. A value is assigned to each classification, which is then used to calculate the daily rate of payment.

- Q: How do I know how much I have to pay for nursing home care?A: Each resident or the resident's representative receives a notice of the case mix
  - A: Each resident or the resident's representative receives a notice of the case mix classification. The actual cost of that classification is available from the facility.
- Q: Do I have to do anything when I receive my case mix classification notice?

  A: If you have no questions about your classification, you do not have to do anything. If you have questions about your classification, ask nursing home staff to explain it to you.
- Q: What if I disagree with my classification?

A: You have the right to request a reconsideration of your case mix classification within 30 calendar days of receiving your case mix classification notification. If you request, nursing facility staff may assist you with this process. The Office of Ombudsman for Long-Term Care (number below) is an advocacy agency for persons receiving long-term care services and is separate from the Minnesota Department of Health and the nursing home. (See "Requesting a Reconsideration" fact sheet.)

- Q: Do all nursing homes have the same rates?
  - A: No. While all nursing facilities in the Medicaid program use the same case mix system, the rates associated with each case mix category are unique to each facility. The rates are determined under statute, and take into account historic rates, costs of operation and legislated rate adjustments. Questions about rates may be directed to the Long-Term Care Policy Center at the Minnesota Department of Human Services at (651) 431-2282.
- Q: How can I get more information about Minnesota Case Mix?

  A: Contact staff at the nursing home, the Case Mix Review staff at the Minnesota Department of Health (see information at end of this document), or the Office of Ombudsman for Long-Term Care at (651) 431-2555 or toll free at 1-800-657-3591.

#### What assessments are used for Case Mix?

#### How often are assessments completed?

Nursing Facilities are required to complete assessments on residents at least every 92 days. A comprehensive assessment (Admission, Significant Change in Status, or Annual) is required at least every 366 days.

### Which assessments are used by Minnesota Case Mix to generate RUG Classifications and when are they completed?

**Note:** Minnesota Case Mix does not use assessments completed solely for Medicare.

Admission Assessment: A comprehensive assessment completed

- · when the resident first enters a nursing facility; OR
- when the resident reenters a nursing home after being gone 30 days or longer;
- when a resident returns to a nursing facility after being discharged return not anticipated.

**Quarterly Assessment:** Completed at least every 92 days following the previous assessment. It is used to track a resident's status between comprehensive assessments.

Annual Assessment: Completed at least every 92 days following the previous assess-

ment and at least every 366 days following the most recent comprehensive assessment (Admission, Annual, or Significant Change in Status).

#### **Significant Change in Status Assessment:**

Completed when there is a decline or improvement in the resident's condition that:

- will not normally resolve itself without intervention by staff and is not self limiting; AND
- 2. impacts more than one area of the resident's health status; AND
- **3.** Requires interdisciplinary review and/or revision of the care plan.

**Note:** A Significant Change in Status Assessment must be completed when a resident enrolls or revokes hospice after the Admission Assessment is submitted.

#### RUG-IV Case Mix Review Fact Sheets #1A and #3

Updated August 2019

#### Contact us:

Case Mix Review PO Box 64938 St. Paul, MN 55164-0938

Phone: 651-201-4301 Fax: 651-215-9691

#### Website:

www.health.state.mn.us/facilities/regulation/casemix

#### Email:

Health.FPC-CMR@state.mn.us

Content created by Minnesota Department of Health. Layout by Lyngblomsten Communications Department.



# LYNGBLOMSTEN CARE CENTER Daily Rates

as of 01/01/23

For information on calculation of Daily Rates, see our Case Mix handout.

Case Mix	Day 1-30 @120%		Day 31+	
Level	Double Room	Private Room	Double Room	Private Room
ES3	\$941.93	\$1,050.25	\$784.94	\$875.21
ES2	\$766.39	\$854.53	\$638.66	\$712.11
ES1	\$764.11	\$851.99	\$636.76	\$709.99
RAE	\$634.16	\$707.09	\$528.47	\$589.24
RAD	\$618.20	\$689.29	\$515.17	\$574.41
RAC	\$568.04	\$633.37	\$473.37	\$527.81
RAB	\$508.78	\$567.29	\$423.98	\$472.74
RAA	\$444.94	\$496.10	\$370.78	\$413.42
HE2	\$686.59	\$765.55	\$572.16	\$637.96
HE1	\$593.12	\$661.33	\$494.27	\$551.11
HD2	\$643.28	\$717.26	\$536.07	\$597.72
HD1	\$561.20	\$625.74	\$467.67	\$521.45
HC2	\$615.92	\$686.76	\$513.27	\$572.30
HC1	\$538.42	\$600.34	\$448.68	\$500.28
HB2	\$611.36	\$681.67	\$509.47	\$568.06
HB1	\$536.14	\$597.79	\$446.78	\$498.16
LE2	\$625.04	\$696.92	\$520.87	\$580.77
LE1	\$545.24	\$607.94	\$454.37	\$506.62
LD2	\$609.08	\$679.13	\$507.57	\$565.94
LD1	\$533.86	\$595.25	\$444.88	\$496.04
LC2	\$554.36	\$618.12	\$461.97	\$515.10
LC1	\$490.54	\$546.95	\$408.78	\$455.79
LB2	\$533.86	\$595.25	\$444.88	\$496.04

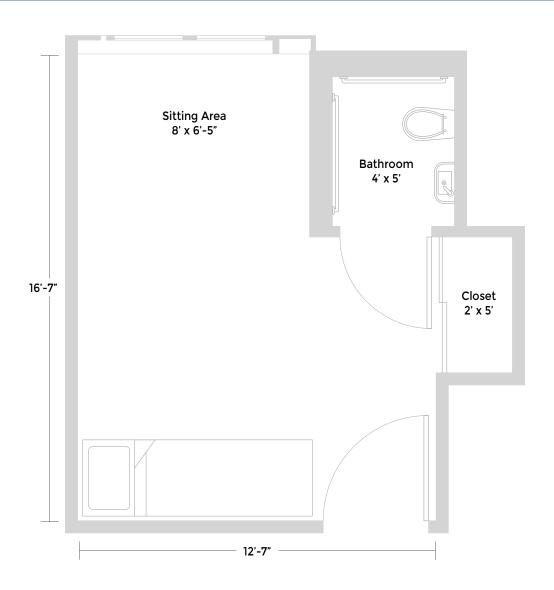
Case Mix	Day 1-30 @120%		Day 31+	
Level	Double Room	Private Room	Double Room	Private Room
LB1	\$474.58	\$529.15	\$395.48	\$440.96
CE2	\$574.88	\$640.99	\$479.07	\$534.16
CE1	\$542.98	\$605.42	\$452.48	\$504.52
CD2	\$552.08	\$615.58	\$460.07	\$512.98
CD1	\$520.18	\$580.00	\$433.48	\$483.33
CC2	\$504.22	\$562.20	\$420.18	\$468.50
CC1	\$476.86	\$531.70	\$397.38	\$443.08
CB2	\$474.58	\$529.15	\$395.48	\$440.96
CB1	\$451.78	\$503.74	\$376.48	\$419.78
CA2	\$424.43	\$473.23	\$353.69	\$394.36
CA1	\$406.19	\$452.90	\$338.49	\$377.42
BB2	\$442.66	\$493.56	\$368.88	\$411.30
BB1	\$428.99	\$478.32	\$357.49	\$398.60
BA2	\$390.23	\$435.11	\$325.19	\$362.59
BA1	\$378.83	\$422.39	\$315.69	\$351.99
PE2	\$542.98	\$605.42	\$452.48	\$504.52
PE1	\$524.74	\$585.08	\$437.28	\$487.57
PD2	\$520.18	\$580.00	\$433.48	\$483.33
PD1	\$499.66	\$557.11	\$416.38	\$464.26
PC2	\$465.46	\$518.99	\$387.88	\$432.49
PC1	\$451.78	\$503.74	\$376.48	\$419.78
PB2	\$417.59	\$465.61	\$347.99	\$388.01
PB1	\$406.19	\$452.90	\$338.49	\$377.42
PA2	\$369.71	\$412.22	\$308.09	\$343.52
PA1	\$360.59	\$402.06	\$300.49	\$335.05
AAA	\$360.59	\$402.06	\$300.49	\$335.05
DDF	\$485.98	\$541.86	\$404.98	\$451.55
Private Room Differential		11.5%		11.5%

**Note:** Any rate determination made prior to admission is tentative and will be reassessed after admission.



# Room Layout

TCU Private Room



#### **Notes**

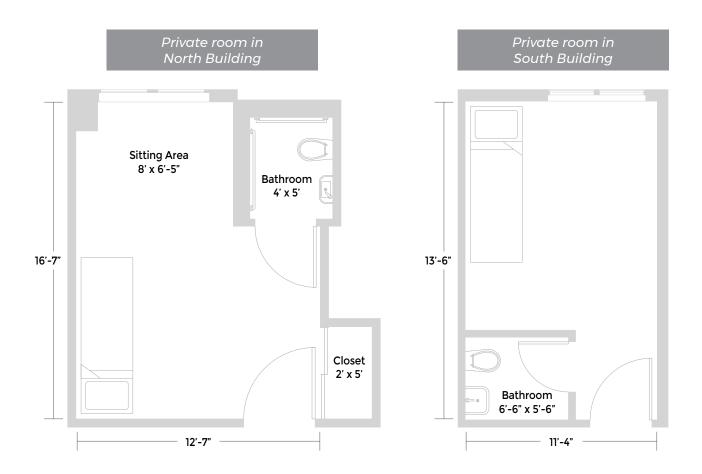
This is a typical floor plan for our short-term care rooms.

Each room includes an adjustable bed (remote control operated), overbed table with storage compartments and mirror, reading light, phone, chair, TV with satellite, and an iPad.



# Room Layout

Long-Term Care Private Rooms



#### **Notes**

These are typical floor plans for our long-term care private rooms.

Each room comes with a bed, night stand, and overbed table.

**Neighborhood Locations:** 

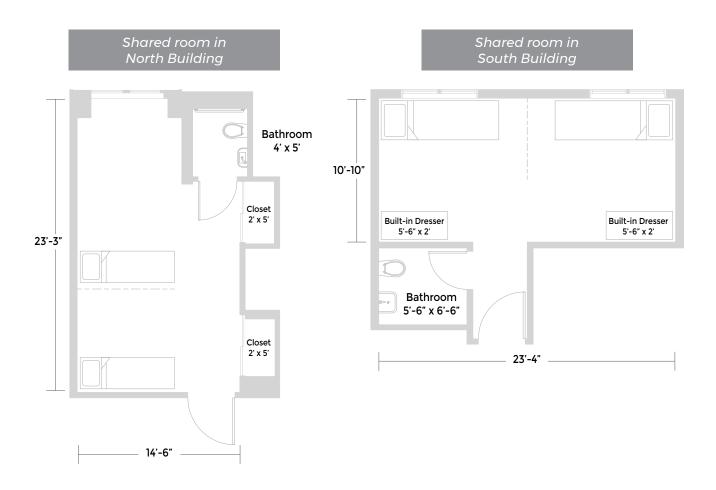
- · North Building: Allison, Dorothea, Ostrand, and Stanford
- South Building: Boss, Fergstad, Johnson, Koller, Lund, and Norway

Note: Rooms are not to scale in relation to one another.



# Room Layout

#### Long-Term Care Shared Rooms



#### **Notes**

These are typical floor plans for our long-term care shared rooms.

Each room comes with a bed, night stand, and overbed table.

**Neighborhood Locations:** 

- · North Building: Allison, Dorothea, Ostrand, and Stanford
- South Building: Boss, Fergstad, Johnson, Koller, Lund, and Norway

Note: Rooms are not to scale in relation to one another.



# LYNGBLOMSTEN CARE CENTER

# Neighborhood

FERGSTAD Neighborhood

200-230

Rooms

Rooms 232-248

## st Floor

Map

The Lokensgard Neighborhood (transitional care)

Admissions and Business Offices

# **2nd Floor**

The Johnson Neighborhood
The Koller Neighborhood
The Fergstad Neighborhood
The Dorothea Neighborhood
The Koby/Husby Multipurpose Room

# **3rd Floor**

The Norway Neighborhood
The Lund Neighborhood
The Boss Neighborhood
The Allison Neighborhood
The Auxiliary Multipurpose Room

# 4th Floor

The Stanford Neighborhood (secure unit) The Ostrand Neighborhood 349-360

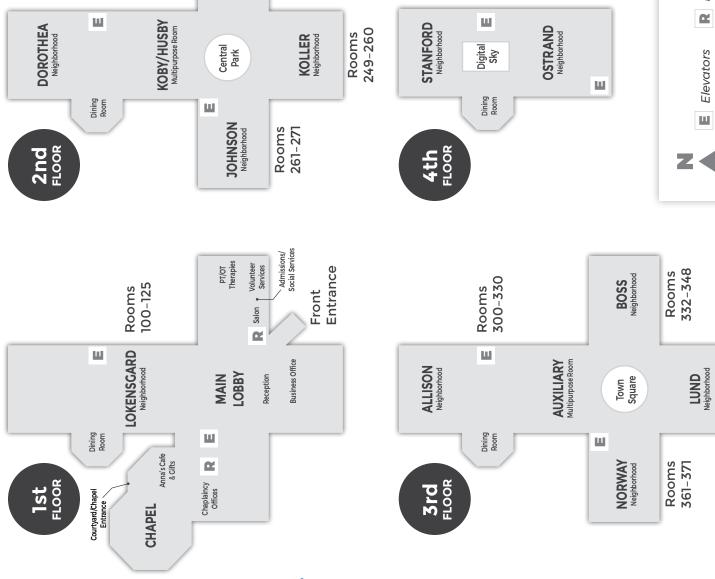
Rooms

Restrooms

Rooms 400-411

412-430

Rooms









Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

www.lyngblomsten.org