By Thy Grace

We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.

Romans 12:6-8
New International Version
Greetings from the President and Board Chair

Dear Friends of Lyngblomsten:

It is by the Grace of God that Lyngblomsten continues to be blessed with the tremendous support of our church members, delegates, pastors, residents and tenants, families, participants, employees, volunteers, donors, sponsors and partners. In 2013 your faithful support allowed Lyngblomsten to serve a growing number of older adults and others in need. Your support also inspired us to expand our resources to churches seeking help in their older adult ministries.

Our Parish Nurse Ministry Resource Group and Senior Ministry Conference are examples of resources that have successfully assisted ministry leaders in advancing their efforts to serve older adults. This past year we also launched the Older Adult Ministry Network, a website featuring weekly podcasts to inspire and equip clergy and lay leaders to build robust ministries to, with, and for the older adults in and around their congregations.

Lyngblomsten’s efforts to expand its service and programs to older adults in the community took a few steps forward as well. Seeing the growing need for support of persons living with memory loss and believing in the benefits of The Gathering, we have developed partnerships that will allow us to increase the number of caregivers and participants served. The Metropolitan Area Agency on Aging, HealthEast, the Fred C. and Katherine B. Andersen Foundation, and MacPhail Center for Music are examples of partners who have joined us in our commitment to serving older adults and their caregivers. Our 5-5-1 Club community center added the YMCA and the Amherst Wilder Foundation as partners in providing programs to our club participants.

And finally, we can’t forget about our residential services—those services provided on campus and at Superior Street Cottages. We undertook a major remodeling project in the Lyngblomsten Apartments and did so without significant interruption. The remodeling was made possible by the refinancing of the building. The Heritage at Lyngblomsten (apartments) and Superior Street Cottages remained full most of the year and continue to adapt to the increasing needs of persons aging in place. Like the last few years, the Lyngblomsten Care Center had a record number of admissions, a trend that we expect will continue.

The most significant event of 2013 was the transition of executive leadership due to the retirement of our long-time president and chief executive officer Paul Mikelson. He has truly left his mark on the organization, and the highlights were chronicled in the publication Legacy: A Journey Through the Past 20 Years 1993-2013.

Indeed, we each have gifts according to the grace given to us. We sincerely thank you for sharing yours with Lyngblomsten.

In His Service,

Jeffrey Heinecke
President & CEO

Charles Norton
Board Chair
**Community Engagement**

**Fundraising Statistics**
Fundraising Year: October 2012–September 2013
- Total Gifts Received: $573,764
- Total # of Donors: 1,123
- Total # of Gifts: 1,704
- Total # of New Donors: 444

**Sources of Donations**
- Events: 21%
- Planned Gifts: 6%
- Major Gifts & Grants: 39%
- Annual Fund: 34%

**Volunteer Statistics**
January–December 2013
- Total # of Volunteers: 1,334
  - Registered/Active Volunteers: 584
  - One-time or Group Volunteer: 750
    (includes 271 corporate volunteers)
- # of Corporate Volunteer Groups: 22
- Total # of Hours Volunteered: 30,647
- # of $1,000 Youth Volunteer Scholarships Awarded: 5
  *Does not include hours donated by board/committee members

**Highlighted Numbers**

**Fundraising Events**
- Lights for Lyngblomsten, Spring Benefit, and Golf Classic: $143,963
- Phone-a-Thon, Memorial Gifts, and Other Gifts < $1,000: $197,404

**Lyngblomsten Auxiliary** (Jan.–Dec. 2013)
- Cookie & Craft Fair: $3,517
- Gift Wrapping: $1,667
- Jewelry and Gifts Sales: $464
- Tribute Gifts: $7,017

**Planned Gifts** (Received from a donor’s will or estate)
- # Received: 3
- Total Value: $34,377

**Heritage Society**
Lifetime membership granted to donors who include Lyngblomsten in their will or estate plan
- # of Members: 84

**President’s Club**
Annual membership granted to donors giving $1,000 or more during the fundraising year (including Second Century Club and Leadership Circle members)
- # of Members: 130

**Volunteer.  Donate.  Sponsor.  Learn.**

**Lyngblomsten Foundation Board of Directors**
2013–2014

Jaime M. Hansen — Chair
- Sarah Bailey
- Duane Brekke
- Mary Dennis
- Michael Dugan

Kim Donat — Vice Chair
- Kjersti Duncan
- Deb George
- Bradley Jacobson

Mike Santoro — Secretary/Treasurer
- Gayle McCann
- LeRae Mortensen
- Chuck Norton
- Dr. Carol Pletcher
- Jeanette Severson
- William (Bill) Sullivan
Residential Services

- Through refinancing in 2013, the Lyngblomsten Apartments remodeled all 105 apartment units with new kitchens, flooring and lighting. Minor improvements were also made to the bathrooms.
- An electronic menu ordering system was created, allowing care center residents to see a photo and description of their choices for meals, as well as streamlining work for the dietary department.
- Lyngblomsten’s collaboration with Struthers Parkinson’s Care Network launched, creating more awareness for Parkinson’s disease through advanced training and ongoing education. A Parkinson’s Support Group is held monthly.
- In partnership with AmeriCorps VISTA (Volunteers In Service To America), Lyngblomsten Apartments—along with Lyngblomsten’s 5-5-1 Club community center, the volunteer department, and the surrounding community—began working to address hunger issues among seniors and providing resources, education, and access to quality and affordable food.
- The Heritage at Lyngblomsten (apartments) began a series of American Sign Language classes offered twice per year as an outreach effort for the Lyngblomsten community to better communicate with deaf tenants and residents.

Community-Based Supportive Services

- Home- and Community-Based Services was approved to receive funding through the Older Americans Act Title III-E National Family Caregiver Support Program. In partnership with the Metropolitan Area Agency on Aging, these funds are dedicated to meet the needs of caregivers in the community.
- Lyngblomsten became a key organization in leading the St. Paul Neighborhoods Action Community Team for ACT on Alzheimer’s, in an effort to help communities become dementia capable.
- Care Team Ministry served 252 persons in their homes through 12 church-based teams of volunteers who gave 7,001 hours of service (a 15.3% increase from the previous year) helping with things such as making meals, doing yard work, and friendly visiting. Care Team Ministry also reached its 15th anniversary milestone.
- Parish Nurse Ministry Resource Group, made up of 17 member faith communities, awarded grant money (through funding provided by the Lyngblomsten Foundation) to six faith communities to help start a new parish nurse program or to enhance their current program.
- The Gathering directly served 228 persons through its day program for persons living with memory loss and their caregivers who received respite. Gathering volunteers gave 16,270 hours of service. A successful partnership with MacPhail Center for music, a yearlong project funded by the Minnesota State Arts Board, provided Gathering participants, their caregivers, and volunteers at all nine Gathering sites with music programming and activities.
- The 5-5-1 Club community center provided approximately 4,960 contacts through outings/trips, classes, educational programs, fine arts events and workshops through Artful Living with Lyngblomsten, and more.

Other

- Lyngblomsten received the “Excellence in the Workplace” award from Aging Services of Minnesota.
- After 20 years as president and CEO, Paul Mikelson retired. Former administrator of Lyngblomsten Care Center Jeff Heinecke was selected to take the helm.
- Lyngblomsten Church Relations launched the Older Adult Ministry Network—a resource website designed to inspire and equip ministry planners to create robust ministries for older adults.
- Employee turnover rate was at 15.3%, well below the industry average of 30%.
- Remodeling of the old Lyngblomsten gift and coffee shop was completed. The name of the new, expanded café with a gift shop is Anna’s—honoring Anna Quale Fergstad, the woman who proposed the idea of Lyngblomsten more than a century ago.

Community Engagement

- Through fundraising events and gifts given to the Lyngblomsten Foundation, over $570,000 was raised to support Lyngblomsten programs and services.
- Time and talent was given by 584 registered volunteers, along with 750 one-time and group volunteers, for a total of 30,647 hours of service.
- Lyngblomsten received its first Minnesota State Festival Grant through the Minnesota State Arts Board to help expand the Mid-Summer Festival. The festival celebrates the arts and aging—engaging artists, residents and the community.
**Financials & Statistics**

**Revenues**
- Individuals and Others: 45.1%
- Government Payment Sources: 47.7%
- Investment Income: 5.5%
- Donations: 1.7%

**Expenses**
- Salaries & Benefits: 67.4%
- Food & Supplies: 20.6%
- Depreciation & Amortization: 5.7%
- Dept. of Human Services Surcharge: 2.7%

**People Served**
- 5-5-1 Club: 1,355 persons
- Outings/Education/Programs: 845 persons
- Wellness: 474 persons
- Transportation: 36 persons
- Care Team Ministry: 252 persons
- The Gathering: 228 persons
- Home Health Services: 158 persons
- Lyngblomsten Care Center: 712 persons
- Lyngblomsten Apartments: 133 persons
- The Heritage at Lyngblomsten: 72 persons
- Superior Street Cottages: 24 persons

**Lyngblomsten Corporate Board of Directors 2013-2014**

- Charles Norton — Chair
- Dr. Carol Pletcher — Vice Chair
- Wes Johnson — Secretary
- Bill Stacey — Treasurer
- Rev. Carl Buettemeier
- Jane Danielson
- Dr. Beth Dettie
- Kim Durkee
- Leonard Elits
- Ginger Fischer
- Andrew Lowther
- Betchen Oberdorfer
- Bill Sanden
- Jim Stender
- Rev. Pam Stofferahn
- Thomas Schultz
- Karen Veninga
Lyngblomsten’s Corporate Congregations

As of 4/2014

The year indicates when the church became a corporate congregation.

The following symbols represent the Lyngblomsten services utilized in the churches:

CTM = Care Team Ministry  
PNM = Parish Nurse Ministry Resource Group  
SM = Senior Ministry Development  
TG = The Gathering (site)  
TG^a = Non-site Gathering partner  
551 = Mobile 5-5-1 Club site

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Our Mission

Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

Our Guiding Principles

For our participants, Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants’ families, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our employees, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our community of donors, volunteers, corporate congregations, and socially responsible corporations, Lyngblomsten encourages the individual to live one’s personal ministry by enhancing the lives of older adults.

Our Pillars

- Influenced by Christ
- Innovation & Leadership
- Resources & Support
- Person-Centered & Dignity-Enhancing Experiences
- Engaged Lifestyle

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Lyngblomsten

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