



FOR IMMEDIATE RELEASE
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Woodbury Baptist Church will host respite program for memory loss caregivers

ST. PAUL, Minnesota (August 22, 2014) – Woodbury Baptist Church will be a new host site for The Gathering, a program offering a day of fellowship and brain stimulating activities for those experiencing memory loss while giving five hours of respite for their caregivers. Participants of The Gathering are paired one-on-one with a dedicated volunteer specially trained to understand the distinctive needs of people experiencing memory loss. The program is offered through Lyngblomsten and in collaborative partnership with more than 30 churches at 10 sites across the Twin Cities.

“We are excited to be opening a new site at Woodbury Baptist Church in partnership with area congregations including Woodbury Peaceful Grove United Methodist Church and Trinity Presbyterian Church,” said Carolyn Klaver, The Gathering Coordinator. The Gathering begins at Woodbury Baptist Church on October 14, 2014. The group meets each second and fourth Tuesday of the month from 10 a.m.–3 p.m. There is currently a need for both participants and volunteers. Klaver also noted, “If you are looking for a great brain workout as a volunteer—this group is for you!”

Woodbury Baptist Church also hosts a memory loss caregivers support group—open to the community—for family and friends who have a loved one experiencing Alzheimer’s or a related dementia. The support group is held at 10 a.m. on the fourth Tuesday of each month. Facilitators are trained through the Alzheimer’s Association.

To learn more about The Gathering or the memory loss caregivers support group at Woodbury Baptist Church, or if interested in becoming a volunteer, contact Betsy Hoffman, Lyngblomsten, at (651) 414-5291 or bhoffman@lyngblomsten.org. Information is also available at www.lyngblomsten.org/thegathering.

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These Woodbury memory loss caregiver resources are coordinated by Lyngblomsten in collaboration with the HealthEast Faith Community Nurse Network, Woodbury Peaceful Grove United Methodist Church, Trinity Presbyterian Church, and Woodbury Baptist Church. They are funded in part by the Lyngblomsten Foundation and the Older Americans Act Title III-E National Family Caregiver Support Program, in partnership with the Metropolitan Area Agency on Aging.

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Lyngblomsten is a Christian nonprofit organization enhancing the quality of life for older adults of all faiths and cultures through its healthcare and housing facilities as well as through its community-based outreach programs for seniors living independently. Lyngblomsten is partnered in ministry with 30 Minneapolis/St. Paul-area congregations. Learn more at www.lyngblomsten.org.