



Outdoor Visitation Policy for Lyngblomsten Senior Housing

(Lyngblomsten Apartments & The Heritage at Lyngblomsten)

Effective Date: 06/22/2020

Background:

Since early March, Lyngblomsten has restricted visitors on its campus due to the COVID-19 pandemic (the exception being for end-of-life compassionate care visits).

On June 18, the Minnesota Department of Health released guidelines for how long-term care facilities can host in-person, outdoor visits between residents/tenants and their family/partner/close friend. Lyngblomsten has reviewed these guidelines and developed Outdoor Visitation Policies for our campus community.

Our chief objectives continue to be (1) keeping our tenants safe and healthy and (2) preventing the introduction of the virus from outside visitors to our campus. With everyone's cooperation, we believe together we can achieve these objectives while also allowing tenants and their loved ones the much-needed opportunity to visit in person (albeit from a distance).

There is a separate (but similar) policy created for care center residents.

Policy Summary:

Effective 6/22/20, Lyngblomsten is allowing outdoor, in-person visits to occur between housing tenants and loved ones (family/partner/close friend), provided tenants and visitors follow the framework for visits (outlined on page 2 of this policy document).

Definitions:

- **Outdoor Visit:** An in-person, socially distanced visit where a tenant and their loved ones gather at a scheduled time in the designated outdoor areas of the Lyngblomsten campus.
- **Tenant:** An individual who lives in one of our two apartment buildings: the Lyngblomsten Apartments (1455 Almond Avenue) or The Heritage at Lyngblomsten (1440 Midway Parkway).
- **Resident:** An individual who lives in the Lyngblomsten Care Center (1415 Almond Avenue).
- **Visitor:** A family member, partner, or friend of a Lyngblomsten tenant or resident.

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Framework for Lyngblomsten Housing Visits:

1. Visits must be prescheduled (see “Scheduling a Visit” below) and are limited to 30 minutes.
2. Visits must take place in the designated locations. Staff will direct you.
3. Prospective visitors who are sick, who have tested positive for COVID-19 and are still exhibiting symptoms, or who in the previous 14 days have had contact with someone who tested positive for COVID-19 cannot participate in an outdoor visit. They must stay at home until their doctor has lifted all restrictions.
4. Tenants and family members **MUST** wear facemasks during the entire visit.
5. Tenants and family members **MUST** follow social distancing guidelines during the entire visit (i.e., remaining 6 feet away from one another and others who may be outside at the same time). Sorry, we are not able to allow physical signs of affection (e.g., hugging, holding hands, etc.) to occur.
6. When visitors arrive, they will be screened outside by staff for symptoms of COVID-19. This will include: taking their temperature, checking their blood oxygen level using a non-invasive pulse oximeter, and asking a series of health screening questions. Any visitor who does not pass the screening will not be able to participate.
7. At the beginning and end of the visit, visitors must clean their hands using hand sanitizer, which will be available at the visiting locations.
8. Visitors may bring up to 2 pets, which cannot be held or touched by tenants.
9. No more than five (5) visitors may attend an outdoor visit at one time. (These 5 are not the only individuals who may ever participate in an outdoor visit.) Visitors can be from multiple family units, and **EVERY** visitor must meet the screening protocols noted in Points 3 and 6 above to participate.
10. In the event of inclement weather, staff will work with tenants and their loved ones to reschedule a date/time.
11. If a tenant is COVID-19 positive, or exhibits signs or symptoms of COVID-19, or is in a 14-day quarantine or observation period, that tenant is not eligible for outdoor visits.

Tenants or visitors who do not adhere to these guidelines will be asked by staff to leave campus and/or to not participate in future outdoor visits.

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Scheduling a Visit:

Visits will be available* at the following times: Monday–Friday from 9:30 AM–3:30 PM and weekends (Saturday and Sunday) from 10:30 AM–1 PM. Visiting days/hours are subject to change.

To schedule a visit, contact your building's housing manager:

- **Lyngblomsten Apartments:** Jill Hult at (651) 632-5422 or jhult@lyngblomsten.org
- **The Heritage at Lyngblomsten:** Mary Simon at (651) 632-5428 or msimon@lyngblomsten.org (prefers email)

Staff from Lyngblomsten Home Health Services are available to assist and accompany tenants on a visit (a fee will be assessed). Please contact Jill or Mary to arrange this.

Visits must be scheduled by 3 PM the day before the desired date/time and can be scheduled as many days in advance as desired.

Please treat your visit as an appointment by arriving on time and calling in advance if you need to cancel. We may not be able to accommodate your visit if you arrive late, as there may be other tenants scheduled for visits immediately after.

***Philosophy for Scheduling Visits:**

Our philosophy when scheduling visits is to ensure as many tenants as possible are able to visit with their family members given the resources we have available (i.e., time, staff, meeting spaces). We are committed to ensuring tenants and their families are able to interact regularly with one another during the pandemic, and we are monitoring policies to facilitate visits. Please know that we may not be able to accommodate your date/time preference for a visit and/or we may not be able to schedule a visit for you on a particular week.

Thank you in advance for your understanding and patience as we seek to accommodate the needs of approximately 160 tenants and their families.

Window visits are still available. See separate "Window Visitation Policy" for more details.