



Window Visitation Policy for the Lyngblomsten Campus

Effective Date: 05/07/2020
Replaces previous policy.

Background:

The COVID-19 pandemic has resulted in many changes for Lyngblomsten residents, tenants, and their families. One of the most significant has been restricting visitors on our campus except for end-of-life compassionate care visits.

As our knowledge of the coronavirus increases and as state officials take measured steps to reopen our state's economy and institutions, we have been examining whether we could effectively host window visits for our residents/tenants and their loved ones.

A "window visit" consists of a resident or tenant staying in his/her room/apartment and talking with a family member or friend who is outside the window. We have been discouraging these visits, in part to comply with Governor Walz's stay-at-home order.

Our chief concerns continue to be (1) keeping our residents/tenants safe and healthy, and (2) preventing the introduction of the virus from outside visitors to our campus. With everyone's cooperation, we believe together we can achieve these objectives while also allowing residents/tenants and their loved ones the much-needed opportunity to interact in person (albeit from a distance).

Policy Summary:

Effective today, Lyngblomsten is allowing window visits to occur between residents/tenants and outside visitors (including family members, friends, and community members), *provided visitors follow the framework for visits* (outlined on page 2 of this policy document).

Questions:

For questions about visits with loved ones, contact the designated person for each building as listed below:

Lyngblomsten Apartments
Jill Hult
(651) 632-5422
jhult@lyngblomsten.org

Lyngblomsten Care Center
Brenda Johnson
(651) 632-5387
bjohnson@lyngblomsten.org

The Heritage at Lyngblomsten
Mary Simon
(651) 632-5428
msimon@lyngblomsten.org

continued

Definitions:

- **Resident:** An older adult who lives in the Lyngblomsten Care Center (1415 Almond Avenue).
- **Tenant:** An older adult who lives in one of our two apartment buildings: the Lyngblomsten Apartments (1455 Almond Avenue) or The Heritage at Lyngblomsten (1440 Midway Parkway).
- **Visitor:** Someone from the community who is visiting a resident or tenant. Visitors include family members, friends, Lyngblomsten volunteers, and other community members.

Framework for Visits:

1. Prospective visitors who are sick, who have tested positive for COVID-19 and are still exhibiting symptoms, or who in the previous 14 days have had contact with someone who tested positive for COVID-19 may NOT participate in a window visit. They must stay at home until their doctor has lifted all restrictions.
2. During a window visit, residents/tenants must remain indoors*, and family members must remain outdoors (see Item 8 for an exception). At this time, residents/tenants may NOT go outdoors for a visit with a loved one.**
3. Residents/tenants and visitors MUST wear facemasks during the entire visit.
4. A resident/tenant's window may be open if it has a screen; the screen must remain in place and may NOT be opened during the visit. If the window is open with a screen in place, the visitor MUST remain **6 feet away** from the resident/tenant.
5. Residents/tenants and visitors may NOT pass items to one another through the window. To deliver items to a resident/tenant, visitors can drop items off at the reception desk or entryway of their loved one's building; staff will deliver the items.
6. Visitors must follow social distancing guidelines while on our campus. This means remaining **6 feet away** from residents/tenants, as well as from staff and other visitors who may be outside at the same time.
7. Staff are available to assist Care Center residents during a window visit by positioning them near their window or at another indoor space designated by staff. Please call a member of a resident's multidisciplinary team in advance to arrange a time.
8. Tenants in the Lyngblomsten Apartments may converse with visitors from any of the building's balconies—provided the tenant is on the balcony and the visitor is on the lawn outside. Please be respectful of other tenants whose windows are near the balconies.

Visitors who do not adhere to these guidelines will be asked by staff to leave campus and/or to not participate in future window visits.

*Residents/tenants must stay indoors. They could visit from their room, apartment, or another space designated by staff. Please contact your building's designated staff member (see page 1) for the location of these indoor spaces.

**Knowing that summer is fast approaching, a multidisciplinary team of staff has begun assessing how in-person, outdoor visits between residents/tenants and visitors could take place safely. If outdoor visits become possible, the Window Visitation Policy will be updated.