



**FOR IMMEDIATE RELEASE**  
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**LYNGBLOMSTEN WINS 2013 AWARD FOR WORKPLACE EXCELLENCE**  
*Local senior living community honored at the Aging Services of Minnesota Institute*

St. Paul, Minn. (February 11, 2013) – On Friday, February 8, Lyngblomsten of St. Paul received the 2013 Excellence in the Workplace Award from Aging Services of Minnesota. The Workplace Award honors an older adult services organization as an employer of choice for progressive practices that enhance employee satisfaction and retention, promoting careers in the field of senior services and investing in its employees. The Aging Services awards are among the highest honors for aging services organizations and professionals in Minnesota.

Paul Mikelson, President/CEO, accepted the award for Lyngblomsten in front of an audience of 1,500 aging services professional colleagues who gathered in Minneapolis for the 2013 Aging Services Institute.

Lyngblomsten was founded by a group of Norwegian women who chose the name to honor their home country of Norway, where at the time the lyng was the national flower. Lyngblomsten has been home not only to the older adults who have lived here, but also a source of support and pride for families, employees, volunteers, congregations and neighbors who have helped build its legacy.

It's also being honored as one of the great places to work. The organization offers scholarship funds to promote careers in older adult services and has formed partnerships with a number of outside organizations including local colleges, public schools, Easter Seals and the Jobs Corps. The scholarship program has assisted 29 employees who have been or are currently in LPN or RN programs.

Lyngblomsten has developed training for all staff in palliative, or comfort care. It was selected by The Struthers Parkinson's Center to be a designated site in the east metro, and the staff is undergoing 12 months of intensive training on Parkinson's Disease and other movement disorders.

The management team holds daily circles to review resident status and issues, resulting in improved resident care and increased job satisfaction for employees. "We believe that the people who do the work should be the ones making the decisions about how the job is done," said assistant administrator Janet Byrnes. "Lyngblomsten is a community of caring staff who work closely together to meet goals. The common bond of caring about others motivates us in all we do here."

Click below to view a two-minute video tribute celebrating Lyngblomsten.  
<http://www.youtube.com/agingservicesmn>

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### **About Lyngblomsten**

Our Mission: Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

Lyngblomsten is a Christian nonprofit social ministry organization affiliated with the Evangelical Lutheran Church in America providing quality care to seniors of all faiths and cultures through its healthcare and housing facilities as well as through its community-based outreach programs for seniors living in their own homes or apartments. Lyngblomsten is partnered in ministry with 31 Minneapolis/St. Paul-area congregations.

Lyngblomsten's continuing care campus, located in the Como Park neighborhood of St. Paul, offers multiple levels of housing and healthcare services with lifestyle choices. Some of these include: a community center, market-rate and HUD 202/Section 8 subsidized apartment buildings—both with assisted living services available, 24-hour skilled nursing home for transitional/short-term care and long-term care as well as dementia/Alzheimer's program options, and home- and community-based services programs.

Learn more at [www.lyngblomsten.org](http://www.lyngblomsten.org).