On the cover (L to R): Andrew, Faith, Tom, Will, and DeNean Tisell; Kathryn Belor; Walt Blue; Elsie Trapp and Elaine Ogren.

Our Mission: Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.
Dear Friends and Supporters of Lyngblomsten,

For more than 110 years, older adults in the St. Paul area have had a trusted friend to lean on as they have faced the challenges of aging. Founded by a small group of volunteers with a vision for improving the world and the ability to rally and engage supporters, Lyngblomsten was created out of a concern and passion for the welfare of older adults. Over the years, as a result of their efforts, thousands of older adults and their families have been able to turn to a trusted neighborhood friend to receive the care they needed. Truly, our founders were *Difference Makers*!

Today, older adults can still lean on Lyngblomsten, thanks to a new generation of *Difference Makers*—*our supporters*! While it is true that insurance, private fees, and government reimbursements pay for the majority of the services Lyngblomsten offers, it is indeed the generous volunteerism and financial gifts of our supporters that provide hundreds of older adults each year with vital services and support that they need, along with enrichment opportunities and additional friendships they otherwise would not receive.

We invite you to read the stories inside this report that exemplify some of today’s *Difference Makers* and the impact their support has made in the lives of those whom we serve. We celebrate and give thanks for each and every supporter and each and every gift. As you’ll see, together, our gifts make a powerful difference for today as well as for the future.

Minnesota’s population of older adults will soon exceed the population of school-age children for the first time in our history! That means there will be more adults over age 65 than ever before in the St. Paul area who will need a trusted friend to lean on. Lyngblomsten wants to continue to be that trusted friend. Our supporters can help make that possible!

If you are a supporter, we thank you for your partnership and for making such a powerful difference, and we ask you to continue to be our partner as we seek to meet these increasing needs. If you have not yet experienced the joy of volunteering or contributing financially to support the important work of Lyngblomsten, we invite you to explore with us how you can join the next generation of *Difference Makers*. You’ll be glad you did!

With gratitude,

Jeffrey Heinecke  
President & CEO  
Lyngblomsten

Melanie G. Davis  
Chief Development Officer  
Lyngblomsten Foundation

“How wonderful it is that nobody need wait a single moment before starting to improve the world.”  
– Anne Frank
Juliane Kvalbein knows firsthand how important it is to give to others. In 1960 at the age of 13, she and her family immigrated to the United States from Norway. As they met new people, learned a new language, and adjusted to a different culture, Kvalbein and her family depended upon the goodwill of others to help them through that time of transition.

“Lyngblomsten is near and dear to my heart. I just want them to be able to continue their extraordinary work.” – Juliane Kvalbein

So when Kvalbein was considering organizations to name as beneficiaries in her trust, Lyngblomsten rose to the top. She loves its mission, the way it cares for its residents, and (not surprisingly) its Norwegian heritage.

“Planned giving reflects a person’s intent to gift an organization sometime in the future,” said Melanie Davis, Chief Development Officer for the Lyngblomsten Foundation. “Many of a person’s assets could be tied up in his or her home or in other more permanent assets—which doesn’t make cash readily available. So as people live out their values and their faith and they want to share with an organization, they can often do it through their wills or by making a different planned gift.”

Individuals like Kvalbein who name Lyngblomsten as a beneficiary in their estate or in an insurance policy, or who establish a charitable gift annuity with Lyngblomsten, become members of the Heritage Society (see page 10).

Davis encourages Lyngblomsten supporters to consider making a planned gift, no matter how large or how small it might be. “A lot of people think that planned giving equates to a major gift, or that you have to have a lot of money to make a planned gift, and you really don’t,” she said.

“I think that everyone wants to be remembered for something,” Kvalbein said. “And I think leaving a legacy of any kind and any amount that continues beyond your descendants is very important. I think that we all need to think about future generations to come.”

For more information about making a planned gift to Lyngblomsten, contact Melanie Davis, Chief Development Officer, at (651) 632-5356 or mdavis@lyngblomsten.org.
Janet Pankonin was looking forward to retiring in 2011, having spent the previous 44 years as an accountant. But a week before she retired, her husband of 29 years, Floyd Bedbury, a two-time Olympic speed skating competitor, passed away after a 15-month battle with cancer. He was 73 years old.

“We had an incredibly full life,” Pankonin said.

She admits it wasn’t easy adjusting to her husband’s death. But one of the things that helped her through that difficult time was the people she met and the friendships she formed through Lyngblomsten’s community center. “The people here [at Lyngblomsten] are so important to me because they helped me with my transition,” she said.

Pankonin has been able to participate in a variety of fun and meaningful opportunities over the last six years. She’s gone on lunch outings to restaurants throughout the Twin Cities, visited museums, and—one of her favorites—participated in Books-Cheese-Wine, a monthly book discussion with local authors held on the Lyngblomsten campus.

But what’s given her the most joy is Lyngblomsten’s arts opportunities. She has taken pottery and painting classes, never shying away from getting her hands dirty. “I truly felt like I was five years old again,” she said, describing her carefree joy when she participated in an eight-session course. “It was just so much fun to use all these different brushes again. I realized how much I missed getting in the paint and touching all the wonderful papers.”

It isn’t just the experience of molding clay and mixing colors that gives Pankonin joy. She delights in doing these activities with others. “Because I live alone, I really enjoy meeting new people,” she said. “It’s a refreshment of the soul to be with like-minded people. Lyngblomsten is a wonderful community of people where we can come from all different walks, all different experiences, and we feel welcomed and we feel valued.”

It’s this welcoming community—one where she can be herself and express her love for the arts and lifelong learning—that’s helping Pankonin on her journey through life’s second half.

Pankonin’s story is encouraging to Julie Pfab, Director of Lyngblomsten Community Services. Older adults from all walks of life and of all income levels are sharing with her how much of a difference Lyngblomsten’s community outreach efforts are making in their lives.

“Lyngblomsten has been serving older adults living in the community for nearly four decades,” Pfab said. Today, these services are offered through 2nd Half with Lyngblomsten—life enrichment centers for adults over 50. Launched in November 2016, the centers offer a variety of opportunities and resources, including in the areas of socialization, education and the arts, health and wellness, spirituality, volunteerism, and caregiver support.

“The vision for ongoing development of these services is expansive,” Pfab shared. “However, one of our biggest challenges is funding.” Program fees cover only a portion of the cost. Without the support of donors, the programs simply would not exist.

“We’re very much dependent on—and extremely grateful for—philanthropic support,” Pfab emphasized. “Our supporters are helping make it possible for adults to age well in their communities.”

Do you feel motivated to help older adults continue to live in their communities with meaning and purpose? Turn to page 19 to find out how you can help support 2nd Half with Lyngblomsten through time or dollars.
Things can be pretty challenging around the office for Ed Keeling and his coworkers. That’s because they’re part of the Member Experience division of UnitedHealthcare Medicare & Retirement. Every day, they help older adults navigate the ins and outs of their Medicare and retirement benefits.

So when Keeling had the chance last year to organize a volunteer outing for himself and his coworkers, he jumped at the opportunity. “There was the need to get out and do stuff together as a group,” Keeling said. “And I wanted to make sure we were doing things that were tied toward our audience, which is our senior population.”

On August 19, 2016, Keeling and 16 of his coworkers took a trip to Como Zoo with residents from Lyngblomsten Care Center. “Immediately I could tell we were working with a little bit more organized organization here as far as how they took care of the seniors and what the expectations were of us,” he said. “We felt like a part of the team rather than just guests that showed up.”

Not only was it a great team-building experience, but it also allowed Keeling and each of his coworkers to connect personally with older adults—the population they serve on a daily basis. “You’re constantly working on the behalf of the senior population, but it’s not until you actually interact [with them] that you really start to understand why it’s so important that we continually push hard to make healthcare easy to understand,” Keeling said.

In addition, the older adults taught them that life is a beautiful gift. Why not be happy? “You see how happy they actually are and how they’re still having a great time,” Keeling said about their interactions with the residents.

Volunteering for a morning wasn’t the only way Keeling and his coworkers made an impact on the Lyngblomsten community. They applied for and received a $1,000 giving! rewards grant for Lyngblomsten. “I was pretty pumped,” Keeling said. “We were happy to share the news and hope that it does some good for the seniors.”

UnitedHealth Group (the parent organization of UnitedHealthcare Medicare & Retirement) started the giving! rewards pilot grant program mid-year 2016. It awarded up to 100 grants to groups of employees that volunteered together between August and December 2016. Each group was able to determine what charity would receive the $1,000 grant.

Not only would Keeling encourage other corporations to volunteer for a day with Lyngblomsten, but he also encourages employees to make use of giving opportunities that are available.

“We can talk the talk, but there are not a lot of leaders out there that are going to walk the walk when it comes to helping us build better communities. Don’t just read about it—get out there and do something for your community.” -Ed Keeling

“I think there are tons of opportunities out there that companies put in place—it’s just a matter of having employees do their research and take the time to actually put that into action,” Keeling said. He encourages employees to meet with their HR departments and find out if there are any programs that can benefit organizations they support.

“We can talk the talk, but there are not a lot of leaders out there that are going to walk the walk when it comes to helping us build better communities,” Keeling said. “Don’t just read about it—get out there and do something for your community.”

Looking for a team-building experience for your corporate group? Turn to page 19 to find out more about year-round possibilities that are available with Lyngblomsten.
When Abraham Ayele, 15, began helping transport Lyngblomsten Care Center residents to and from Sunday worship service at the Newman-Benson Chapel four years ago, he tended to rush.

“When I first started, I would just go fast,” Abraham said. That wasn’t good for the residents.

“But then after a while, just being around the environment of them [the residents], it just helped calm me down and go slower and just help the older people,” he said.

It isn’t just Abraham who has learned a lot from volunteering with Lyngblomsten. His brothers—Aba Moges, 18, and Joseph Ayele, 14—have been by his side the last four years, helping out with Sunday morning transporting.

“A lot of the residents, they have really good conversations with me when I start pushing them,” Joseph said. “It’s usually very exciting.”

Aba chimed in: “I think us being here helps out with everything—with the atmosphere, quicker transportation, making sure everyone gets their Sunday service, and just making sure the residents are happy and doing well.”

One person who’s inspired the three to keep coming back year after year is their father, Ayele Weldegebriel. He started volunteering with Lyngblomsten in 2009 as a service learner. The Service Learner initiative pairs students studying to become registered nurses, licensed practical nurses, medical assistants, social workers, and other careers with volunteer opportunities at Lyngblomsten. Ayele was so impressed with Lyngblomsten that he continued volunteering after his Service Learner program was finished.

You might think having an entire family volunteer together is unusual. Not at Lyngblomsten. Shelli Beck, Lead Volunteer Coordinator for Lyngblomsten, has helped dozens of families get plugged in to activities they enjoy doing together.

“When parents volunteer with their children, they are modeling a lifestyle of care and giving that is hard to emulate in any other way,” Shelli said. “They are building a community with their family.”

Most residents, Beck continued, enjoy seeing families volunteering together. “When parents come with their children, the residents are able to connect to two different generations,” she said. “I think this gives a sense of family to residents that is comforting and hopeful.”

Ayele echoed Shelli’s remarks. Not only does he feel like a part of the Lyngblomsten family, but he knows that volunteering with older adults helps teach his sons how they should treat their elders as they grow up.

But perhaps what Ayele enjoys the most about volunteering with his sons is that he gets to spend quality time with them.

“Everybody has activities—school, part-time job, full-time work. But Sunday morning, no matter what, we are committed,” Ayele said. “That is our family time, and it really is a pleasure for us to be here as a family.”

If you’re a family, an individual, or a group that’s looking for opportunities to volunteer and make an impact in the lives of older adults, see page 19.

*Transporting residents consists of pushing them in their wheelchairs.*
Caring. Active. Vibrant. Ask anyone who knew Lyngblomsten Care Center resident Ruth New to describe her, and they’ll likely use these words.

“She was a very vibrant woman,” said Julia New-Landrum, the eldest of Ruth’s five children. “She had a strong love for family and her children and her church.”

Phil New, the youngest of Ruth’s children, couldn’t agree more. “People seemed to be drawn to her and gravitate to her, and she just had a way of putting people at ease and just making them feel comfortable to share their stories.”

In addition to raising five children, Ruth worked at Gillette Children’s Specialty Healthcare in St. Paul and had an active social life.

Life brought unexpected change in 1982, however, when she had a stroke at age 58. While she continued to work for several more years, she eventually had to stop when it became too difficult. Increasingly, she was not able to spend much time outside of her home.

Ruth’s limitations didn’t stop her from staying connected with family, friends, and former coworkers, but things weren’t the same. So when she decided to move to Lyngblomsten Care Center in 2008 to receive more care, she and her children were overjoyed to discover that she could gain back some of what she had lost 26 years earlier. That’s because there were plenty of activities to participate in and lots of people to befriend.

“She was probably more socially active in those last years at Lyngblomsten than she probably was in the years prior to that combined,” Phil said. Lyngblomsten “really afforded her an opportunity to have the meaningful peer group relationships.”

She interacted with other residents in a variety of ways—participating in music activities, attending worship services at the Newman-Benson Chapel, serving on the Care Center’s Resident Council, attending campus events like the Tree Lighting Ceremony and Mid-Summer Festival, and much more.

It wasn’t just her peers that made her time at Lyngblomsten so special. According to Julia and Phil, the staff and volunteers were the best.

Because Lyngblomsten had made such a difference in her life, Ruth wanted to give back to it in some way—even if it happened after her lifetime. That’s why she requested that any memorial gifts in her honor be given to Lyngblomsten.

On October 23, 2015, Ruth passed away. Using memorial gifts from family and friends, Ruth’s children were able to make a gift in honor of their mother that was recognized with a leaf on the Lyngblomsten Remembrance Tree.

Established as a way to make a permanent remembrance of a loved one, the Remembrance Tree (located in the Care Center lobby) acknowledges memorial gifts of $500 or more with engraved leaves. The gifts help support Lyngblomsten’s ministry of compassionate care and innovative services to older adults.

For Julia and Phil, it was an easy cause to support. “When you give, it provides so much help to others that are within this facility,” Julia said.

“It was not a hard decision for us,” Phil said. “It just really made sense for us to say thank you for all the wonderful care that she received there and the great relationships that she made and our family made.”

To learn how you can memorialize your loved one through a gift to the Lyngblomsten Remembrance Fund, turn to page 19.
**Combined Value of Time and Financial Gifts**

October 1, 2015–September 30, 2016

Total # of Volunteer Hours ........................................... 45,203
Total # of Volunteers .................................................. 1,459
Value of Volunteer Hours* ........................................... $998,988

**Fundraising Year: October 2015–September 2016**

Total Gifts Received .......................................................... $344,942
Total # of Donors ............................................................. 749

**Volunteer Hours Given in Mission Support**

October 1, 2015–September 30, 2016

A summary of where volunteers are giving their time.

- Community Services (2nd Half with Lyngblomsten; includes The Gathering) ... 20,959
- Care Center ................................................................. 14,100
- Anna’s café & gifts .................................................... 3,313
- Volunteer Services/Other ........................................... 3,044
- Lyngblomsten Apartments & The Heritage ........... 2,344
- Artful Living (includes Mid-Summer Festival) .......... 1,085
- Foundation ................................................................. 358

**Lyngblomsten Foundation Distribution to Lyngblomsten Programs**

January–December 2016

A summary of where grants supported programming.

Total Dollars Distributed ............................................... $569,000

- Community Services ................................................... $305,650
- Artful Living & Music & Memory ......................... $103,600
- Good Samaritan Fund .............................................. $73,600
- Care Center ................................................................. $15,000
- Transportation ............................................................ $15,000
- Scholarships ................................................................. $14,000
- Lyngblomsten Apartments ......................................... $13,800
- Spiritual Care ................................................................. $11,300
- Innovation/New Initiatives ....................................... $8,250
- Auxiliary Grants ........................................................... $5,000
- Alzheimer’s Program (separate from The Gathering) ... $3,800

* Calculated with $22.55 value per volunteer hour based upon 2015 Independent Sector Report recommendations
Heritage Society

Persons who have chosen to help ensure the future capacity of Lyngblomsten by providing financial support through a charitable gift annuity, including Lyngblomsten in their estate plans, or establishing an endowment fund of $10,000 or more.

Alden & Karina Allen
Charlotte Anderson
Julie & Rodney Anderson
Shelby Andress
Carol Baker
Kelley & Steven Bergeson
Gus & Mary Blanchard
Dennis Boom
Mary Dennis
Gloria & Donald Doyon
Peter & Elizabeth Ekholm
Dale & Deb Fagre
Debra George
Marion Glasow
Judith Hall
Harry & Lorraine Hammerly
Howard Hanson
Wally & Margit Hauge
Kathleen Hayes
June Husom
Bradley & Pam Jacobson
Marlys Jandl
Henry Kaldahl
Andrew & Joan Knutson
Harold & Grace Kurtz
Juliane Kralbein
Ruby Lawrence
Bill & Lorraine Lund
Paul & Barbara Mikelson
Jean Milton
Joy Narum
Dave & Tami Nesheim
Jonathan Nye
Louis & Joyce Oberdeck
Pearl Odland
Ed & Irene Olson
Gail & Rob Onan
Thelma Pedersen
Robert Peterson
Warren & Patricia Peterson
Frances Punderson
Rev. & Mrs. Marvin Sandness
Herbert & Helen Schmidt
Barbara Segelstein
Justin & Maxine Silvius
Lila Storaasli
Curt & Kay Thorpe
Elsie Trapp
Lydia Volz
Lois Wattman & Douglas Shaw
Mrs. Betty Weibel
Mrs. Goldie Witte
Larry & Laurie Yunker
Don & Lu Zibell

Individual Philanthropic Support

Persons who provided financial gifts of support to the Lyngblomsten Foundation. Gifts were received between October 1, 2015, and September 30, 2016.

President's Society

Philanthropic partners who made financial gifts to the Lyngblomsten Foundation totaling $1,000 or more. Gifts were received between October 1, 2015, and September 30, 2016.

Lyngblomsten Leadership Circle $10,000+
Kelley & Steven Bergeson
Mary Dennis
Eugene Richter
Michael & Shirley Santoro

2nd Century Partners $2,500–$9,999
Gus & Mary Blanchard
Melanie & Thomas Davis
Dorothy DeMore
Kim Donat & Joshua Lipschultz
Aleta Hill
June Husom
Leonard Johnson
Bill & Lorraine Lund
Jean Milton
James Nash
Laurie Pellerite
Joel Poeschl & Jeanne Pemble
Mrs. Catherine Purcell
LeRae Mortensen
Charles & Jean Norton
Elizabeth Oberdorfer
Howard & Margaret Ostrem
Jenae Palwicz
Anthony & Magdelyn Patry
Todd Readinger & Susan Schultze
Paul & Lynn Redlinger
Dick Sarafolean
Sherwin & Carolyn Singsaas
Rev. Pam & Ken Stofferahn
Peter Thomsen
Curtis Thoreson
Elsie Trapp
Shirley Tretvson
Lydia Volz

President’s Club $1,000–$2,499
Virginia Arons
Steve & Sharon Bachman
Sarah & Wayne Bailey
Michael Belknap & Rachelle Stanko
Feryle & Betty Borgeson
Joyce Boss
Michael Dugan
Kjersti & Brian Duncan
Peter & Elizabeth Ekholm
Louise Feske
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Leslie Grant & Sandra Potthoff
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Harold & Grace Kurtz
Juliane Kralbein
Jean Larson
Eileen & Carl Lund
Lowell Lundy & Shirley Dingman
Roy & Dorothy Mayeske
Paul & Barbara Mikelson

LeRae Mortensen
Charles & Jean Norton
Elizabeth Oberdorfer
Howard & Margaret Ostrem
Jenae Palwicz
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Dick Sarafolean
Sherwin & Carolyn Singsaas
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Peter Thomsen
Curtis Thoreson
Elsie Trapp
Shirley Tretvson
Lydia Volz

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Mavis Anderson
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Margaret Kiesor
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Marion King
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Jason Lewandoski
Andrea & Jeremy Lewandoski
Kathy Lewis
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Lincoln & Sandra Lockhart
Florence Lopez
Jonathan Lund
Owen Lundy
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Mary & Robert Madigan
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Allan & Gloria Viehl
Harris & Donna Viker
Kathryn Vilendrer
Richard & Judith Vogen
Edna Sue Vogt
Sue & Leon Vogt
Jan Volkenant
Bette “Jo” Waage
Greg & Nancy Wainman
Arlene Wald
Janice Walker
Lou Walker-Thompson & George Thompson
David & Wanda Wall
Dorothy Wallevand
Joseph & Christina Warren
Janet Warwick
Lois Wattman & Douglas Shaw
Nancy Webster
Joanne Weckwerth
David Weibel (Weibel Advised Fund of Schwab Charitable Fund)
Donna & Jim Weigle
David & Sara Wellington
Ginny B. & Sandra R. Wells
Mary Wenz
Ruth White
James Whiting
Rosemary Whowell
Dale & Brenda Willkens
Aloys Willenbring
Deborah M. Williams
Doris & Clarence Williams
Dr. Lawrence Wilson
Barbara Wojahn
Mildred Wolff
Dick Woodcock
Charlie Wu
Mr. John Zehm
Kevin & Deborah Zenk
Don & Lu Zibell (Donald & Luella Zibell Family Foundation)
Gustavus Adolphus Lutheran Church*
Holy Childhood Women’s Club*
Hope Lutheran Church Women*
Incarnation Lutheran Church*
Lakeview Lutheran Church*
Lutheran Church of Peace Women
Macalester Plymouth United Church
NE Consortium of The Gathering
Prince of Peace Lutheran Church*
St. Anthony Park Lutheran Church*
St. Anthony Park Lutheran Church Care Team
St. Anthony Park Church WELCA
St. Mark Lutheran Church*

*$ Indicates Corporate Congregations

Congregational Philanthropic Support

$1,000+
Augustana Lutheran Church*
Bethlehem Lutheran Church in the Midway*
Immanuel Lutheran Church*
Roseville Lutheran Church*
Salem Lutheran Church*
St. Anthony Park Lutheran Church*
St. Matthew’s Evangelical Lutheran Church
St. Timothy Lutheran Church*

Up to $999
Christ Lutheran Church on Capitol Hill*
Christ Lutheran Church Women
Como Park Lutheran Church*
First Evangelical Lutheran Church*

* Indicates Corporate Congregations
Organizational & Corporate Philanthropic Support

<table>
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<tr>
<th>$10,000+</th>
<th>Minnesota State Arts Board</th>
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<tr>
<td>$5,000–$9,999</td>
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<td>$1,000–$2,499</td>
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<td>Piché &amp; Associates Real Estate</td>
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(M) indicates Gift Match

Organizational & Corporate Volunteer Support

Allina Health        Meridian Services**    UnitedHealthcare**
APi National Service Group** Medtronic** UnitedHealthcare Medicare and Retirement**
Cummins**            Midwest Sign & Screen Printing Supply Co.** Wells Fargo
Globe University**   OPTUMRx**          ** Returning groups
The Hartford**       Target**           
Hollstad & Associates, Inc. Medica

Individual Volunteer Support

450+ Hours
Wayne Craig

300–450 Hours
Elias Arnold
Brandon Gaston
Laura Hamrick
Jane Hanten
Veronica Hodges
Marilyn Jennings-Scalze
James Nash
Julianne Omland
Lorna Rogers
Adam Tebbutt
Joseph Yang

150–299 Hours
Marge Abas
Gary Allen
Carol Baker
Georgine Bellotti
Barb Bentley
Harriett Brunnelle
Thom Campbell
Fue Chang
Anita Dick
Leonard Elts
Tawana Holtz
Felicia Lee
Kolbjorn Nordli
Laurie Pellerite
Jane Phillips

50–149 Hours
Katie Purcell
Barbara Qualey
Dick SarafOLEAN
Michael Sinclair
Bill Spanenberg
Ruth Steinwall
Penny Ueltschi
Christine Witzany

50–149 Hours
Alberta Adams
Susan Adix
Leslie Amundson
Darlene Archer
Abraham Aylee
Joseph Aylee

Registered volunteers who have shared gifts of service with Lyngblomsten between October 1, 2015, and September 30, 2016. Categories reflect hours given during this time period only.

Shannon Baker
Hannah Banaszak
Josh Banaszak
Fred Bartl
Karn Bartl
Emily Beck
Norman Beckman
Kathryn Belor
Carol Bentley
Kristen Bentley
Steven Bergeson
Gordon Beseth
Walter Blue
June Borowski
Monica Bossenmaier
Gail Bump

Employee groups from the following companies provided volunteer service between October 1, 2015, and September 30, 2016.

UnitedHealthcare
UnitedHealthcare Medicare and Retirement
Wells Fargo

** Returning groups
Larry Burfeind
Marjorie Burfeind
Jim Campbell
Myrna Carlson
Margaret Cellette
Samantha Cheney
Audrey Clasemann
Carrie Clay
Frank Collins
Leslie Connelly
Marie Cork
Richard Crofford
Theresa Crofford
Gordon Cummins
Rosemary Dean
Lucas Dohman
Jeanne Driscoll
Agnes Dynes
Anne Elmblad
Ryan Evans
Robert Fischer
James Frazier
Joanne Gatti
Cheryl Glazebrook
Tina Gohl
Brett Grow
Judith Hammersten
Maria ‘Ceci’ Haro
Pat Hasse
Mary Ann Hawkins
Carolyn Healy
Sister Jeremy Hein
Pauline Henderson
Milton Hill
Gerald Hoffman
Karol Holmquist
Wayne Inlow
Austyn-Michelle James
David Johnson
Kathryn Keefer
 Jenny Khamisvoravong
Marybelle Kim
Gilbert Kinnunnen
John Kuske
Jean Larson
Lori Larson
Jeanne Leefvre
Arthur Lemke
David Lochner
Christine Loweth
Bob Lundgren
Mary Madigan
Wendy Magnuson
Marge Martens
Pette Martin
Mary Margaret Mason
Rev. Brian McCaffrey
Leslie Mendoza
Natalie Mendoza
Stephanie Mendoza
Rachel Middlestead
Jean Milton
Abra Moses
Blae Moo
Polly Morrison
Judi Mueller
Sharon Mulhere
Marlys Nelson
Michael Neuman
Ronald Nielsen
Fardowsa Nur
Jonathan Nye
Juletta Nygren
Todd Offermann
Elaine Ogren
Sandra O’Neil
Mary Ott
Phyllis Pantzar
Martha Perbix
Milo (Pete) Peterson
James Petsch
Trenton Phillipi
Alonzo Portwood
Barbara Prokosch
Emma Radtke
Indra Rammanan
Gloria Read
Kathryn Richardson
Jeanne Ristrom
Amelia Scarbrough
Linda Schirmer
Teri Seymour
Chloe Shepeck
Tuomas Sivula
Janet Slagter
Precious Smith
Jane Space
Mary Ann Spangenberg
Anita Speltz
Heather Stonacek
Laura Stone-Jeraj
Diane Sweeney
Esther Tatley
Kay Tellekson
Nantida Thao
Nongnu Thao
Andrew Tisell
Jaricka Tolliver
Susan Tomlinson
Dorothy Tostengard
Shirley Veith
Leon Vogt
Susan Vogt
Jeanne Wadd
Wallace Wadd
She Wah
Janice Walker
Darryl Weakley
Aylee Weldegebriel
Karen Wennberg
Anna Wessling
Henry Westby
Mallory Wight
Margot Wight
Richard Woodcock
John Wright
Dolores Zeller

1–49 Hours
Leah Abdella
Hassan Abdi
Ferial Abraham
Hannah Adamson
Dikshya Adhikari
Rupa Adhikari
Ellen Agre
Celina Aguiler
Molly Allen
Irene Allshouse
James Almquist
Muktar Aman
Mary Anders Morris
Amy Anderson
Debbie Anderson
Donna Anderson
Isabella Anderson
Joyce Anderson
Kari Anderson
Kayla Anderson
Linda Anderson
Phung Anderson
Melissa Andren
Georgiana Andrus
Rayna Antilla
Theresa Arfi
Zoe Armstrong
Emily Arnet
Mary Cecilia Arvidson
Krystal Aviles
Barbara Aydt
Pam Ayers
Marjorie Baab
Tracey Baker
Barbara Balcom
Ruth Bannerman
Marlee Baron
Mary Clare Bart
Ila Basch
Idil Bastan
Susan Baude
Amy Beaver
Alice Beck
Paul Beck
Arvilla Beckman
Nicholas Behrens
Caroline Bejarano
Lisa Bentley
Lydia Bentley
Shirley Berglin
Lois Bergquist
Weymouth Berry
Natalie Betti
Margie Betts
Kari Bibeau
Cameron Biebl
Jan Biebl
Lindsey Biebl
Elena (El之一) Biggs
Wayne Bjorlie
Beth Black
Bruce Black
Ian Black
Maya Black
Sonja Black
Philemena Blamo
Mary Bloomquist
Sophia Bloss
Amy Bo
Bradley Bodin
Anthony Bolanos
John Bolanos
Mindyl Bolton
Hannah Borman
Cortney Bourgoin
Patricia Bowe
Megan Boxrud
Molly Boxrud
Ella Boyles
Ian Boyles
Patricia Bradway
Caitlyn Bralick
Jenny Brand
Kylie Breezley
Ryan Brenna
Mary Breske
Jean Breuer
Kaleaha Brewer
Margaret Brinkman
Lance Brockman
Darrisa Bronson
David Brostrom
Hannah Brough
Ada Brown
Justine Brown
Stacy Brown
Carol Brozic
Robert Brush
Olga Bucceek
Sharon Burbach
George Burbie
Clara Burkhardt
James Butwinick
Jo Butwinick
Caitlin Buys
Beverly Bybee
Licia Calatayud
Priscilla Campbell
Ayelen Carbo
Mary Carigiet
Sandra Carlson
Emily Carman
Kang Chang-Yang
Mary Chessen
Linda Chimzar

www.lyngblomsten.org/Gef-Involved
<table>
<thead>
<tr>
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<tbody>
<tr>
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<td>Damari Jordan-Onchiri</td>
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<td>Jack LaChappelle</td>
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<td>Dinah Lampros</td>
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<td>Florence Lange</td>
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</table>
"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.” —Author Leo Buscaglia
1-49 Hours (con’t)
Marianne Seng
Ann Senne
Yvonne Shafer
Betty Shannon
Sophia Shepeck
Emily Sicard
Caroline Siebels-Lindquist
Barbara Simmonds
Derek Sina
David Sindiga
Antero Sivula
Marsha Skogheim
Elaine Skreland
Carissa Skrivanek
Patricia Skundberg
Kaitlyn Sletten
Andrew Smith
Blaire Smith
Ida Smith
Janet Smith
Lark Smith
Louise Smith
Naya Smith
Nievea Smith
Patricia Sorensen
Jean Sorenson
Laurie Stai ger
Ruth Stanchfield
Hannah Star
Victoria Stariha
Michelle Stark
Emma Stauffacher
Mykenzie Stegeman
Kathleen Stenholm
Katelyn Stepaniak
Gary Stoo s
Ellen Stowe
Linda Strand
Elizabeth Strauss
Karen Strauss
Kat y Streitz
Wyatt Strikco
Karina Strom
Liza Strom
Dorothy Suchor
Kenneth Sullivan
Sue Swain
Timothy Swanson
Vera Swanson
CaraLee Swenson
Gloria Swenson
Aravyia Sykes
Olivia Szaj
Kathleen Tasa
Orlette Tatley
Lucille Teel
Padee Thao
Pang Thao
Mehm Thi
Depree Thomas–Estis
Jaelen Thomas
Nicholas Thompson
Sylvia Thompson
Scott Thorsen
Matthew Timmel
Grace Tisell
Thomas Tisell
Willem Tisell
Sandra Toforda
Mishia h Toe
Olivia Tol bert
John Torason
Lida Torgerud
Mara Tostengard
Tasheena Trout
Barbara Tungseth
Kathleen Urbaniak
Wayne Urbaniak
Brenda Urquhart
Caroline Van Every
Janice Vance
Brightkh u Vang
Ma Lia Vang
Ma Nhia Vang
Melody Vang
Mary Lou Volk
Pa Vue
Susan Wahlin
Kiarra Wallace
Charles Wallisch
Emma Wallisch
Luke Wallisch
Melissa Wallisch
Nick Wallisch
Sarah Walwerk
Allison Ward
Bruce Warkentien
Stephen Wasgatt
Shemeeka Washington
Amy Watson
Kim Watson
Napoleon Weah
Jeanine Wedekind
Jenny Wenc l
Rita Wenner
Cassandra Wentland
Mary Wess
Mary Whelan
Martin Whiting
Lee Wiedeman Tuggle
Karita Wienke
Renee Wiese
Maranda Williams
Christine Willoughby
Kasie Willson
Alyssa Winberg
Darlene Wolleat
Paul Woll eat
King Fai ‘Linda’ Wong
Nancy Wood
Le Terreus Woods
Justine Wulff
Foua Xiong
Mai See Xiong
Pang Yang
Benjamin Young
Martha Young
Dave Youngren
Timothy Youngren
Megan Zaro
Ivar Zemmel s
Xiaomeng Zhang

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Vice Chair
Andy Lowther
Treasurer
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Secretary
Jane Danielson
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Juliane Kvalbein
Andrew Lowther
Andrew Marden
Clint Parker
John Piché
Peter Polga
Bill Sanden
William Sullivan

Please let us know if we have regrettably, unintentionally omitted someone in any of the categories.
Be a Difference Maker in the Lives of Older Adults

New in 2017—
Share the Mission of Lyngblomsten with Others
Learn more about how you can be a difference maker. Invite your family, friends, and colleagues to join you to attend an inspirational mission tour of Lyngblomsten.

Share Your Financial Resources
Every gift makes a difference as we work together to ensure that older adults and their families have the services and support they need. There are numerous ways to give:

- Make a one-time or sustaining monthly gift to the Lyngblomsten Foundation
- Honor a special person by making a memorial or tribute gift
- Give a gift of stock or securities
- Give a gift through your workplace or employer matching funds

Participate in a Fundraising Event
Join us in 2017 for the Lyngblomsten Foundation Spring Gala on Friday, April 21, or for the Lyngblomsten Fall Fundraiser on Thursday, October 12.

Create a Legacy through an Estate or Planned Gift
You can designate the Lyngblomsten Foundation as a beneficiary of your will, trust, retirement plan, or life insurance policy. Many such planned gifts can offer significant tax savings, and some arrangements, such as charitable gift annuities, can offer you more income in your retirement years while also leaving a legacy gift that will help future generations of older adults.

Establish a Memorial for A Loved One
The Lyngblomsten Remembrance Tree is a way to make a lasting commemoration for loved ones and also support the Lyngblomsten programs and services that have been important in their lives. Engraved leaves are available by making a gift or a compilation of remembrance gifts at the following levels:

- Gold Leaf $2,000 or more
- Silver Leaf $1,000–$1,999
- Bronze Leaf $500–$999

Share Your Time & Talents as a Volunteer
Enrich the lives of older adults through opportunities that fit your talents, interests, and schedule. One-time and ongoing volunteer opportunities are available for families, groups, and individuals of all ages. A few of the more-than-100 opportunities are: serving on a board or committee, providing administrative support, helping with a special event, transporting, providing pet visits, or exercising your creativity through arts and music activities.

Engage Your Business
Let us serve as a resource to your business as you seek to be engaged in the community. Individuals and groups from your organization can help to enhance the lives of older adults through opportunities to:

- Volunteer: Examples include trips to the Minnesota State Fair, strolls to Como Zoo, and Bingo.
- Donate: In-kind gifts for programs such as Spirit of Giving and Music & Memory.
- Sponsor: Lyngblomsten Foundation Spring Gala, Lyngblomsten Mid-Summer Festival, or Lyngblomsten Fall Fundraiser.
- Learn: Learn at Lunch on topics such as Working Caregivers and Dementia-Friendly Businesses.

Contact us to learn more about how you can make a difference. For more information, visit www.lyngblomsten.org/Get-Involved or contact a Lyngblomsten Community Engagement Team Member directly:

- Mission Tours: (651) 632-5324 or foundation@lyngblomsten.org
- Philanthropic Opportunities: (651) 632-5356 or foundation@lyngblomsten.org. Visit www.lyngblomsten.org/donate.
- Volunteer Opportunities: (651) 632-5406 or volunteer@lyngblomsten.org. Visit www.lyngblomsten.org/volunteer to download an application and check upcoming orientation dates.
- Corporate/Business Engagement: (651) 632-5358 or CorporateEngagement@lyngblomsten.org