How well do you know Lyngblomsten?

DOWN

1. In 1906, Lyngblomsten was founded by 11 Norwegian women. Today people of all faiths and cultures are welcome.
2. Lyngblomsten Care Center accommodates 237 residents through long-term and short-term care options, incl. _____ and dementia programs.
3. The free _____ Equipment Lending Library is one of many services offered through our Community Wellness & Education program.
4. In partnership with churches, nurses with Lyngblomsten’s _____ Ministry promote wellness of body, mind, and spirit.
5. Lyngblomsten offers a _____ of care, which means there are a wide variety of programs and services to support older adults thru all stages of aging.
6. Another of Lyngblomsten’s community-based programs, The _____, provides family caregivers of persons living with memory loss a time of respite while their loved one enjoys stimulating activities in a structured environment.
7. Lyngblomsten’s mission statement begins with: Influenced by _____.

ACROSS

7. _____ Ministry is one of Lyngblomsten’s church-based programs that mobilize volunteers to assist congregants with non-medical needs around home.
8. Lyngblomsten Apartments is a HUD- _____ building for low-income seniors; assisted living services are available.
9. Community members can enjoy meals and participate in wellness and social activities through the 5-5-1 _____ & Café.
10. Since the early 1960s, Lyngblomsten has partnered with numerous Christian _____ across the Twin Cities to strengthen each others’ ministries to older adults.
11. Lyngblomsten’s mission statement begins with: Influenced by _____.
12. The Heritage at Lyngblomsten offers apartment-style living at _____ rates; assisted living services are available.
13. Lyngblomsten owns and manages one senior housing option away from its main campus; it is called Superior Street _____.
14. Lyngblomsten’s _____ Engagement provides opportunities for individuals, groups, and corporations to make a difference in the lives of older adults through contributing time, talent, and/or dollars.

Answers

DOWN: 1) Incorporated, 2) Alzheimers, 3) Medical, 4) Parish Nurse, 5) Continuum, 6) Gathering, 9) Community
ACROSS: 7) Care Team, 8) Subsidized, 10) Club, 12) Market, 13) Congregations, 14) Cottages
It was a night to remember!

by Patricia Montgomery
Director of Marketing Communications & Church Relations; Founder of the Ambassador Initiative

About 220 people from the Lyngblomsten family—residents, tenants, program participants, their families, corporate congregation delegates, volunteers, donors, and employees—gathered for the 2011 Lyngblomsten Ambassador Showcase on the evening of June 29. Held at North Heights Lutheran Church in Arden Hills, the Showcase was a special event to celebrate all those who play the role of ambassador for Lyngblomsten and to present the Ambassador Awards. The evening began with a red-carpet welcome, followed by music from the Larkspr Strolling Trio and fun poses at The Fabulous Photo Booth. An hors d’oeuvres buffet and more music followed, along with an opportunity to visit the “Walk of Fame” and write congratulatory notes to the award finalists. The program included information about the Ambassador Initiative and a video featuring the mission, principles, and pillars (see verbiage at the left) plus music by local artist Ben Bigelow. The evening concluded with the presentation of the 2011 Ambassador Awards, and guests received a gift bag as they left.

Anyone who is connected with Lyngblomsten in some way is in a position to play the role of “ambassador” for our organization—that is, to accurately answer questions they may be asked or to go out and tell others about the organization, encouraging them to become involved with our mission or to receive services. This tradition of storytelling and ambassadorship goes back to the women who founded Lyngblomsten 105 years ago.

We have created this special edition of Lyngblomsten Lifestyle especially for those who couldn’t attend the Showcase—to give you a flavor of this new event; to give you the opportunity to celebrate the Ambassador Award nominees, finalists, and award recipients; and to share some of our ambassador tools.

Thank you for being a part of Lyngblomsten and for supporting our mission, principles, and pillars.

On the Cover: The Ambassador Award finalists gathered on stage for a group photo at the Showcase event.

Mini Toolkit for Lyngblomsten Ambassadors

Guide for the “On-the-Spot Talk”

a.k.a. Elevator Speech

for when you’re presented with the question:

Lyngblomsten is a Christian nonprofit organization that enhances the lives of older adults through healthcare, housing, and community-based services.

For example, I (work/volunteer/etc.) in ________ (or my mom/dad/aunt/etc. lives in name of building or participates in name of program). We try hard to: [share something with which you are familiar/involved through Lyngblomsten that exemplifies a person-first experience, promotes dignity, or generally enhances the quality of life for older adults or their families].

Because the values of Lyngblomsten are rooted in Christ’s call to “love thy neighbor as thyself,” we seek to answer this call through compassionate service to older adults and concern for their well-being, wherever they may be on life’s journey.

The more time you have with someone, the more detail you can share.

“I would be happy to answer any questions you may have.”

Thank you for embracing your role as “ambassador” and telling others the stories of how Lyngblomsten—yourselves included, enhance the lives of older adults and their families.”

“Learn as much as you can about our organization. The Factoid Cards™ you will be receiving tonight are a great source of information. Then go forth, and tell others the stories of how Lyngblomsten serves older adults and their families—not just through our healthcare and housing facilities, but also through our programs and services for the community. We want to serve all seniors in the community...no matter what stage of care or services they may need.

Don’t stop there! I also call on you to tell others how we provide opportunities for education and activities, as well as opportunities for individuals and groups to become involved as volunteers or donors.

As the population of older adults explodes in the coming decade, your role as “ambassador for Lyngblomsten” becomes ever more important.

We need you, and we appreciate you. Thank you for choosing to be a part of our organization. Thank you for embracing your role as “ambassador” and telling others the stories of how Lyngblomsten—yourselves included, enhance the lives of older adults and their families.”

*Download a copy of the Lyngblomsten Factoid Cards at www.lyngblomsten.org. Click “About Us,” then “Lyngblomsten Ambassadors.”
The following persons were nominated for the 2011 Ambassador Awards. Some nominees belong to more than one category; however, nominees are listed only once by their primary category.

**FAMILIES**
- Lisa Bentley
- Katherine Eklund
- Jeffrey Eubanks
- Jeanette Larson
- Janet Bain
- Janet Christianson
- Mike Donahue
- Carolyn Gibson
- Wil Langer
- Dorothy Mechura
- Barbara Parks
- Lucille Quehl
- Therese Siebenaler
- Elizabeth Weiger
- Tsup Yee Wong

**PARTICIPANTS**
- Rachel Abraha
- Angelita Aguilera
- Kristi Behl
- Kelley Bergeson
- Ferehiwot Beyene
- Susan Buelow
- Melissa Davis
- Aida Debesay
- Shirley Dingman
- Lisa Bentley
- Katherine Eklund
- Annie Reynolds-Smith
- Laura Stone-Jera
- Janet Bain
- Janet Christianson
- Mike Donahue
- Carolyn Gibson
- Wil Langer
- Dorothy Mechura
- Barbara Parks
- Lucille Quehl
- Therese Siebenaler
- Elizabeth Weiger
- Tsup Yee Wong

**COMMUNITY**
- Carol Baker
- Carl Berglund
- Joyce Belknap
- Carl Buettemeier
- Judy Cad
- Jan Daniels
- Corinne DeLaitsch
- Kay Drain
- Marilyn Dubay
- Maureen Dudley
- Wimie Dutke
- Allan Edwins
- Len Elits
- Deb George
- Susan Helfman
- Tim Hilscher
- Tawana Holtz
- Jeanne Jungbauer
- Christa Krabel
- Marilyn Kruse
- Bill Lund
- Joyce Miller
- Louise Nesdahl
- Kob Norgren
- Julia Nordling
- Clair & Luann Olson
- Julie Omland
- Sue Ovoldson
- Charleen Prill
- Katie Purcell
- Kathy Richardson
- Dick Sarafolaean
- Jeanette Severson
- Vern Sund
- Jane Tripple
- Lydia Voiz

**EMPLOYEES**
- Rachel Abraha
- Angelita Aguilera
- Kristi Behl
- Kelley Bergeson
- Ferehiwot Beyene
- Susan Buelow
- Melissa Davis
- Aida Debesay
- Shirley Dingman
- Tyna Dohman
- Dorthea Doty
- Leigh Emmerich
- Marilyn Hasse
- Nancy Higgin
- Betsy Hoffman
- Jill Hult
- Brenda Johnson
- Naomi Johnson
- Fred Kamhunte
- Fatmata Kargbo
- Kris Kempf
- Saba Kidana
- Carolyn Klaiber
- Debra Luster
- Lowetta Luzenski
- Ben Lyal
- John Maidi
- Mickey Martinson
- Gamachu Mohamed
- Holima Mohamad
- Betty Moline
- Patricia Montgomery
- Francis Sanjii
- Mary Nordtvedt
- Eddy Orwenyo
- Dick Quast
- Kristen Renstrom
- Linda Renstrom
- Patricia Robinson
- Geri Rutz
- Tony Sarkilahdi
- Debbie Sketten
- Jaime Smith
- Kathy Starr
- April Sullivan
- Cheryl Swanson
- Lena Tollefson
- Candace Trondson
- Karen Vandenberg
- Dundy Vang
- Alyce Wilfong
- Jennifer Veltenheimer
- Durenda Williams
- Jason Woken
- Laurie Zastrow

The following persons were nominated for the 2011 Ambassador Awards. Some nominees belong to more than one category; however, nominees are listed only once by their primary category.

**FAMILIES**
- Linda Renstrom
- Janet Byrnes
- Mary Nordtvedt
- Karen Vandenberg
- Dundy Vang
- Alyce Wilfong
- Jennifer Veltenheimer
- Durenda Williams
- Jason Woken
- Laurie Zastrow

**PARTICIPANTS**
- Rachel Abraha
- Angelita Aguilera
- Kristi Behl
- Kelley Bergeson
- Ferehiwot Beyene
- Susan Buelow
- Melissa Davis
- Aida Debesay
- Shirley Dingman
- Lisa Bentley
- Katherine Eklund
- Annie Reynolds-Smith
- Laura Stone-Jera
- Janet Bain
- Janet Christianson
- Mike Donahue
- Carolyn Gibson
- Wil Langer
- Dorothy Mechura
- Barbara Parks
- Lucille Quehl
- Therese Siebenaler
- Elizabeth Weiger
- Tsup Yee Wong

**COMMUNITY**
- Carol Baker
- Carl Berglund
- Joyce Belknap
- Carl Buettemeier
- Judy Cad
- Jan Daniels
- Corinne DeLaitsch
- Kay Drain
- Marilyn Dubay
- Maureen Dudley
- Wimie Dutke
- Allan Edwins
- Len Elits
- Deb George
- Susan Helfman
- Tim Hilscher
- Tawana Holtz
- Jeanne Jungbauer
- Christa Krabel
- Marilyn Kruse
- Bill Lund
- Joyce Miller
- Louise Nesdahl
- Kob Norgren
- Julia Nordling
- Clair & Luann Olson
- Julie Omland
- Sue Ovoldson
- Charleen Prill
- Katie Purcell
- Kathy Richardson
- Dick Sarafolaean
- Jeanette Severson
- Vern Sund
- Jane Tripple
- Lydia Voiz

**EMPLOYEES**
- Rachel Abraha
- Angelita Aguilera
- Kristi Behl
- Kelley Bergeson
- Ferehiwot Beyene
- Susan Buelow
- Melissa Davis
- Aida Debesay
- Shirley Dingman
- Tyna Dohman
- Dorthea Doty
- Leigh Emmerich
- Marilyn Hasse
- Nancy Higgin
- Betsy Hoffman
- Jill Hult
- Brenda Johnson
- Naomi Johnson
- Fred Kamhunte
- Fatmata Kargbo
- Kris Kempf
- Saba Kidana
- Carolyn Klaiber
- Debra Luster
- Lowetta Luzenski
- Ben Lyal
- John Maidi
- Mickey Martinson
- Gamachu Mohamed
- Holima Mohamad
- Betty Moline
- Patricia Montgomery
- Francis Sanjii
- Mary Nordtvedt
- Eddy Orwenyo
- Dick Quast
- Kristen Renstrom
- Linda Renstrom
- Patricia Robinson
- Geri Rutz
- Tony Sarkilahdi
- Debbie Sketten
- Jaime Smith
- Kathy Starr
- April Sullivan
- Cheryl Swanson
- Lena Tollefson
- Candace Trondson
- Karen Vandenberg
- Dundy Vang
- Alyce Wilfong
- Jennifer Veltenheimer
- Durenda Williams
- Jason Woken
- Laurie Zastrow

May we have the envelopes, please?

When it was time for the awards presentation, Lyngblomsten CFO Bradley Jacobson, who served as auditor for the awards selection process, delivered the certified envelopes to emcee Patricia Montgomery.
LYNGBLOMSTEN AMBASSADOR SHOWCASE
June 29, 2011

It’s Showtime!
The auditorium is set and ready for guests, thanks to our efficient Showcase Planning Committee: Colleen Anderson, Janet Byrnes, Maria Chernyavsky, Shirley Dingman, Leigh Emmerich, Leah Gravink, Trisha Hall, Patricia Montgomery, Christina Rhein, Rebecca Schwartz, and Jennifer Veitenheimer.

Welcome
Guests were greeted with red-carpet hospitality.

Musical Entertainment
Larkspur Strolling Trio (above) and Ben Bigelow (right) delighted guests with their musical performances.

Ambassador Award Recipients
(Above) An Ambassador Award was presented in each of 4 categories to (L to R): Linda Renstrom (Employees), Wil Langer (Participants), and Len Elts (Community). Unable to attend the event, Annie Reynolds-Smith (Families) received her award the following week (pictured at the right with Lyngblomsten President/CEO Paul Mikelson). Congratulations!

Ambassador Showcase June 29, 2011
Great Food & Conversation
Nourishing bodies and spirits alike, guests enjoyed social time before the formal program.

Fun Times in the Photo Booth!

Surprise!
The Ambassador Surprise Patrol notified finalists the week before the event. Here finalist Mary Nordveldt, parish nurse at Augustana Lutheran Church, receives her surprise visit accompanied by balloons and cookies.

Gourmet Menu
Concluding with lemon and chocolate mousse tarts, guests enjoyed an hors d’oeuvres buffet with other delectables such as grilled vegetables, smoked salmon, and baked brie.
Great Food & Conversation
Nourishing bodies and
sprits alike, guests enjoyed
social time before the
formal program.

Fun Times in the
Photo Booth!

It’s Showtime!
The auditorium is set and ready
for guests, thanks to our efficient
Showcase Planning Committee:
Colleen Anderson, Janet Byrnes,
Maria Chernyavsky, Shirley
Dingman, Leigh Emmerich,
Leah Gravink, Trisha Hall,
Patricia Montgomery, Christina
Rhein, Rebecca Schwartz, and
Jennifer Veitenheimer

Surprise!
The Ambassador Surprise Patrol
notified finalists the week before
the event. Here finalist Mary
Nordveldt, parish nurse at
Augustana Lutheran Church,
receives her surprise visit accom-
panied by balloons and cookies.

Musical Entertainment
Larkspur Strolling Trio (above)
and Ben Bigelow (right) delighted
guests with their musical
performances.

Ambassador Award Recipients
(Above) An Ambassador Award was
presented in each of 4 categories to
(L to R): Linda Renstrom (Employeens),
Wil Langer (Participants), and Len
Eilts (Community). Unable to attend
the event, Annie Reynolds-Smith
(Families) received her award the
following week (pictured at the right
with Lyngblomsten President/CEO
Paul Mikelson). Congratulations!

Welcome
Guests were greeted with
red-carpet hospitality.

Gourmet Menu
Concluding with lemon and chocolate mousse tarts,
guests enjoyed an hors d’oeuvres buffet with other
delectables such as grilled vegetables, smoked
salmon, and baked brie.
May we have the envelopes, please?

When it was time for the awards presentation, Lyngblomsten CFO Bradley Jacobson, who served as auditor for the awards selection process, delivered the certified envelopes to emcee Patricia Montgomery.

The following persons were nominated for the 2011 Ambassador Awards. Some nominees belong to more than one category; however, nominees are listed only once by their primary category.

**FAMILIES**
- Lisa Bentley
- Katherine Eklund
- Jeffrey Eubanks
- Jeanette Larson
- Janet Bain
- Janet Christianson
- Mike Donahue
- Carolyn Gibson
- Wil Langer
- Dorothy Mechura
- Barbara Parks
- Lucille Quehl
- Therese Siebenaler
- Elizabeth Weiger
- Tsup Yee Wong

**PARTICIPANTS**
- Lisa Bentley
- Katherine Eklund
- Jeffrey Eubanks
- Jeanette Larson
- Janet Bain
- Janet Christianson
- Mike Donahue
- Carolyn Gibson
- Wil Langer
- Dorothy Mechura
- Barbara Parks
- Lucille Quehl
- Therese Siebenaler
- Elizabeth Weiger
- Tsup Yee Wong

**COMMUNITY**
- Carol Baker
- Carl Berglund
- Joyce Belknap
- Carl Buettemeier
- Judy Cady
- Jan Daniels
- Corinne DeLaitisch
- Kay Draine
- Marilyn Dubay
- Maureen Dudley
- Winnie Dutke
- Allan Edwards
- Len Elts
- Deb George
- Susan Helfman
- Tim Hiibschner
- Tawana Holtz
- Jeanne Jungbauer
- Christa Krabel
- Marilyn Kruse
- Bill Lund
- Joyce Miller
- Louise Nesdahl
- Kob Nore
- Julia Nordling
- Clair & Luann Olson
- Julie Omland
- Sue Ovaldson
- Charleen Prill
- Katie Purcell
- Kathy Richardson
- Dick Sarafolean
- Jeannete Severson
- Vern Sunday
- Jane Tripple
- Lydia Voiz

**EMPLOYEES**
- Rachel Abrahah
- Angelita Aquilera
- Kristi Beil
- Kelly Bergeson
- Ferehiwot Beyene
- Susan Buelow
- Janet Byrnes
- Kathleen Carlson
- Renee Carlson
- Cheryl Chapman
- Betty Coby
- Nick Davini
- Melanie Davis
- Aida Dessay
- Shirley Dingman
- Brian Dohman
- Dorthea Doty
- Leigh Emmerich
- Marilyn Hasse
- Nancy Higins
- Betsy Hoffman
- Jill Hult
- Brenda Johnson
- Naomi Johnson
- Fred Kambuni
- Fatmata Kargbo
- Kris Kempf
- Saba Kidana
- Carolyn Klawer
- Debra Luster
- Lowetta Luzenski
- Ben Lyali
- John Maidi
- Mickey Martinson
- Gamachu Mohamed
- Holima Mohamad
- Betty Molne
- Patricia Montgomery
- Francis Mwangi
- Mary Nordtvedt
- Eddy Orwenyo
- Dick Pose
- Kristen Renstrom
- Linda Renstrom
- Patria Robinson
- Geri Rutz
- Tony Sarkilahti
- Debbie Sketten
- Jaime Smith
- Kathy Starr
- April Sullivan
- Cheryl Swanson
- Lena Tollefson
- Candace Trondson
- Karen Vandenberg
- Cindy Vang
- Jennifer Veitenheimer
- Durenda Williams
- Jason Woken
- Laurie Zastrow

Persons were nominated for the Ambassador Awards through an open nomination process. An Awards Selection Team determined the finalists and winners based on information submitted on the nomination forms.
**OUR MISSION**
Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

**OUR GUIDING PRINCIPLES**
For our participants,* Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants’ families, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our employees, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our community of donors, volunteers, and corporate congregations, Lyngblomsten encourages the individual to live one’s personal ministry by enhancing the lives of older adults.

**OUR BRAND PILLARS**
Influenced by Christ

Innovation & Leadership
Resources & Support
Person-Centered & Dignity-Enhancing Experiences
Engaged Lifestyle

*Lyngblomsten community program patrons, care center residents, and senior housing tenants.

**LYNGBLOMSTEN LIFESTYLE**
is published quarterly by the Lyngblomsten Marketing Communications Department in cooperation with the Lyngblomsten Foundation.

Patricia Montgomery | Editor
Director of Marketing Communications

Christina Rhein | Lead Writer
Marketing Communications Specialist

Rebecca Schwartz | Lead Designer
Marketing Communications Specialist

Lyngblomsten Lifestyle can be found online at www.lyngblomsten.org. Click on “News & Events.”

---

**It was a night to remember!**
by Patricia Montgomery
Director of Marketing Communications & Church Relations; 
Chair of the Ambassador Initiative

About 220 people from the Lyngblomsten family—residents, tenants, program participants, their families, corporate congregation delegates, volunteers, donors, and employees—gathered for the 2011 Lyngblomsten Ambassador Showcase on the evening of June 29. Held at North Heights Lutheran Church in Arden Hills, the Showcase was a special event to celebrate all those who play the role of ambassador for Lyngblomsten and to present the Ambassador Awards. The evening began with a red-carpet welcome, followed by music from the Larkspur Strolling Trio and fun poses at The Fabulous Photo Booth. An hors d’oeuvres buffet and more music followed, along with an opportunity to visit the “Walk of Fame” and write congratulatory notes to the award finalists. The program included information about the Ambassador Initiative and a video featuring the mission, principles, and pillars (see verbiage at the left) plus music by local artist Ben Bigelow. The evening concluded with the presentation of the 2011 Ambassador Awards, and guests received a gift bag as they left.

Anyone who is connected with Lyngblomsten in some way is in a position to play the role of “ambassador” for our organization—that is, to accurately answer questions they may be asked or to go out and tell others about the organization, encouraging them to become involved with our mission or to receive services. This tradition of storytelling and ambassadorship goes back to the women who founded Lyngblomsten 105 years ago.

We have created this special edition of Lyngblomsten Lifestyle especially for those who couldn’t attend the Showcase—to give you a flavor of this new event; to give you the opportunity to celebrate the Ambassador Award nominees, finalists, and award recipients; and to share some of our ambassador tools.

Thank you for being a part of Lyngblomsten and for supporting our mission, principles, and pillars.

**Mini Toolkit for Lyngblomsten Ambassadors**

**A Call to Action**
Presented at the 2011 Ambassador Showcase by Paul Mikelton, President/CEO

“Learn as much as you can about our organization. The Factoid Cards* you will be receiving tonight are a good source of information. Then go forth, and tell others the stories of how Lyngblomsten serves older adults and their families—not just through our healthcare and housing facilities, but also through our programs and services for the community. We want to serve all seniors in the community...no matter what stage of care or services they may need.

But don’t stop there! I also call on you to tell others how we provide opportunities for education and activities, as well as opportunities for individuals and groups to become involved as volunteers or donors.

As the population of older adults explodes in the coming decade, your role as an ambassador for Lyngblomsten becomes ever more important.

We need you, and we appreciate you. Thank you for choosing to be a part of our organization. Thank you for embracing your role as an ambassador and telling others the stories of how Lyngblomsten—yourselves included, enhance the lives of older adults and their families.”

*Download a copy of the Lyngblomsten Factoid Cards at www.lyngblomsten.org. Click “About Us,” then “Lyngblomsten Ambassadors.”

---

**Guide for the “On-the-Spot Talk”**

**“Learn as much as you can about Lyngblomsten.”**

**“What is Lyngblomsten?”**

The more you have with someone, the more detail you can share.

Lyngblomsten is a Christian nonprofit organization that enhances the lives of older adults through healthcare, housing, and community-based services.

For example, I work/volunteer/etc. in ________ (or my mom/dad/aunt/etc. lives in name of building or participates in name of program). We try hard to:

- [share something with which you are familiar/involved through Lyngblomsten that exemplifies a person-first experience, promotes dignity, or generally enhances the quality of life for older adults or their families].

Because the values of Lyngblomsten are rooted in Christ’s call to “love thy neighbor as thyself,” we seek to answer this call through compassionate service to older adults and concern for their well-being, wherever they may be on life’s journey.

**Visit the Lyngblomsten website at www.lyngblomsten.org to learn more about Lyngblomsten events, services, and opportunities.**

**Visit the community center website at www.551club.com to learn more about the 5-5-1 Club & Café.**
How well do you know Lyngblomsten?

DOWN
1. _____ in 1906, Lyngblomsten was founded by 11 Norwegian women. Today people of all faiths and cultures are welcome.
2. Lyngblomsten Care Center accommodates 237 residents through long-term and short-term care options, incl. _____ and dementia programs.
3. The free _____ Equipment Lending Library is one of many services offered through our Community Wellness & Education program.
4. In partnership with churches, nurses with Lyngblomsten’s _____ Ministry promote wellness of body, mind, and spirit.
5. Lyngblomsten offers a _____ of care, which means there are a wide variety of programs and services to support older adults thru all stages of aging.
6. Another of Lyngblomsten’s community-based programs, The _____, provides family caregivers of persons living with memory loss a time of respite while their loved one enjoys stimulating activities in a structured environment.
7. Lyngblomsten’s mission statement begins with: Influenced by _____.

ACROSS
7. _____ _____ Ministry is one of Lyngblomsten’s church-based programs that mobilize volunteers to assist congregants with non-medical needs around home.
8. Lyngblomsten Apartments is a HUD-_____ building for low-income seniors; assisted living services are available.
9. Community members can enjoy meals and participate in wellness and social activities through the 5-5-1 _____ & Café.
10. Since the early 1960s, Lyngblomsten has partnered with numerous Christian _____ across the Twin Cities to strengthen each others’ ministries to older adults.
11. Lyngblomsten offers apartment-style living at _____ rates, assisted living services are available.
12. The Heritage at Lyngblomsten offers _____-style living at _____ rates; assisted living services are available.
13. Lyngblomsten owns and manages one senior housing option away from its main campus; it is called Superior Street _____.

Answers
Across: 7) Care Team, 8) Subsidized, 10) Club, 12) Market, 13) Congregations, 14) Cottages