

Memory Collective

An online enrichment class
for adults with memory loss



Offered through 2nd Half with Lyngblomsten, the **Memory Collective** is an online enrichment class for adults experiencing memory loss, in particular mild cognitive impairment or early skill challenges with memory, language, visual perception, or processing. As a participant, you'll join a supportive community with others on a similar journey and, collectively, discover ways to keep living your best life possible.

For seven weeks, you and (if desired) a guest of your choosing will gather virtually with others for a 90-minute online Zoom session facilitated by Lyngblomsten staff. Each session will feature a variety of engaging educational topics and group activities. After the online series concludes, the group will come together for an in-person outing at a local destination (e.g., museum, park).

2022 Memory Collective Schedule: The Memory Collective is offered quarterly throughout the year.

Fee: \$175 for eight sessions (less than \$25 per session); covers any guests who may attend the sessions. *There may be an additional small fee to cover the in-person outing.*

Registration: Registration is required. Participants are encouraged to register early, as each class is limited to eight participants.

To register or for more information, contact: Carolyn Klaver, RN
Community Dementia Care Specialist
2nd Half with Lyngblomsten
(651) 414-5292 | cklaver@lyngblomsten.org
www.lyngblomsten.org/MemoryCollective