

Twin Cities Support Group for Persons with Lewy Body Dementia

Meet and Greet: August 16, 10:15 - 11:15 am

**Support group sessions: First Wednesday of month, 10:30 - noon
Lyngblomsten Community Room, 1415 Almond Ave, St Paul**

**Nov and Dec 2017 meetings: Lyngblomsten - The Heritage, 1st Floor Lounge.
1440 Midway Parkway, St. Paul**

Persons in the early stages of LBD who would benefit from communicating with others about living with this disease are welcome to attend. Caregivers are also invited, and will meet in a separate area of the same room once the support group sessions start - the "Meet and Greet" will be a mixed event.

Our goal is to provide mutual support and companionship as we share experiences and resources. Those persons needing assistance should be accompanied by a caregiver.

Paula Biever and Jeanne Schwietz will be the facilitators for the support group. Paula and her husband Erik have been the facilitators of the MN E Metro LBD Caregiver Support Group since 2012. Jeanne was one of the founding members of that support group which was started in 2006. Paula is also a volunteer with the LBD Association's Caregiver Linkline and a member of the Roseville Alz/Dementia Community Action Team.

Please contact Paula Biever at 651-641-0130 or paula.biever@gmail.com for more information about the group.

Contact Lyngblomston at 651-646-2941 for driving and parking directions

Sponsored by 2nd Half with Lyngblomsten and the Lewy Body Dementia Association