Be strong and bold; have no fear or dread of them, because it is the Lord your God who goes with you; he will not fail you or forsake you.

—Deuteronomy 31:6

**Dear Friends of Lyngblomsten,**

The women who founded Lyngblomsten 115 years ago might never have imagined all that their work would survive and grow into. Lyngblomsten has endured this nation’s depressions, recessions, wars, and expansions, showing resiliency and resolve at every stage. Blessed by strong leaders, a committed work force, and the support of church and local communities, Lyngblomsten has become a center for innovation and creativity, helping people to age with dignity, comfort, and purpose.

Congregate living facilities and care centers were hit especially hard this past year with sickness, mortality, and financial issues. The response of Lyngblomsten’s staff in the face of this pandemic has been nothing less than heroic. We owe them a debt of gratitude for their amazing work and commitment to the mission. With high numbers of staff and residents now vaccinated, we believe we have weathered the worst of this pandemic.

On other fronts, remodeling of the care center was completed in the fall with lovely new spaces inside and out. We resumed work on our second campus in Lino Lakes. The initial financing for this project is coming together, and we anticipate groundbreaking later this year.

And just as we have seen new creativity and adaptation in providing residential services during the pandemic, Lyngblomsten has also shown innovation, creativity, and resilience in its community outreach programming for older adults and informal caregivers in the east metro. eRespite care is a program with great potential developed in response to the pandemic and our desire to continue supporting at-home caregivers and their loved ones living with memory loss. Online offerings continue to bring many community elders together for learning, connection, and mutual support.

Finally, as Lyngblomsten moves into a new future, it finds conversations and efforts repeatedly turning to questions of diversity. How can we attract, train, and retain the best, brightest, most diverse frontline staff, administrative staff, and board and committee members possible? How do we better reflect the diverse community around us? These conversations are essential for bolstering all of our core ministries.

2020 presented us with unprecedented challenges. It was met with amazing responsiveness and resolve. We are forever strengthened by the experience. 2021 begins with hope and optimism and continuing resolve. Thank you to all who continue to make Lyngblomsten a special, incredible organization.

**In Christ,**

*Pastor Martin Ericson Board Chair*  
*Jeffrey Heinecke President & CEO*
**COVID-19 Timeline**

**A Summary from 2020**

**Mar. 6:** The Minnesota Department of Health (MDH) announces the first case of COVID-19 in Minnesota.

**Mar. 10:** Following guidance from the Centers for Medicare & Medicaid Services (CMS), the Lyngblomsten Care Center restricts visitors. Also, all staff begin undergoing a health screening when they arrive for work.

**Mar. 11:** The World Health Organization (WHO) declares the COVID-19 outbreak a pandemic.

**Mar. 16:** By March 16, Lyngblomsten Community Services suspends all in-person programs offered through 2nd Half with Lyngblomsten.

**Mar. 19:** Following guidance from MDH, the Lyngblomsten Apartments and The Heritage at Lyngblomsten implement limited visitation guidelines for their buildings.

**Apr. 1:** The first COVID-19 test sample is collected from a symptomatic care center resident. Results are negative (i.e., not a case of COVID-19).

**Apr. 25:** The first case of COVID-19 is identified in a Lyngblomsten employee.

**Apr. 28:** The first case of COVID-19 is identified in a care center resident.

**Apr. 30:** The first Lyngblomsten Care Center resident dies due to complications from COVID-19.

**May 4:** The Lyngblomsten Apartments collects its first COVID-19 test sample from a symptomatic tenant. Results are negative.

**May 14:** Care center conducts its first house-wide testing of residents after securing enough test kits.

**May 18:** Lyngblomsten conducts its first house-wide testing of care center staff who have direct interaction with residents. By the week of June 1, all Lyngblomsten staff are being tested weekly.

**June 12:** The Heritage at Lyngblomsten collects its first COVID-19 test sample from a symptomatic tenant. Results are negative.

**June 23:** The care center has zero active resident cases of the virus. Between late April and mid-June, the care center experienced a significant outbreak of the virus among residents and staff, reaching a height of around 90 cases at one time.

**June 24:** The care center community is treated to a special family parade, held outside at the main parking lot.

**July 20:** Lyngblomsten Community Services hosts its first online Group eRespite session for adults living at home with dementia and their informal (e.g., family) caregivers.

**Aug. 26:** After weeks of preparation, the Lyngblomsten Apartments and The Heritage at Lyngblomsten begin hosting essential caregiver visits for tenants. The care center begins hosting them the next week on September 1.

**Sept. 1:** After pausing in-person programming for five months, 2nd Half with Lyngblomsten holds its first virtual offering using Zoom, an online video conference platform. Monthly opportunities continue through 2020.

**Early Nov.:** The first cases of COVID-19 are identified in two tenants from the Lyngblomsten Apartments the week of November 9.

**Nov. 16:** House-wide testing of apartment tenants is conducted after two cases were identified the week before. Weekly testing of tenants continues through early March 2021.

**Nov. 24:** A tenant from the Lyngblomsten Apartments dies due to complications from COVID-19.

**Dec. 26:** The care center has zero active cases of the virus among residents, following another significant outbreak from mid-October through December.

**Dec. 28:** The care center begins offering indoor visits in the Newman-Benson Chapel for residents and their loved ones.

**Dec. 29–30:** The care center hosts its first vaccine clinic for residents, employees, and essential caregivers, with follow-up clinics held in early 2021. By late March 2021, the Lyngblomsten Apartments and The Heritage at Lyngblomsten have each hosted three vaccine clinics.
Residential Services

- In response to the pandemic, the Lyngblomsten Care Center, the Lyngblomsten Apartments, and The Heritage at Lyngblomsten implemented limited visitation guidelines in accord with guidance from federal and state health agencies. As COVID-19 evolved, campus policies related to visitation, testing, communications, and activities adjusted multiple times as agencies issued new guidance.

- With families, friends, and volunteers not able to visit in-person, staff took on new responsibilities to cover those roles—such as delivering packages, assisting at mealtimes, and leading conversation groups.

- After much preparation, Lyngblomsten became a participating organization in two Institutional Special Needs Plans, or I-SNPs, offered by Medica and UCare. Each I-SNP provides health insurance for coordinated medical care to those needing nursing services on our campus.

- The Lyngblomsten Care Center completed its three-year, $10 million renovation that brought major modifications to resident rooms, bathrooms, and shared living spaces—both indoor and outdoor.

Community Services

NOTE: “2nd Half with Lyngblomsten” and “Lyngblomsten Community Services” are used interchangeably.

- 2nd Half with Lyngblomsten in-person programs (including The Gathering) were suspended in mid-March due to the pandemic. In response, Lyngblomsten Community Services staff shifted to providing support to participants remotely (i.e., over the phone and via email).

- In July, Lyngblomsten Community Services launched an online Group eRespite program for adults experiencing early- to mid-stage memory loss and their informal (e.g., family) caregivers. The program provides participants with one hour of engaging activities and a much-needed break for their caregivers.

- Two sessions of Giving Care to YOU!, a video education and support series for informal caregivers, were held virtually in the fall. The series provided caregivers with new strategies for implementing self-care practices.

- After a five-month hiatus, 2nd Half with Lyngblomsten began hosting social and educational opportunities in September virtually using Zoom (an online video conference platform). The quarterly print catalog was converted to a monthly electronic bulletin.

- Lyngblomsten Community Services completed its three-year funding grant to develop the Care Ministry Network, an online training platform for church volunteers in caring ministries.
Community Involvement

- Due to COVID-19 visitor restrictions, only 7,143 volunteer hours were logged in 2020—a decrease from 32,584 hours in 2019. Still, more than 550 volunteers (ongoing and one-time) served in the first quarter of 2020, as did a handful who assisted in the summer with hosting outdoor visits for care center residents.

- The Lyngblomsten Foundation held its first-ever virtual Spring Gala fundraiser on April 24, surpassing its fundraising goal by $6,000. More than 100 households tuned in to learn how their generosity supports older adults in the community through 2nd Half with Lyngblomsten.

- Dr. Maynard and Elaine Jacobson were presented with the Anna Quale Fergstad Award for Distinguished Service in recognition of their generous sharing of time and treasure with Lyngblomsten. The award was presented during the President’s Virtual Social Hour (a change from hosting the in-person President’s Dinner).

- Collaboration began between the Lyngblomsten Foundation and Lyngblomsten Community Services to create a sustainability plan for 2nd Half with Lyngblomsten. The process includes studying program costs and funding streams, with the goal of serving more people, smoothing out the peaks and valleys of fundraising, and building capacity to fund new initiatives.

- The Lyngblomsten Foundation wrapped up the Our Turn in History capital campaign, raising more than $1 million for care center renovations.

Other

- Lyngblomsten’s Lifelong Learning & the Arts department collaborated with staff and community arts organizations to provide a variety of pandemic-modified activities for residents, tenants, and community participants. Activities included individual art projects, weekly podcasts with the Minnesota Opera, and a virtual cabaret performance featuring housing tenants.

- Due to the COVID-19 pandemic, the annual Mid-Summer Festival scheduled for July 31 was cancelled—the first time in more than 100 years.

- In response to senior living communities needing to limit the number of persons gathered together, eMenuCHOICE® developed and launched a reservations feature that allows communities to assign capacity limits to dining rooms and take meal reservations.

- After hosting two information sessions in February 2020 for a proposed continuum-of-care senior living campus in Lino Lakes, Lyngblomsten cancelled additional sessions due to the pandemic and paused the building project till early 2021.
People Served
January–December 2020

622 persons
Community Services
(2nd Half with Lyngblomsten)

135 persons
Home Health Services

537 persons
Lyngblomsten Care Center

114 persons
Lyngblomsten Apartments

70 persons
The Heritage at Lyngblomsten

50,585 persons
eMenuCHOICE®

Note: Number of people served is less than a typical year due to COVID-19 restrictions.

Financials
January–December 2020

Revenues

Expenses

Note: Lyngblomsten received funds from the federal CARES Act of 2020.
**Fundraising Statistics**  
January–December 2020

$685,825  
Total Gifts Received

704  
Total # of Donors

1,422  
Total # of Gifts

**Volunteer & Corporate Engagement Statistics**  
January–December 2020

557*  
Total # of Volunteers
Includes 475 ongoing volunteers and 82 one-time volunteers

7,143*  
Total # of Hours Volunteered

1*  
# of Volunteer Groups
Includes corporate, civic, church, and school volunteers

2  
# of $1,000 Youth Volunteer Scholarships Awarded

28  
# of Corporate Sponsors

*Note: Volunteerism in 2020 was substantially lower than typical due to COVID-19 restrictions.

**Memberships**

**Heritage Society**  
42 Households  
Persons who have chosen to help ensure the future capacity of Lyngblomsten by providing financial support through a charitable gift annuity, naming Lyngblomsten in their will or life insurance beneficiary, or establishing an endowment of $10,000 or more.

**President’s Club**  
63 Households  
Annual membership granted to donors giving $1,000 or more during the fundraising year.

**Sources of Donations**  
January–December 2020

$685,825  
Total Donations Received

**Distribution to Lyngblomsten Programs**  
January–December 2020

$2,613,405  
Total Dollars Distributed

**Lyngblomsten Foundation**

- **Capital Campaign** 30%
- **Annual Fund** 23%
- **Events** 14%
- **Care Center** 65%
- **Grants** 30%
- **Lifelong Learning & The Arts** 2%
- **Community Services** 13%
- **Other: 1% or Less**
- **Spiritual Care**
- **Good Samaritan Fund**
- **Annuity Interest**

**Notes:**
- **Second Campus at Lino Lakes** 19%
- **Other** 1%
Lyngblomsten’s Member Congregations
The year indicates when the church became a member.

- Amazing Grace Lutheran
  Inver Grove Heights, 2007
- Augustana Lutheran
  West St. Paul, 2002
- Bethlehem Lutheran in the Midway
  St. Paul, 1962
- Centennial United Methodist
  Roseville, 2000
- Christ on Capitol Hill
  St. Paul, 1961
- Community of Grace Lutheran
  White Bear Lake, 1998
- Como Park Lutheran
  St. Paul, 1960
- Falcon Heights United Church of Christ
  Falcon Heights, 1999
- Gloria Dei Lutheran
  St. Paul, 1985
- Gustavus Adolphus Lutheran
  St. Paul, 1988
- Holy Childhood Catholic
  St. Paul, 1991
- Immanuel Lutheran
  St. Paul, 1960
- Incarnation Lutheran
  Shoreview, 1990
- Jehovah Lutheran
  St. Paul, 1995
- Lakeview Lutheran
  St. Paul, 1960
- Lutheran Church of the Redeemer
  St. Paul, 1998
- North Heights Lutheran
  Roseville/Arden Hills, 1975
- Prince of Peace Lutheran
  Roseville, 1961
- Redeemer Lutheran
  White Bear Lake, 1960
- Roseville Lutheran
  Roseville, 1975
- St. Andrew’s Lutheran
  Mahtomedi, 1991
- St. Anthony Park Lutheran
  St. Paul, 1960
- St. Mark Lutheran
  St. Paul, 1962
- St. Timothy Lutheran
  St. Paul, 1961
- Salem Lutheran
  West St. Paul, 1965

Our Mission
Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

Our Guiding Principles
For our participants, Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants’ families, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our employees, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our community of donors, volunteers, corporate congregations, and socially responsible corporations, Lyngblomsten encourages the individual to live one’s personal ministry by enhancing the lives of older adults.

Lyngblomsten Board of Directors
2020–2021

Rev. Marty Ericson
Chair
Kim Donat
Vice Chair
David Christianson
Treasurer
Rev. Joy Johnson
Secretary

Deb George  Gretchin LaBelle  Elaine Prickel
Jeff Heinecke  John Peck  Mike Santoro
Pete Keely  Peter Polga  Trupti Storlie

Our Pillars
Influenced by Christ
Innovation & Leadership
Resources & Support
Person-Centered & Dignity-Enhancing Experiences
Engaged Lifestyle (Author Your Life)