EXPECTANT Hope
May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit.  –Romans 15:13

Dear Friends of Lyngblomsten,

2021 was a momentous year, and we are filled with expectant hope!

In the past year, Lyngblomsten continued dealing with COVID-19 and its related healthcare and staffing challenges. Through it all, staff have stayed the course innovatively and passionately carrying out our mission, while tenants, residents, and families adjusted to ongoing changes in protocols and programming. Vaccinations late in 2020 and early 2021 bolstered our hope for a resolution to the pandemic. Hope grew with the full return of visitors, the reengagement of volunteers, and a rebound of census in the care center. We see signs that the pandemic is loosening its grip following an uptick through the holidays and beginning of 2022. Our prayers continue for an end to this pandemic and for the consolation of those who have lost loved ones to this disease.

In addition to the ongoing modifications to our resident programs, Lyngblomsten’s community programs found ways to thrive online. New-found skills with technology are leading us into new ways of providing services to people beyond our Como Park campus. The Care Ministry Network and eRespite are great examples of innovating the delivery of learning and service. With work begun in 2021 adopting and developing an online engagement platform, 2022 will bring even more online services to even more people.

After a long pause begun in 2020 to focus on the pandemic, the development of a second campus resumed. About half of the past year was spent on arranging the necessary permits, approvals, and financing for this important new project. The persistence of Lyngblomsten’s administrative team and the hard work of many has resulted in groundbreaking, site clearing, and foundation pouring at the Lino Lakes campus on the northwest corner of Hodgson Road and County Road J. Reservations are being received for housing options on the new campus which will welcome its first tenants to the townhomes later this year and to the apartments in 2023.

Because we trust in Him, we indeed have hope!

In Christ,

Pastor Martin Ericson  Board Chair

Jeffrey Heinecke  President & CEO
Pandemic trials give way to hope

As 2020 wrapped up and 2021 began, glimmers of hope were appearing as the first COVID vaccines became available. By mid-March, the majority of Lyngblomsten’s residents, tenants, and employees were fully vaccinated—making way for a gradual return of familiar activities, from full indoor visitation opportunities to on-campus volunteers and more. A year filled with trials gave way to one filled with renewed hope!

Shovels signify hopes realized

2021 saw the hopes and hard work of many come to fruition as Lyngblomsten broke ground for a new senior living campus in Lino Lakes—a project that had been put on hold when the pandemic hit. By the time the Lyngblomsten Board of Directors gave final approval for the project in late September, nearly a decade’s worth of visioning and planning had taken place. When construction is complete in 2023, the campus will include detached rental townhomes, independent and assisted living apartments, memory care apartments, and an array of indoor and outdoor amenities.
Residential Services

- The Lyngblomsten Care Center, Lyngblomsten Apartments, and The Heritage at Lyngblomsten continued to respond to the COVID-19 pandemic, following guidance from federal and state health agencies related to visitation, testing, staffing, and more. Updated guidelines issued in the fall allowed for more consistent indoor visitation opportunities for care center residents, with nearly all visitation restrictions lifted by the end of the year.

- From December 2020 through March 2021, Lyngblomsten held COVID-19 vaccine clinics for residents, tenants, essential caregivers, and employees. Booster shot clinics occurred in November, so that by year’s end, much of the Lyngblomsten community had received all recommended vaccine doses.

- In August, The Heritage at Lyngblomsten apartments became licensed as an assisted living facility. This change was needed due to a new assisted living law that took effect for the state of Minnesota that month.

- Home Health Services (which provides personal/home care services for Lyngblomsten housing tenants) modified its program for The Heritage at Lyngblomsten to align with the new assisted living law. Our Home Health team also serves tenants at the Lyngblomsten Apartments under its comprehensive home care license.

- After nearly a decade of planning, Lyngblomsten broke ground in late fall for its new continuum-of-care senior living campus in Lino Lakes. Around 80 people attended the ceremonial groundbreaking on November 9, including project representatives, city officials, board directors, and future residents. Financing closed for the $65 million project on October 5, which had received final approval from the Lyngblomsten Board of Directors a week earlier.

Community Services

NOTE: “2nd Half with Lyngblomsten” and “Lyngblomsten Community Services” are used interchangeably.

- 2nd Half with Lyngblomsten continued to offer community programming remotely (i.e., online, over the phone, and via email), including social opportunities, educational presentations, and caregiver services (e.g., one-on-one coaching, Group eRespite).

- After an 18-month hiatus due to the pandemic, The Gathering group respite program relaunched in October for participants and their caregivers. While maintaining its core focus, the program underwent modifications that accounted for challenges and opportunities identified in a sustainability study conducted in 2021.

- Lyngblomsten became a collaborative partner with the Faith Community Nurse Network of the Greater Twin Cities (FCNN). This partnership allows 2nd Half with Lyngblomsten to expand its evidence-based wellness classes to the community, and it helps strengthen Lyngblomsten’s support for parish nurses.
Supporters

- Lyngblomsten welcomed volunteers back into its campus buildings in May, having not hosted them inside since the pandemic began. By year’s end, 140 individuals had given nearly 3,100 hours of service for the Lyngblomsten community—delivering mail, escorting residents to on-campus appointments, serving with The Gathering, assisting with projects remotely, and more.

- For the second year in a row, the Lyngblomsten Foundation held its Spring Gala fundraiser virtually due to the pandemic. Broadcast live from a studio in Crystal, the hourlong program surpassed its fundraising goal of $70,000 by nearly 30 percent. Funds raised went to support 2nd Half with Lyngblomsten community services.

- The Lyngblomsten Foundation worked on several special projects, including closing out the capital campaign, consulting with the Community Services team to design a strategic sustainability plan for 2nd Half with Lyngblomsten, refreshing planned giving, and exploring an endowment for Community Services.

- At the President’s Dinner in October, Sherwin Singsaas was presented with the Anna Quale Fergstad Award for Distinguished Service in recognition of his generous sharing of time and treasure with Lyngblomsten.

Other

- As pandemic conditions stabilized, Lyngblomsten’s Lifelong Learning & the Arts Department offered in-person enrichment opportunities for housing tenants, while also continuing to make available a variety of online resources. Program partners for these in-person activities included the Northern Clay Center, Art with Heart, Ageless Grace, the Cowles Center, the Bach Society of Minnesota, and OOPS-MN (Opera-Oriented Project Sponsorships).

- Amid ongoing concerns about the pandemic, Lyngblomsten decided not to host the annual Mid-Summer Festival.

- eMenuChoice expanded its customer base by nearly 25 percent—reaching 261 sites across 38 U.S. states—and grew revenue by 40 percent. A number of new product features were developed, which included many improvements to the resident/family member experience when accessing their accounts to place orders and make reservations. As the company was on track to reach break-even in 2022, options around long-range strategies began being discussed.
People Served
January–December 2021

390 persons
Community Services
(2nd Half with Lyngblomsten)

143 persons
Home Health Services

659 persons
Lyngblomsten Care Center

120 persons
Lyngblomsten Apartments

59 persons
The Heritage at Lyngblomsten

67,493 persons
eMenuCHOICE®

Note: Number of people served is less than a typical year due to COVID-19.

Financials
January–December 2021

Revenues

INDIVIDUALS & OTHERS 37%
INVESTMENT INCOME 3%
DONATIONS 1%
GOVERNMENT PAYMENT SOURCES 59%

Expenses

FOOD & SUPPLIES 10%
PURCHASED SERVICES 6%
DEPRECIATION & AMORTIZATION 6%
UTILITIES, PROPERTY TAXES, & INSURANCE 3%
DEPARTMENT OF HUMAN SERVICES SURCHARGE 2%
INTEREST EXPENSE 2%
SALARIES & BENEFITS 71%

Note: Lyngblomsten received COVID-19 funds from the Paycheck Protection Program and the Provider Relief Fund.
Fundraising Statistics
January–December 2021
$472,367
Total Gifts Received
620
Total # of Donors
1,314
Total # of Gifts

Volunteer & Corporate Engagement Statistics
January–December 2021
3,058*
Total # of Hours Volunteered
276*
Total # of Registered Volunteers
30
# of Corporate Sponsors

Memberships
Heritage Society
36 Households
Persons who have chosen to help ensure the future capacity of Lyngblomsten by providing financial support through a charitable gift annuity, naming Lyngblomsten in their will or life insurance beneficiary, or establishing an endowment of $10,000 or more.

President’s Club
83 Households
Annual membership granted to donors giving $1,000 or more during the fundraising year.

Sources of Donations
January–December 2021
$472,367
Donations Received

Lyngblomsten Foundation
Distribution to Lyngblomsten Programs
January–December 2021
$2,244,478
Dollars Distributed

Volunteerism in 2021 was substantially lower than typical due to the COVID-19 pandemic, which included not hosting volunteer groups on campus. In addition, no Youth Volunteer Scholarships were awarded in 2021.

**Spiritual Care, Lyngblomsten Apartments, Good Samaritan Fund, and Annuity Interest
Lyngblomsten’s Member Congregations
The year indicates when the church became a member.

- Amazing Grace Lutheran
  Inver Grove Heights, 2007
- Augustana Lutheran
  West St. Paul, 2002
- Bethlehem Lutheran in the Midway
  St. Paul, 1962
- Centennial United Methodist
  Roseville, 2000
- Christ on Capitol Hill
  St. Paul, 1961
- Community of Grace Lutheran
  White Bear Lake, 1998
- Como Park Lutheran
  St. Paul, 1960
- Falcon Heights United Church of Christ
  Falcon Heights, 1999
- Gloria Dei Lutheran
  St. Paul, 1985
- Gustavus Adolphus Lutheran
  St. Paul, 1988
- Holy Childhood Catholic
  St. Paul, 1991
- Immanuel Lutheran
  St. Paul, 1960
- Incarnation Lutheran
  Shoreview, 1990
- Jehovah Lutheran
  St. Paul, 1995
- Lakeview Lutheran
  St. Paul, 1960
- Lutheran Church of the Redeemer
  St. Paul, 1998
- North Heights Lutheran
  Roseville/Arden Hills, 1975
- Prince of Peace Lutheran
  Roseville, 1961
- Redeemer Lutheran
  White Bear Lake, 1960
- Roseville Lutheran
  Roseville, 1975
- St. Andrew’s Lutheran
  Mahtomedi, 1991
- St. Anthony Park Lutheran
  St. Paul, 1960
- St. Mark Lutheran
  St. Paul, 1962
- St. Timothy Lutheran
  St. Paul, 1961
- Salem Lutheran
  West St. Paul, 1965

Our Mission
Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

Our Guiding Principles
For our participants, Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants’ families, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our employees, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our community of donors, volunteers, corporate congregations, and socially responsible corporations, Lyngblomsten encourages the individual to live one’s personal ministry by enhancing the lives of older adults.

Lyngblomsten Board of Directors
2021–2022
Rev. Marty Ericson
Chair
Kim Donat
Vice Chair & Secretary
David Christianson
Treasurer
Deb George
Peter Polga
Jeff Heinecke
Elaine Prickel
Rev. Ivy Huston
Paulette Olsen
Dr. Mark Knudson
John Peck

Our Pillars
Influenced by Christ
Innovation & Leadership
Resources & Support
Person-Centered & Dignity-Enhancing Experiences
Engaged Lifestyle (Author Your Life)

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