Whole-Person Wellness Screenings Coming Soon

Informational Sessions

- Wed., Oct. 26th from 10:00 to 11:00 am
- Thur., Dec. 1st from 10:00 to 11:00 am

Location: Virtual
https://us02web.zoom.us/j/4703446808
Meeting ID: 470 344 6808

Come to our informational session to learn more about upcoming opportunities to have a 30-minute Wellness Screening for individuals 60+ with a RN about whole-person wellness.

Wellness Screenings will be occurring monthly in Fall 2022 and into the Spring of 2023. Some of the things that your wellness screening could include are:

- Set Individualized Goals
- Develop a Whole-Person Wellness Plan
- Have the opportunity to learn about your body composition metrics, screen for cognitive changes, or depression on your terms.

For questions? Call 651.632.5330.