



**MYTH:** Life in a skilled-nursing care facility is depressing and the last place someone would choose to live.

**FACT:** The best care centers provide a home-like atmosphere with a caring community and opportunities to stay engaged and live life fully.

**NEED:** Businesses to join us as guests, volunteers, sponsors, and donors, together creating a place where older adults embrace and fully enjoy their stages of life.

*"I made a connection with the residents and felt they appreciated our help. I'm leaving here very happy and thankful for this experience."*

*— Volunteer from Target*



*Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.*

[www.lyngblomsten.org](http://www.lyngblomsten.org)  

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# How Your Organization can Make a Difference

Healthcare, Housing & Services for Older Adults Since 1906  
Contact: Tim Overweg [toverweg@lyngblomsten.org](mailto:toverweg@lyngblomsten.org) (651) 632-5319



At Lyngblomsten, we're committed to understanding what it means for older adults to live well. A long life lived well is a life that is given the opportunity to participate in all the joys, beauty, and creativity enjoyed in the past, while being provided with the necessary support and care that the present often requires. That means dignified healthcare, safe and affordable housing, and a network of trusted family, friends, neighbors, and community resources that can help reduce isolation and loneliness.

We are experts in healthcare, housing, and community-based services. However, with rising costs, we need help to continue to fund programs that enable older adults to live well, and to live well where they are. We need difference makers! The difference is you.

Quality of life as one grows old is something we all hope for—not only for ourselves, but for those we love as well. I encourage you to take just a minute and learn how you can partner with us in this life-honoring and life-giving work. A few ideas are listed on the next page. Thank you for taking a look.

Warmly,



Tim Overweg  
Manager of Volunteer Services & Corporate Engagement  
Lyngblomsten Foundation



## Did You Know?

Feeling lonely can negatively affect both physical and mental health.

Seniors who are isolated are more vulnerable to elder abuse.

Loneliness among seniors is a major risk factor for depression.

*We're here to help.*



## Ways to Support

**We partner with businesses, foundations, and community organizations who believe older adults deserve to live well.**

Here are four ways you can make a difference:

### 1. Get to know Lyngblomsten

Join us on site for a one-hour overview of our organization, with an emphasis on 2nd Half with Lyngblomsten, our life enrichment centers for those ages 50 to 100+. If you can't come to us, let us bring the tour to you!

### 2. Employee engagement through volunteering

Looking for a meaningful service opportunity that goes way beyond team building? A group volunteer experience with older adults is an opportunity to learn as well as to give. Explore the year-round opportunities.

### 3. Sponsor an event

*Lyngblomsten Foundation Spring Gala—  
Friday, April 20, 2018*

Help raise awareness and funds to support persons with memory loss and their caregivers. The event takes place at the beautiful Vadnais Heights Commons, and you will enjoy a social hour, silent and live auctions, dinner, and music. Sponsor benefits are commensurate with level of support.

*Lyngblomsten Mid-Summer Festival—  
Friday, July 20, 2018*

Our Mid-Summer Festival is a community event that celebrates how Lyngblomsten is empowering older adults to live meaningful lives filled with the arts, lifelong learning, and wellness 365 days a year. Sponsor benefits are commensurate with level of support.

### 4. Underwrite Lyngblomsten programs

Aging well is a combination of reducing isolation, exercising creativity, maintaining health, having fun, and serving others. Lyngblomsten does all this through our 2nd Half with Lyngblomsten life enrichment centers and a variety of programs dedicated to lifelong learning and the arts. Help cover the costs of programming so that participant fees can remain affordable. Inquire about opportunities for financial or in-kind donations to support life-enhancing programs and special events.

## Let's Connect

We look forward to visiting with you and learning more about your interests. We will happily forward additional information about any of these opportunities at your request.

Tim Overweg  
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*"We can talk the talk, but there are not a lot of leaders out there that are going to walk the walk when it comes to helping us build better communities. Don't just read about it—get out there and do something for your community." —Volunteer from UnitedHealthcare Medicare & Retirement*