

# **Twin Cities Support Group for Persons with Lewy Body Dementia**

**Support Group Sessions:  
First Wednesday of the month, 10:00 - 11:30am**

**Lyngblomsten Community Room  
1415 Almond Ave, St Paul, MN**



Sponsored by 2nd Half with Lyngblomsten  
and the Lewy Body Dementia Association

**2018 Meeting Dates**

First Wednesday of the month

March 7

April 4

May 2

June 6

July - To Be Determined

August 1

September 5

October 3

November 7

December 5

For more information or to be placed on the support group emailing list, email [paula.biever@gmail.com](mailto:paula.biever@gmail.com) or call 651-641-0130.

**Twin Cities Support Group for Persons with Lewy Body Dementia**

Persons in the early stages of LBD who would benefit from communicating with others about living with this disease are welcome to attend. Our goal is to provide mutual support and companionship as we share experiences and resources to help us navigate the challenges of Lewy Body Dementia. Caregivers are also invited, and will meet in a separate area of the same room during a portion of the meeting. (Persons who may need assistance during the meeting should be accompanied by a caregiver.)

Paula Biever and Jeanne Schwietz serve as the support group facilitators. Paula and her husband Erik have been the facilitators of the MN E Metro LBD Caregiver Support Group since 2012. Jeanne was one of the founding members of that support group which was started in 2006. Paula is also a volunteer with the LBD Association Caregiver Linkline and a member of the Roseville Alz/Dementia Community Action Team.

Parking is available in the outer area of the parking lot on Almond Ave. Take the elevator that is furthest to the right from the reception area and go to level B - then follow the hallway to the Community Room. Please contact Lyngblomsten at 651-646-2941 for driving and additional parking directions.