



MYTH: Life in a skilled-nursing care facility is depressing and the last place someone would choose to live.

FACT: The best care centers provide a home-like atmosphere with a caring community and opportunities to stay engaged and live life fully.

NEED: Businesses to join us as guests, volunteers, sponsors, and donors, together creating a place where older adults embrace and fully enjoy their stages of life.

"I made a connection with the residents and felt they appreciated our help. I'm leaving here very happy and thankful for this experience."

— Volunteer from Target



Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

www.lyngblomsten.org   

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How Your Organization can Make a Difference

Healthcare, Housing & Services for Older Adults Since 1906
Contact: Tim Overweg toverweg@lyngblomsten.org (651) 632-5319

At Lyngblomsten, we're committed to understanding what it means for older adults to live well. A long life lived well is a life that is given the opportunity to participate in all the joys, beauty, and creativity enjoyed in the past, while being provided with the necessary support and care that the present often requires. That means dignified healthcare, safe and affordable housing, and a network of trusted family, friends, neighbors, and community resources that can help reduce isolation and loneliness.

We are experts in healthcare, housing, and community-based services. However, with rising costs, we need help to continue to fund programs that enable older adults to live well, and to live well where they are. We need difference makers! The difference is you.

Quality of life as one grows old is something we all hope for—not only for ourselves, but for those we love as well. I encourage you to take just a minute and learn how you can partner with us in this life-honoring and life-giving work. A few ideas are listed on the next page. Thank you for taking a look.

Warmly,



Tim Overweg
Director of Community Engagement
Lyngblomsten Foundation



Did You Know?

Feeling lonely can negatively affect both physical and mental health.

Seniors who are isolated are more vulnerable to elder abuse.

Loneliness among seniors is a major risk factor for depression.

We're here to help.



Ways to Support

We partner with businesses, foundations, and community organizations who believe older adults deserve to live well.

Here are three ways you can make a difference:

1. Attend an Age Boldly with Lyngblomsten presentation

Sign up to attend an Age Boldly with Lyngblomsten presentation. This 50-minute overview will introduce you to 2nd Half with Lyngblomsten, our life enrichment centers for adults ages 50 to 100+. Let us bring the presentation to your organization or join us on site in St. Paul.

2. Employee engagement through volunteering

Looking for a meaningful service opportunity that goes way beyond team building? A group volunteer experience with older adults is an opportunity to learn as well as to give. Explore the year-round opportunities.

3. Sponsor an event

Lyngblomsten Foundation Spring Gala—Friday, April 26, 2019

Help raise awareness and funds to support persons with memory loss and their caregivers. The event takes place at the beautiful Vadnais Heights Commons, and you will enjoy a social hour, silent and live auctions, dinner, and music. Sponsor benefits are commensurate with level of support.

Lyngblomsten Mid-Summer Festival—Friday, July 19, 2019

Our Mid-Summer Festival celebrates how Lyngblomsten is empowering older adults to live meaningful lives filled with the arts, lifelong learning, and wellness 365 days a year. Sponsor benefits are commensurate with level of support.

Age Boldly with Lyngblomsten Luncheon Fall 2019 (date TBD)

This fundraising luncheon highlights how 2nd Half with Lyngblomsten is helping older adults age well in the places they value most, and invites attendees to support this critical work. Sponsor benefits are commensurate with level of support.

**Have something else in mind?
We'd love to hear it!**

Lyngblomsten partners with a variety of organizations, and each one is different. If you have another idea for how your organization can support Lyngblomsten, we'd love to hear from you! Talk to us about creating your own opportunity for providing a financial or in-kind donation that supports our life-enhancing programs and special events.

Let's Connect

We look forward to visiting with you and will happily forward additional information about any of these opportunities at your request.

Tim Overweg
Director of Community Engagement
(651) 632-5319 | toverweg@lyngblomsten.org



"From the moment I first contacted Lyngblomsten to well after our group's day of service, the attention Lyngblomsten gave to servanthood and putting our 'helping hands' to their best use was second to none. I look forward to making further connections with Lyngblomsten in the future." —Volunteer from Huron