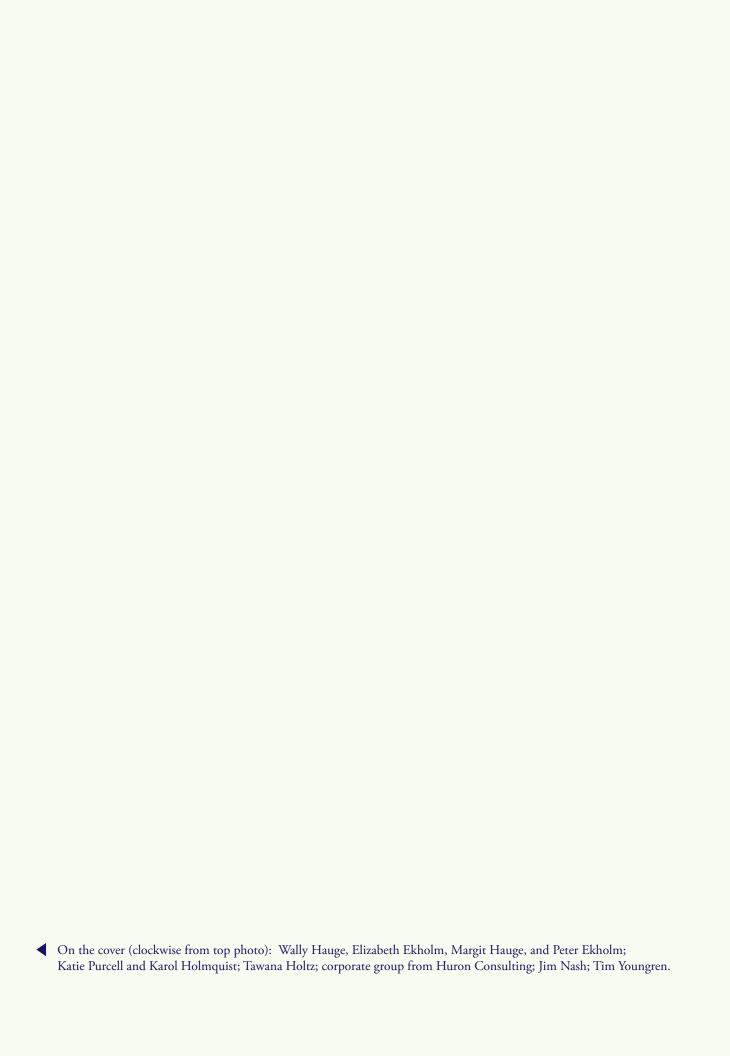


Difference Makers

Lyngblomsten Supporters Impact Report





"I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do." —Edward Everett Hale

February 2019

Dear Friends and Supporters of Lyngblomsten,

Difference Maker. Perhaps that is one of the most important titles on earth. And when we take one difference maker, and join that person with another difference maker, with another, and another ... lives are changed. At Lyngblomsten, **we see YOU**—making a difference.

We see you caring about your community as a whole. We see you caring about individual older adults. We see you sharing the gifts of time, talent, and treasure that God has entrusted to you for your good stewardship. We see you making a powerful difference. One hour at a time. One dollar at a time. One person at a time.

Together, in the past year 1,043* volunteers gave 33,379 hours of service. Together, 682 donors gifted or pledged \$506,995. Though we will likely never know all the people who have been touched by your generosity, we do know that in the past year alone, hundreds and hundreds of people are better off because of you.

We invite you to read the stories inside this report that exemplify just a few of today's Difference Makers. Then peruse the pages filled with the names of individuals and organizations who have provided support over the past year. If you are one of them, thank you! If you aren't, we invite you to step into the mission of Lyngblomsten and be a difference maker with us. What we can do together multiplies the impact of our individual contributions. With the growing number of elderly people, you are needed now more than ever before.

Each one of us is only one. And we indeed can each do something that when joined together with others makes a powerful difference. We celebrate and give thanks for each and every supporter and each and every gift.

With sincere admiration and appreciation,

Jeffrey Heinecke President & CEO

Soffey Herricke

Patricia Montgomery

VP of Communications & Stewardship

Patricia Wontgomery

*627 ongoing registered volunteers and 416 one-time volunteers.



Our Mission: Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

Making a Difference—

Giving beyond a lifetime

◀ Carol Baker

a lifetime passion for Carol Baker. The daughter of

a Lutheran pastor, she grew up watching her parents lead by example with their volunteerism and service.

"I always say to people, I was born a volunteer," Baker said.

Twenty years ago, her love of giving back brought her to Lyngblomsten, where she served as Director of Volunteer Services and Spiritual Care before retiring several years later. Baker is still a familiar sight around campus, wearing her volunteer badge with pride and transporting residents to physical therapy and occupational therapy or leading a women's discussion group at The Heritage at Lyngblomsten.

Though she's given many hours to Lyngblomsten—notching more than 2,300 volunteer hours total—Baker also supports the organization with financial contributions.

A dedicated donor for the past 20 years, she hopes to continue making an impact after her death. Baker has designated giving to the Lyngblomsten Foundation in her personal will.

"It feels like an ongoing legacy because I've been giving monthly all these years, so it just felt appropriate to have it continue," she said.

Individuals like Baker who name Lyngblomsten as a beneficiary in their estate or in an insurance policy, or who establish a charitable gift annuity with Lyngblomsten, become members of the Heritage Society (see page 9).

If donors wish, they can designate how their contributions are used by Lyngblomsten. Some of the options include 2nd Half with Lyngblomsten life

enrichment centers, lifelong learning and the arts, spiritual care, and the general fund. Baker chooses to support the Connecting Generations Youth Scholarship Program, which awards scholarships to high school seniors who have volunteered at Lyngblomsten and plan to further their education (see page 22).

"I am so committed—first of all to volunteering—but to honoring gifts and skills that youth volunteers bring," Baker said. "We have amazing youth, and to be able to give them recognition is wonderful."

"It feels like an ongoing legacy because I've been giving monthly all these years, so it just felt appropriate to have it continue."

—Carol Baker

Across the Lyngblomsten campus, youth volunteers can be seen making a difference, whether it's helping with activities like bingo or just stopping to visit with an older adult. The power of that service is not only experienced by older adults but also has a lifelong impact on the youth themselves, according to Baker.

"A lot of these kids may have one grandparent or they may have no grandparents around," she said. "It's an opportunity for them to experience elders in more than just a frustrating way—in what you can't do. When they come to Lyngblomsten, it's about what you can do."

Knowing that her giving bolsters youth volunteers engaging with older adults and helps them reach new heights in their educational paths brings Baker great joy and inspires her continued support for Lyngblomsten.

For information about making a planned gift to Lyngblomsten, see page 23.

Supporting to ensure resources are available

Гrupti Storlie 🕽

hen Trupti Storlie's mother-in-law Jan was diagnosed with dementia, the steps of the family's memory loss journey brought them to The Gathering group respite program in 2013.

Offered through 2nd Half with Lyngblomsten, this program, which provides a day of brain-stimulating activities for participants and a break for their caregivers, became a light in the Storlies' lives.

"She was always happier coming out of it," Storlie recalled about her mother-in-law's participation each day with The Gathering. "She always had a smile on her face and that was very meaningful for us at that time."

It was the family's first exposure to Lyngblomsten and the quality services it provides to older adults. Three years later, when a fellow congregational member at Roseville Lutheran Church (a Lyngblomsten corporate congregation) asked Storlie to consider serving on the Lyngblomsten Board of Directors, it didn't take much convincing for her to say yes.

Now in her third year as a board director and first as board chair, Storlie has seen a number of initiatives and projects launch during her tenure. These include the rollout of 2nd Half with Lyngblomsten life enrichment centers and the start of a multi-year renovation project focused on the Lyngblomsten Care Center.

"What makes Lyngblomsten different from other senior care organizations is I really think there's an ability here to try new things and to really be innovative and search for what is best for our people," she said.

As a board director, Storlie and her cohorts are tasked with looking toward the future, helping set priorities, and giving direction for Lyngblomsten. It's a type of service that Storlie says fits her well as a longtime information technology implementation consultant and allows her to make a behind-the-scenes impact at the organization.

In addition to giving time, Storlie also supports
Lyngblomsten through donations.
Both types of support are important and allow the organization to fulfill its mission.

"People (older adults) do have to pay for care, but those funds are the minimum.

That's where I think donors and volunteers really bring quality of life to our residents and the people we support in the community."

—Trupti Storlie

"It can be confusing because people do have to pay for care, but those funds are the minimum," Storlie said. "That's where I think donors and volunteers really bring quality of life to our residents and the people we support in the community. That's what takes it from living and getting by to living fully."

This includes offering high quality care and resources to older adults and their families to help them navigate life transitions.

It's an experience Storlie knows well. She watched as her mother-in-law went from living independently to moving in with her and her husband Erik to living in a facility that could provide the care she required.

"I think that experience really highlighted to me the breadth of choices for all the decisions that have to be made and how vulnerable older adults can be in that process," Storlie said. "Making sure that there are organizations that older adults can go to and feel confident is really important."

Would you like to make an impact on the lives of older adults through time or dollars? Turn to page 23 to learn more about opportunities to volunteer and give.



any companies have annual goals, but Crystal D has one that sets it apart from other small businesses.

Starting in 2016 and continuing every year since, the company has set a goal of reaching 1,000 hours of volunteering accumulated by its employees. Community outreach is a priority to Crystal D President Chuck Dahlgren, who couldn't be more thankful for the community's support of his business over the past 25 years.

"In a small business, you don't have as many luxuries as large businesses do," he said. "You have to take care of customers and take care of employees, and now we've reached a point in our company where we can give back. It's part of life here at Crystal D. It's an important element."

Headquartered in St. Paul, Crystal D produces awards, plaques, and trophies. For the past 15 years, the company has participated in charity events such as packing meals for Feed My Starving Children. As part of a strengthened effort to give back, the company sought out further corporate volunteer opportunities three years ago and connected with Lyngblomsten, which provides a variety of opportunities for corporate volunteers.

In 2018 alone, Crystal D employees shared several experiences with Lyngblomsten residents and tenants. They took them to the Back to the 50's Car Show, Minnesota State Fair, and Como Zoo. Volunteers also made an impact on campus, hosting an ice cream social, playing bingo, and helping spread the holiday spirit by decorating trees and making crafts.

This type of service allows volunteers to engage directly with the people they're serving and see the impact they're making firsthand.

"There's just something about coming face to face with a person. You get to show them love through words and actions," said Amy Felton, Executive Assistant at Crystal D. "That makes what you're spending your time doing meaningful."

Those memories are cherished by volunteers such as Cathy Klein, Controller for Crystal D. She's enjoyed spending time engaging with older adults at Lyngblomsten, treasuring the moments when they open up in conversation or find happiness in activities involving volunteers.

"We've reached a point in our company where we can give back. It's part of life here at Crystal D. It's an important element."

—Chuck Dahlgren

"I never knew my grandparents, so it's a joy to go there and hear people's stories and connect with them," she said. "I'm excited to hear their stories, and they're excited to talk about it, so it works out really well."

Lyngblomsten has long recognized the power of people serving one another, and its corporate volunteer program allows businesses to foster a more personal link to the community and make a difference.

For Dahlgren, the experience of volunteering either as a corporate group or as an individual is something everyone should try, and he's happy he can provide an opportunity to do so through his company.

"A lot of people have never volunteered in their life or been exposed to volunteering...while others grew up with it," he said. "I'm a real believer in unconditional giving, and that's what volunteering is—it's just unconditional giving of your time and energy."

Looking for a team-building experience for your corporate group? Turn to page 23 to find out more about year-round possibilities that are available with Lyngblomsten.

Making a Difference-

Youth delivering impact

indsay Calzadillas can remember riding her bike as a high school student to her volunteering shifts at Lyngblomsten, where she delivered mail to care center residents in the 1990s.

Returning to Lyngblomsten as an adult volunteer in 2017, Lindsay picked up her care center mail route once again in the fall. The reprisal of her volunteering role came after her eldest son Manny, 12, expressed interest in volunteering at Lyngblomsten.

"I had never volunteered at an important place before, so I thought it would be a good experience," he said.

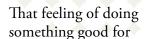
Since becoming a volunteer, Manny has helped out with fun activities for Lyngblomsten tenants that include beanbag tosses and playing games on a video game console.

Since Lindsay and Manny attended a volunteer orientation two years ago, volunteering has become a family activity for the Calzadillas. On some Friday afternoons, Lindsay and her two youngest children, Gabe, 11, and Ari, 9, can be seen navigating a mail cart through care center hallways.

"I always really liked that so I thought they would, too," Lindsay said.

During their weekly mail rounds, Lindsay sorts parcels by floor and neighborhood while her kids take turns delivering them to residents. Smiles, thank yous, and conversations often follow the family's mail visits.

"I know they realize that such a small thing makes a difference," Lindsay said of her kids. "Even if we're only here an hour, somebody who maybe wouldn't have gotten a visitor all day is grateful to see them, and that makes them feel really good."



another person is an experience all three kids say is their favorite part of volunteering.

"You meet new people and make other people happy when you come to volunteer," Ari said. "It makes you feel like you did something great in the world."

In addition to delivering mail, the family also volunteered at the Lyngblomsten Mid-Summer Festival in 2017 and 2018. More than 1,000 people attend the festival each year, which features games, musical and theatre performances, art activities, and food. The event also holds many opportunities for volunteers. Lindsay and her family escorted residents from their rooms to the festivities, meeting many new faces along the way.

"I know (my children) realize that such a small thing makes a difference. Even if we're only here an hour, somebody who maybe wouldn't have gotten a visitor all day is grateful to see them, and that makes them feel really good."

—Lindsay Calzadillas

The Calzadillas family is part of a group of more than 600 active registered volunteers who help Lyngblomsten fulfill its mission of enhancing and enriching the lives of older adults. The family encourages people of any age—but especially youth—to get involved and volunteer.

"You can feel nice about doing something good for other people," Gabe said.

If you're a family, an individual, or a group that's looking for opportunities to volunteer and make an impact in the lives of older adults, see page 23.

Making a Difference—

Supporting adults aging well in the community

← Chuck and Jean Norton

huck and Jean Norton have answered the call to serve older adults throughout their lives. As Lyngblomsten

volunteers and donors, they've seen the importance of the work the organization does not only on its campus but also in the community.

"We've got massive numbers of people who are growing old—including ourselves—and they have needs whether they realize it or not," Chuck said. "And so do their family and caregivers. It's important to provide the services that we know they need and will benefit from."

Chuck has witnessed firsthand the impact service can make in the lives of older aduts through his involvement in Lyngblomsten's former Care Team Ministry program for churches. Care ministries allow volunteers to serve older members of their congregations by helping them with housework, transporting them to appointments, and providing other forms of assistance.

While leading his congregation's care ministry team in the late 2000s, Chuck was approached by Lyngblomsten staff about becoming more involved and taking a place on the organization's corporate board of directors. It's an offer that has culminated in eight years on the Lyngblomsten Board—two of which he served as chair—and four years on the Lyngblomsten Foundation Board of Directors.

During that time, he and Jean have watched Lyngblomsten Community Services evolve and expand, including its launch of 2nd Half with Lyngblomsten life enrichment centers in 2016. The centers open up Lyngblomsten's high-quality programming and services to community members, inviting them to participate in offerings that care for their minds, bodies, and spirits.

With experience facilitating activities in senior living, Jean has seen the positive impact that programs for older adults, such as those provided by 2nd Half with Lyngblomsten, can make.

"Those enrichment offerings make life much more enjoyable for seniors," she said.

The community programs and services offered through 2nd Half with Lyngblomsten wouldn't be possible without the support of many individuals. As the need for community services grows alongside aging populations, the role of these supporters will be more important than ever.

"It's one of the more rewarding experiences you can have," Chuck said of his involvement with Lyngblomsten. "You get a much better feel for the organization, and you see actual results and how they affect people and their families—and how truly important that is. And how much more important that will be in the future with more and more seniors growing into that category."

While the Nortons consider the gift of time as the most valuable form of support they provide to Lyngblomsten, they also make a difference through financial contributions. They participate in fundraisers, such as the Lyngblomsten Foundation's annual Spring Gala, and donate to support initiatives, such as the current capital campaign raising money for a renovation of the Lyngblomsten Care Center. Their generous giving has earned them the distinction of being President's Club members (see page 9 for more information).

"It's been a very positive experience," Chuck said. "We wouldn't continue giving our time, much less our money, to an organization that didn't deserve it. Lyngblomsten needs to grow and become a greater force in people's lives."

Do you feel motivated to help older adults continue to live in their communities with meaning and purpose? Turn to page 23 to find out how you can help support 2nd Half with Lyngblomsten through time or dollars.

Making a Difference—

Individuals & Organizations supporting in 2018



Heritage Society

Persons who have chosen to help ensure the future capacity of Lyngblomsten by providing financial support through a charitable gift annuity, including Lyngblomsten in their estate plans, or establishing an endowment fund of \$10,000 or more.

Alden & Karina Allen
Julie & Rodney Anderson
Shelby Andress
Carol Baker
Kelley & Steven Bergeson
Mary & Gus Blanchard
Mary Dennis
Gloria & Donald Doyon
Peter & Elizabeth Ekholm
Dale & Deb Fagre
Deb George
Marion Glasow

Judith Hall
Harry & Lorraine Hammerly
Margit & Wallace Hauge
Kathleen Hayes
June Husom
Brad & Pam Jacobson
Marlys Jandl
Henry Kaldahl
Harold & Grace Kurtz
Juliane Kvalbein
Ruby Lawrence
Bill & Lorraine Lund

Paul & Barbara Mikelson
Jean Milton
Joy Narum
Dave & Tami Nesheim
Jonathan Nye
Mr. & Mrs. Louis M. Oberdeck
Pearl Odland
Gail & Rob Onan
Robert Peterson
Warren & Patricia Peterson
Frances Punderson
Rev. & Mrs. Marvin Sandness

Herbert & Helen Schmidt
Barbara Segelstein
Justin & Maxine Silvius
Lila Storaasli
Curt & Kay Thorpe
Lydia Volz
Lois Wattman & Douglas Shaw
Betty Weibel
Mark Wendt & Susan Pratt
Mrs. Goldie Witte
Larry & Laurie Yunker
Lu & Don Zibell

President's Club 2018-2019

Supporters who gave or pledged \$1,000 or more in the fundraising year October 1, 2017–September 30, 2018.

Anonymous Stan & Julie Antolak Steven & Jeanne Balfanz Michael Belknap & Rachelle Stanko Kelley & Steven Bergeson Gus & Mary Blanchard Feryle & Betty Borgeson David & Michelle Christianson Jeffrey Dagen Melanie & Thomas Davis Mary Dennis Kim Donat & Joshua Lipschultz Kevin Earley Abby Elstad Rev. Marty & Ann Ericson

Louise Feske

Deb George Dr. Leslie Grant & Sandra Potthoff Wally & Margit Hauge Jeff & Diane Heinecke Aleta Hill Dr. Ken & Linda Holmen Elizabeth Horsager Jill & David Hult June Husom Brad & Pam Jacobson Dr. Maynard & Elaine Jacobson Brenda Johnson Rebecca Jorgenson Sundquist & Jerry Sundquist Kathryn Kerwin-Ryberg & Nick Ryberg

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Individual Philanthropic Support

Persons who provided financial gifts of support to the Lyngblomsten Foundation. Gifts were received between January 1 and December 31, 2018. Report reflect gifts received (not pledges made).

* Indicates donors for whom some or all of their gifts came via an external donor-directed method, e.g., donor-advised fund. † Indicates donors who passed away in 2018.

\$10,000+

Mary Dennis June Husom Dr. & Mrs. Maynard Jacobson Michael & Shirley Santoro Sherwin & Carolyn Singsaas Betty Weibel* Mark Wendt

\$2,500–\$9,999Anonymous

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Kristen Bentley*
Kelley & Steven Bergeson
Mary & Gus Blanchard
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*Up to \$999*Marge Abas

David Weibel*

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Judith Miller

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Rick Moore Irmeli Moran

"Remember that the happiest people are not those getting more, but those giving more."

—H. Jackson Brown Jr.

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Joyce Moran Robert Morse Janet Moseng † Wilfred & Gladys Muir Jennifer & Kile Nadeau Pierre & Norma Nadeau Jeanne Nagel Carole Needels Bruce Nelson* Heidi & Neil Nelson Marlys & Dennis Nelson Victorine Nelson* Walt & JoAnn Nelson Dave & Tami Nesheim Ruby Ng Mark & Nancy Nichols Iean Nicol Kolbjorn & Karen Nordli Julia Nordling Kenneth Norstrem

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"Naturally have a belief that you can make a difference and you will make it unknowingly. " — Auliq Ice

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Dorothy Tostengard

Lillian Tsai Janet Tschida Carol Tveite Dale Tysdal Karen Ubel Riley Uhl Francesca Vaala Kirk & Susan Vadnais

Janice Vance

Mark & Elizabeth Vanderschaaf

Michelle Vanderzant Valerie Vannett Catherine Vanous Pam Vayra

Jennifer & Todd Veitenheimer

Stephanie Vergin Jane Verness Wayne Veum Sue & Leon Vogt Janet Volkenant Carlis Voytilla

Linda & Bruce Wagner

Shirley Walker Mike Wallace Katie Walsh Janell Wampler

Doug & Peg Wangensteen

Kathleen Warkel

Cheryl & Bruce Warkentien

Carol Watnemo Jeanne Watson

Lois Wattman & Douglas Shaw

Joanne Weckwerth Betty Weintz Debra Welch Karen Wennberg Matthew White Karita Wienke Mallory Wight Margot Wight Dona Will Loren Wille

Dr. Lawrence Wilson Margaret I. Winchell Lois Winzenburg Mary Wisdorf

Donald & Janice Wissman

Christine Witzany Paul & Darlene Wolleat Peter Wong Dick Woodcock

Sally Worku Tracy Xiong Aaron Youngdahl Tim Youngren

Kevin & Deborah Zenk

Kyle Zenk

Lu & Don Zibell* Brenda Zirbel

Anne & Thomas Zitnak

Organizational & Corporate Philanthropic Support

Companies and organizations that provided financial support to the Lyngblomsten Foundation between January 1 and December 31, 2018.

\$10,000+

ELCA Foundation – Lutheran Services for Elderly Endowment State of Minnesota

State of Minnesota Department of Human Services

The Weibel Charitable Fund of The Saint Paul Foundation

\$2,500-\$9,999

American Center for Philanthropy

Kristen Bentley Donor-advised Fund at Schwab Charitable

Bremer Bank

CFS Interiors & Flooring

McGough Construction

Jean H. Milton Donor-Advised Fund at American Center

for Philanthropy

James Nash Fund of Fidelity Charitable

Pro Rehab

SourceGroup

\$1,000-\$2,499

3Mgives

AssuredPartners of Minnesota

CliftonLarsonAllen

LaVerne A. Dehlin & Jane Adams Dehlin Fund of inFaith

Community Foundation

Delta Dental of Minnesota

Ideacom Mid-America

Rosemary Johnson/George Hansler Fund of

inFaith Community Foundation

New Horizon Foods

Howard and Peg Ostrem Donor-advised Fund of American

Center for Philanthropy

Wells Fargo Advisors

Wold Architects and Engineers

YourCause

Up to \$999

Advanced Capital Group

Allina Health

Anderson Funeral Home & Cremation Services

Balfanz Giving Fund of Fidelity Charitable

Blick Art Materials (Roseville)

Community Shares of Minnesota

Crescent Tide Cremation Services

Custom Medical Solutions

FastSigns (Roseville)

C. Leigh & Warren Gerber Charitable Gift Fund of

T. Rowe Price Program for Charitable Giving

GiveMN

Brian & Bonnie Glass Living Trust

Griffith Printing

Mary E. Heinen & Andrew C. Jones Charitable Fund of

Fidelity Charitable

Hermes Floral

Holcomb-Henry-Boom-Purcell Funeral Homes

Kairos Alive!

Harold & Grace Kurtz Fund of Fidelity Charitable

Lyngblomsten Resident Council

D. Mahlke Charitable Fund at Schwab Charitable

Melaleuca

The Mertz Charitable Fund at National Philanthropic Trust

Mueller-Bies Funeral Home

National Financial Services

Network for Good

Norman T. Nelson Trust

Northland Securities

Piché & Associates Real Estate

St. Paul Linoleum & Carpet Co.

Sysco Minnesota

The K Foundation

Mark & Marjorie Thompson Charitable Fund of Fidelity

Charitable

Thrivent Choice, Thrivent Financial for Lutherans

UnitedHealth Group

Washburn-McReavy Funeral Chapels

David W. Weibel Charitable Fund at Schwab Charitable

Wet Paint Artists' Materials and Framing

Donald and Luella Zibell Family Foundation

Congregational Philanthropic Support

Congregations that provided donations to the Lyngblomsten Foundation between January 1 and December 31, 2018.

\$10,000+

North Presbyterian Church, Estate of Herluf C. Jensen

\$2,500-\$9,999

Augustana Lutheran Church St. Anthony Park Lutheran Church

\$1,000-\$2,499

Community of Grace Lutheran Church Prince of Peace Lutheran Church Redeemer Lutheran Church Roseville Lutheran Church Salem Lutheran Church St. Timothy Lutheran Church

Up to \$999

Bethlehem Lutheran Church
Centennial United Methodist Church
Christ Lutheran Church on Capitol Hill
Christ Lutheran Church Women
Como Park Lutheran Church
Falcon Heights United Church of Christ
Gustavus Adolphus Lutheran Church
Holy Childhood Women's Club
Lakeview Lutheran Church
Macalester Plymouth United Church

Fergstad Award Recipient

Given periodically, the Fergstad Award recognizes outstanding individuals who have made a substantial impact on Lyngblomsten through giving generously of both their time and treasure.

The Anna Quale Fergstad Award for Distinguished Service recognizes those who have made a substantial impact on Lyngblomsten through giving generously of both their time and treasure in addition to service through their church and other community organizations. In 2018, the award was given to James (Jim) Nash, a longtime Lyngblomsten volunteer and supporter.

Jim's journey of impact through Lyngblomsten spans two decades. Since 2001, Jim has served more than 7,100 hours as a registered Lyngblomsten volunteer. Additionally he has given countless hours of service to older adults living in the community through Care Team Ministry and The Gathering through St. Timothy Lutheran Church. His involvement with The Gathering was inspired by serving as his mother's primary caregiver. Now, two decades later, Jim serves two times a month at The Gathering site at Centennial United Methodist Church.

Jim's face is a familiar one around the Lyngblomsten campus. Several times a month, he can be spotted behind the till at Anna's cafe and gift shop. It's a post he's held since first becoming a volunteer. In the past, Jim also has served as a bus driver and captured photographs of many Lyngblomsten events.

In addition to supporting Lyngblomsten's mission by giving his time, Jim also makes generous financial gifts and is a member of the President's Club.

His dedicated service to the community extends beyond Lyngblomsten. Jim volunteers with Meals on Wheels and Loaves & Fishes through St. Timothy Lutheran. Additionally, he shares his photography and web technology skills with Bethel Lutheran Church and the Upper Midwest Regional Metropolitan Opera Auditions.



Pictured with President & CEO Jeff Heinecke (L), Jim Nash was presented with the Anna Quale Fergstad Award for Distinguished Service at the President's Dinner in November 2018.

Organizational & Corporate Volunteer Support

Employee groups from the following companies provided volunteer service between January 1 and December 31, 2018.

3M Retirees*
APi Group*
Bright Health
Cargill
Crystal D Creations*

Girl Scouts
Huron Consulting
Medtronic Retirees*
Meridian Services*
Nourishing Connections
Optum*

Thomson Reuters*
Travelers Retirees
UnitedHealthcare Employer & Individual Finance*
UnitedHealthcare Medicare & Retirement*
Wells Fargo*
Wolters Kluwer
*Returning groups

Student Group Volunteer Support

Student groups from the following schools and clubs provided volunteer service between January 1 and December 31, 2018.

Breck School Concordia Academy Great River School Hamline University Hmong College Prep Academy Macalester College Mounds View Hockey Team St. Catherine University

St. Thomas Academy University of St. Thomas

Individual Volunteer Support

Registered volunteers who have shared gifts of service with Lyngblomsten between January 1 and December 31, 2018. Categories reflect hours given during this time period only (not their cumulative lifetime total).

450+ Hours

Julie Omland Jane Phillips

300-450 Hours

Laura Hamrick Kolbjorn Nordli Barbara Qualey Dick Sarafolean

150-299 Hours

Marge Abas Joyce Anderson Carol Baker Thom Campbell Jacquelynn Carroll Linda Chimzar Wayne Craig Andrea Dahms Anita Dick Helen Gehrenbeck Pat Hasse Steven Hedrick Tawana Holtz Marilyn Jennings-Scalze Rev. Joy Johnson Rex Kiekhoefer Gilbert Kinnunen

Christine Loweth Genevieve Marault Patte Martin Irmeli Moran Polly Morrison James Nash Marlys Nelson Suzanne Ovaldson Laurie Pellerite Barbara Prokosch Teri Seymour Ioan Stai Ruth Steinwall Kay Tellekson Jeanne Wadd Janice Walker Michael Wallace Christine Witzany Timothy Youngren

50-149 Hours

Hannah Adamson Leslie Amundson Linda Anderson Geraldine Anderson Mike Arland Barbara Aydt Abraham Ayele Shannon Baker Karn Bartl Georgine Bellotti Kathryn Belor Barb Bentley Carol Bentley Kristen Bentley Coral Berge Wayne Bjorlie Michael Bloss Walter Blue June Borowski Monica Bossenmaier Mary Breske Margaret Brinkman Rachel Broughton Gail Bump Jo Butwinick Beverly Bybee Linda Caillier Jim Campbell Myrna Carlson Margaret Cellette Tom Clark Audrey Clasemann Elaine Collins Frank Collins

Joseph Ayele

Io Anne Collins Zoelle Collins Leslie Connelly Gordon Cummins Caroline Dabe Joyce Danner Brynna Davis Dex Gardner-Presler Loretta Doby Kay Draine Jeanne Driscoll Agnes Dynes Leonard Eilts Anne Elmblad Karen Emeott Claudia Engstran Karen Fairchild (Halsey) Robert Fischer Sharon Folland James Frazier Joanne Gatti Kathryn Gaylord Cheryl Glazebrook Kira Goodger Roger Graf Rosalie Grosch Arlo Halsey Judith Hammersten

Continued on page $16 \rightarrow$

Mary Ann Hawkins Claudia Hendrickson Crystal Heublein Nancy Higgins Gerald Hoffman Kathleen Hoffman Ruth Howard Lynn Johnson Skylar Johnson Susan Johnson Jeanne Jungbauer Mary Kersting Kathleen Kirchoff John Kusske Florence Lange Robert Larson Jeanne LeFevre Nancy Leiser Arlene Lellelid Arthur Lemke Michelle Leonard Byron Lind Cindy Lukas Robert Lundgren Wendy Magnuson Marge Martens Beverly Mertz Kari Miller Frances Millett Jean Milton Ethan Moffat Kathleen Moraski Judi Mueller Jacob Muench Max Muench Esther Nelson Ronald Nielsen Juletta Nygren Todd Offermann Elaine Ogren Sandra O'Neil Mary Ott Phyllis Pantzar Adelaide Petersen James Petsch Paula Pettis Judy Pfenning Renee Pfenning Elizabeth Port Charleen Prill Ronald Prill Judy Putnam Gloria Read Kathryn Richardson Julie Rindelaub Jeanne Ristrom Katie Roehrich Patricia Rund Debora Sandquist

Eileen Sather Wayne Schilling Stephen Schmidt Mary Kay Schneider Patricia Schraad Thomas Schultz Vicki Schultz Marsha Skogheim Elaine Skreland Patricia Skundberg Janet Slagter Mary Ann Spangenberg Wilbert (Bill) Spangenberg Anita Speltz Laura Stone-Jeraj Sue Swain **Esther Tatley** Lucille Teel Iva Thelander Lynda Thompson Scott Thorson Susan Tomlinson Dorothy Tostengard Phyllis Vacha Shirley Veith Mary Lou Volk Wallace Wadd Darryl Weakley Susan Wyble Jean Xiong Linda Young

1-49 Hours

Dolores Zeller

Leah Abdella Alberta Adams Apikshya Adhikari Dikshva Adhikari Susan Adix Dominic Adkins Isis Aguilar Chloe Aldridge Denise Alexander Maymuna Ali Lilah Amon Kaitlyn Anderson Kari Anderson Melinda Anderson Susan Anderson Melissa Andren Georgiana Andrus Rayna Antilla Theresa Arfi Courtney Ayers Pam Avers Shine Azariah Marjorie Baab Hannah Banaszak

Josh Banaszak Ruth Barnes Mary Clare Bart Ila Basch Susan Baude Ashley Bauer **Emily Beck** Grace Beck Paul Beck Isaac Belton Lisa Bentley Lydia Bentley Steven Bergeson Kelly Bergman Gordon Beseth Ian Biebl Mary Blomquist Sevo Blu Jasmine Bo Arian Bove Joshua Bowling Molly Boxrud Ian Boyles

Adam Cole Lucinda Coles Delaney Colestock Rob Connolly Marlene Conrin Richard Cornell Flannery Cotner Richard Crofford Theresa Crofford Julie Currin Amy Cutrone Kathryn Damien Faith Dammann Tehya Daniels Ruby Danielson Ola Debowska Corinne DeLaitsch Jerome Delgehausen Teri DeMore Gail Dian Deb Dietzman Bree Doepner

Janet Douglas

Larry Douglas

"Go into the world and do well. But more importantly, go into the world and do good."

—Minor Myers

Patricia Bradway Kathleen Brady Linnae Brasaemle Iean Breuer Mira Bronstein David Brostrom Hannah Brough Andrea Brown Lois Brown Robert Brush Olga Buccek Sharon Burback Kari Burd **James Butwinick** Judith Caldwell Ari Calzadillas Gabe Calzadillas Lindsay Calzadillas Manny Calzadillas Priscilla Campbell Mary Carigiet Diane Cegers Pasha Chang

Christopher Chawszczewski Andrew Cherland Namgyal Chozom

Ann Dudero Iim Durose Dominic Dzik Lawrence Effertz Ana Eggert Martha Eidman Sophie Eidman Katherine Eklund Angela Elledge Sandra Elledge Lorlie Erickson Norah Erickson Abel Ezana Kim Face David Fait Anthony Fautsch Catherine Fensom Dana Fermstad Kaley Fieseler Ginger Fischer Michelle Fleischhacker

Janet Folsom Dylan Foster Karen Freer Jo Ann French

James Sass

Marcy Frye

Hannah Gandrud-Christensen

McKenzie Garrett Carolyn Gerber Trista Gibbons Carolyn Gibson Jim Gilbert Jenna Giles Laurynn Giles Mary Ginther David Gjerdrum

Marion Glasow Brandon Gorringe Katelyn Gott Barbara Grieder Anita Guiliani Morgan Gunderson Genan Gurung

Subi Gurung Mary Hafner Ava Hall Isabella Hall Lucille Hammer Deborah Hannasch

Louise Hanson Jane Hanten Donna Hanzal Julie Harrington Samantha Harris

Helene Hass

Kamal Hassen Amanda Hatzenbuhler

Erin Haugen Carolyn Healy Mim Heggerston Hypatia Her Kenji Her Angela Hesse Margaret Higgins Bridget Hill Kelly Hintz Sylvia Hoekstra

Amaris Holguin Karol Holmquist James Huberty Janet Huberty Mackenzie Hull Ralph (Wayne) Inlow Doug Inwards

Terry Irish Juliana Jacobson Kathleen Jacques Jeremiah Saw Gavin Johnson Janice Johnson Kaitlyn Johnson Kathryn Johnson Rosemary L. Johnson Peggy Jones Betty Jordahl Cheryl Kazemek Patricia Kerlin

Madeline Kertzmann Garima Khatiwada Catherine Kieffer Russell Kinney Patricia Kirchoffner Kathleen Kivel Kenneth Klapmeier Karen Klemond

Kvle Kosiak Mikaela Krampotich Kristina Krepela Helena Kriel David Krusen Erin Kusch Iuliane Kvalbein Aye Lah

Kay Lah Logann Lamoreux

Linda Lange Diane L. Larson Iean Larson Lori Larson Nhu Le Lydia Lecher Becky Lee Stephanine Lee Ayria Leib David Leitzke Liza Leja

Ieanette LeMere Louise Lentz Sarah Lewis Ruby Lightfoot Lynn Liljedahl Valerie Lindstrom William Lipkin Jessica Lopez Russell Lopez Diane Lund Nicholas Lundell Jan Marie Lundgren Nicole Lundquist John Smaby

Mary Madigan Gloria Mairura Amy Mammen Raaj Mann Eric Mans Margaret Marten Olivia Martin William Matschke Dorothy Mattison

Roger Mattison

Keely Macko

Anita Mayfield Rev. Brian McCaffrey Dawnelle McCloskey Andrea McCue Adam McDonald Matthew McElrath Ioan McGrath Mackinzi McNamara Antoinette Merth Emily Miller

Megan Mitsch July Moe Yadana Moe Kayla Monn

Naomi Miller

Josselyn Monzon Rodriguez

Beverly Mooney David Mooney Elli Moran Madison Morehouse

Kivra Morris Barbara Mortensen Yassin Motanya Pahoua Moua Karyn Mousel Ingrid Mundt Iman Mustafa

Sulma Najera Mendez Carole Needels

Kali Peterson Robin Peterson Kerby Pettinelli Jon Poupard Matthew Price Chuck Prokosch **Janice Purcell** Katie Purcell Heather Quale Mary Jo Quehl Emma Quie William L. Quie William S. Quie

Obo Ra

Randra Rabemahefa Emma Radtke Joanne Randen Susan Rausch Debra Raymond Karen Reece Claire Renner Keith Renstrom Ellen Rest Peggy Rhodes Jean Rieke Robert Riesett Lavonne Robole

Jenniffer Rodriguez-Cabrera

Bonnie Rolig

"Only a life lived for others is a life worthwhile."

—Albert Einstein

Johanna Nelson My Nguyen Julia Nordling Sheila Novak Jonathan Nye Alison O'Brien Colleen Oftedahl Christina Ogard Saylem Olberg Dorothy Olson Erica Olson Holly Olson Valeria Palma Jared Palmer Sarah Parker Judith Pedersen Carmen Pederson Lindsey Pelke Linda Pellowski

Nicole Peters

Mary Petersen

David Rowe Heather Ruby **Joyce Rudi** Orlando Ruiz Priscilla Runquist Ashley Sand Hannah Saw Kushe Saw Victor Saw Paw Say Alexis Schaffer Nikita Schanzenbach Madeline Schearer Zoe Schearer Betty Schilling Kathleen Schintz Linda Schirmer Patricia Schmatz Curtiss Schneider Ariana Schneiderhan

Jane Schroeher

Aaron Schuller Clarene Seeman George Seiler Marianne Seng Sophia Shepeck Debbie Siebell Meredith Silgen Michael Sinclair Halee Singer Matthew Singer Antero Sivula Madelyn Sjoberg Bette Smeed Louise Smith Clara Sorensen Jazmin Soung Megan Sowada Linda Springer Elaine Spurr Alyssa St. Clair

Victoria Stariha Emma Stauffacher Kaitlynn Steller Parmila Subba John Sweeney Olivia Szaj Patricia Tarbet Deborah Targ Kathryn Tempas Apasara Thao Christina Thao Dee Thao Nantida Thao Padee Thao Starlight Thao Andrew Tisell DeNean Tisell Faith Tisell

Thomas Tisell

Willem Tisell

Gretchen Treise Jane Tripple Marie Van Buskirk Kimberly Vanderhoff Angielina Vang Mai Nhia Vang Mai Pha (Linda) Vang Pa Vang

Pa Vang
Pa Vang
PaNhia Vang
Catherine Vanous
Daniele Vernetti
Kylee Vik
Leon Vogt
Susan Vogt
Gaohlee Vue
Susan Wahlin
Larrycesa Wallaker
Brenna Walton
Bruce Warkentien
Cheryl Warkentien

Ayele Weldegebriel
Kay Welsch
Madelynn Wenda
Karen Wennberg
Rita Wenner
Cassandra Wentland
Carol White
Deborah White
Patricia Widder
Karita Wienke
Mallory Wight
Margot Wight
Carolyn Wilberg
Sarah Williams

Paul Wolleat Richard Woodcock John Wright Michelle Xiong Vang Xiong Mai Sheng Yang Martha Young

Darlene Wolleat

Volunteer Milestones by Hours

Registered volunteers who reached hourly milestones in 2018. Categories reflect hours given during volunteers' lifetime of service with Lyngblomsten.

9,500 Hours

Elaine Ogren

7,000 Hours

James Nash

3,500 Hours

Tawana Holtz

2,500 Hours

Laura Hamrick Dick Sarafolean

2,000 Hours

Jean Milton

1,500 Hours

Jim Campbell Agnes Dynes Julie Omland Ruth Steinwall Lucille Teel Janice Walker

1,000 Hours

John Kusske Judi Mueller Jane Phillips Susan Tomlinson

500 Hours

Barb Bentley Lisa Bentley Walter Blue Andrea Dahms Kay Draine Anne Elmblad Kim Face Helen Gehrenbeck Steven Hedrick Patte Martin Polly Morrison Marlys Nelson Laurie Pellerite Teri Seymour Mary Ann Spangenberg Jeanne Wadd Christine Witzany

300 Hours

Alberta Adams
Joyce Anderson
Gordon Beseth
Monica Bossenmaier
Margaret Cellette
Linda Chimzar
Audrey Clasemann
Frank Collins
Jo Anne Collins

Jim Durose

Paula Welch

Angela Elledge James Frazier Joanne Gatti Judith Hammersten Claudia Hendrickson Gerald Hoffman Rex Kiekhoefer Gilbert Kinnunen Christine Loweth Mary Madigan Wendy Magnuson Beverly Mertz Irmeli Moran Todd Offermann Sandra O'Neil Suzanne Ovaldson James Petsch Gloria Read Kathryn Richardson Jeanne Ristrom Vicki Schultz Joan Stai Laura Stone-Jeraj Kay Tellekson Andrew Tisell

Shirley Veith

Timothy Youngren

100 Hours

Geraldine Anderson
Mike Arland
Ila Basch
Susan Baude
Mary Blomquist
Michael Bloss
Margaret Brinkman
Rachel Broughton
Sharon Burback
Jo Butwinick
Priscilla Campbell
Jacquelynn Carroll
Christopher Chawszczewski

Christopher Chawszczews
Tom Clark
Elaine Collins
Caroline Dabe
Jerome Delgehausen
Loretta Doby
Janet Douglas
Karen Emeott
Claudia Engstran
Lorlie Erickson
Ginger Fischer
Sharon Folland
Jo Ann French
Kathryn Gaylord
Kira Goodger

Roger Graf

Rosalie Grosch Anita Guiliani Ruth Howard Joy Johnson Patricia Kerlin Karen Klemond Florence Lange Nancy Leiser Arlene Lellelid

Byron Lind Genevieve Marault William Matschke Kari Miller Beverly Mooney David Mooney Kathleen Moraski Max Muench Dorothy Olson

Mary Petersen Judy Pfenning Janice Purcell Judy Putnam Mary Jo Quehl Julie Rindelaub James Sass Wayne Schilling Kathleen Schintz Marianne Seng Marsha Skogheim Patricia Skundberg Dee Thao Iva Thelander Lynda Thompson Scott Thorson Phyllis Vacha Michael Wallace Paul Wolleat

Capital Campaign Leadership Team

Volunteers assisting the Lyngblomsten Foundation with the Our Turn in History Capital Campaign for renovating the Lyngblomsten Care Center.

Co-Chairs

Todd Readinger & Mike Santoro

Adam Gillette June Husom Elaine Jacobson Juliane Kvalbein Peter Polga Trupti Storlie William (Bill) Sullivan Lu Zibell Advisory Team

Kent Eklund Harold Kurtz Paul Mikelson Jaime Sahlstrom

Staff

Jeff Heinecke Bradley Jacobson Patricia Montgomery Rebecca Sundquist



In Remembrance

We offer our final thanksgiving to the following supporters who are known to have passed away in 2018.

Mavis Anderson Donald Brekke Lily-Beth Frentz Charles Hillstrom Ruth Husom Carol Kelsey Richard Meline Janet Moseng Delvert Oftedahl Thelma Pedersen

Joyce Rudi Marcie Scheerz Roger Skone Elsie Trapp Mary Youngren

"Change the world today. Start with the next person you meet."
—Dillon Burroughs

Lyngblomsten Board of Directors Serving 2018–2019

Lyngblomsten Foundation Board of Directors *Serving 2018–2019*

Chair

Trupti Storlie

Vice Chair

Pam Dragseth

Secretary

Jane Danielson

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Jim Stender

President & CEO

Jeff Heinecke

David Christianson

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Ieff Heinecke

Bradley Jacobson

Juliane Kvalbein

Andy Marden

Patricia Montgomery John Piché

Peter Polga

Trupti Storlie William (Bill) Sullivan III

Lyngblomsten's Member (Corporate) Congregations

Member congregations have a covenant relationship with Lyngblomsten and appoint delegates to serve as congregational representatives.

Amazing Grace Lutheran

Inver Grove Heights, 2007

Augustana Lutheran West St. Paul, 2002

Bethlehem Lutheran

in the Midway St. Paul, 1962

Cathedral of Saint Paul

St. Paul, 1996

Centennial United Methodist

Roseville, 2000

Christ Lutheran on

Capitol Hill

St. Paul, 1961

Community of Grace Lutheran

White Bear Lake, 1998

Como Park Lutheran

St. Paul, 1960

Falcon Heights United Church of Christ

Falcon Heights, 1999

Gloria Dei Lutheran

St. Paul, 1985

Gustavus Adolphus Lutheran

St. Paul, 1985

Holy Childhood Catholic

St. Paul, 1991

Hope Lutheran

St. Paul, 1962

Immanuel Lutheran

St. Paul, 1960

Incarnation Lutheran

Shoreview, 1990

Jehovah Lutheran

St. Paul, 1995

Lakeview Lutheran

St. Paul, 1960

Lutheran Church

of the Redeemer

St. Paul, 1998

North Heights Lutheran

Roseville/Arden Hills, 1975

Prince of Peace Lutheran

Roseville, 1961

Redeemer Lutheran

White Bear Lake, 1960

Roseville Lutheran

Roseville, 1975

St. Andrew's Lutheran

Mahtomedi, 1991

St. Anthony Park Lutheran

St. Paul. 1960

St. Mark Lutheran

St. Paul, 1962

St. Timothy Lutheran

St. Paul, 1961

Salem Lutheran

West St. Paul, 1965

Delegates from Member Congregations 2018

Delegates serve as representatives for their congregations and as ambassadors for Lyngblomsten.

Donna Anderson Susan Anderson Rev. Ted Andrada Rev. Mark Aune Rev. Glen Berg-Moberg Gordon Beseth Ken Bjork Feryle Borgeson David Brostrom Rev. Carl Buettemeier Rev. Cynthia Bullock Rev. Robert Burmeister Beverly Bybee Myrna Carlson Judy Carney Beverly Challgren Rev. Peter Christ Fr. Timothy Cloutier Larry Cowan David Dahlin Jane Danielson Shirley Dingman Ann Dudero Leonard Eilts Katherine Eklund Geraldine Erickson

Rev. Martin Ericson

Rev. James Erlandson Marie Failinger Tracy Faville Louise Feske Gladys Frigstd Ann Marie Gere Carolyn Gibson Barb Gilbertson Ian Ginn Rev. Brian Hacklander David Hansen Rev. Jeanne Hartfield Jay Haugen Cindy Heitman Mary Jo Hogberg Rev. Kyle Jackson Douglas Jordahl Rev. Hans Jorgensen Carolyn Kienbaum Rev. Rick King Beverly Kisch Mary Lou Knipe Carolyn Knutson Rev. Lamont Koerner Nancy Koester Kristina Krepela

Paula Latz Art Lemke William Lund Lowell Lundy Mary Madigan Wendy Magnuson Barbara Malamen Sue Masso Tom Masso Rev. Joy McDonald Coltvet Karen Meile George Merth Mary Mohr Desjarlais LeRae Mortensen **Judy Nass** Marlys Nelson Julia Nordling Elaine Ogren Iill Olson Rev. Rolf Olson Julie Omland Adelaide Petersen Rev. Candy Petersen Charleen Prill Joyce Reimers Jeanne Ristrom

Rev. Julie Ryan

Rev. Bradley Schmeling Nancy Schmidt Jane Schroeher Thomas Schultz Rev. Amanda Simons Gloria Skalbeck John Skalbeck Solveig Storhoff Rev. Rebecca Sullivan Vern Sunday Rev. John Sutherland Dennis Swanson Scott Thorson **Jackie Tierney** Pat Tjosvold Fr. John Ubel Rev. Carl Vaagenes Ruth Vaagenes Karen Veninga Lydia Volz Janice Walker Douglas Wangensteen Rev. Angie Way Rev. Walter Wietzke Rev. Julie Wright Timothy Youngren Robert Zapolski Suzanne Zapolski

"The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate—to have it make some difference that you have lived and lived well."

—Ralph Waldo Emerson

Jean Larson

Congregational In-Kind Support

2nd Half with Lyngblomsten thanks the following churches for the in-kind use of their facilities and staff support to deliver programs and services.

Augustana Lutheran, West St. Paul (The Gathering)
Centennial United Methodist Church, Roseville (The Gathering)
First Presbyterian of White Bear Lake, White Bear Lake (The Gathering)
Redeemer Lutheran Church, White Bear Lake (a 2nd Half with Lyngblomsten location)
Salem Lutheran, West St. Paul (The Gathering)
White Bear Lake United Methodist Church, White Bear Lake (The Gathering)
Woodbury Baptist Church, Woodbury (The Gathering)

Lifelong Learning & the Arts Partners

Youth Volunteer 2018 Scholarship Recipients

Organizations that received grant funding to lead Lifelong Learning & the Arts programs for Lyngblomsten participants in 2018.

Grant funding from Aroha Philanthropies
Park Square Theatre

Grant funding from the Minnesota State Arts Board
Minnesota Opera
Northern Clay Center
OboeBass!

Presented to graduating high school seniors who have met the Lyngblomsten volunteer requirements and plan to further their education.

Jacquelynn Carroll Sophia Shepeck

Our Apologies

Accurate donor and volunteer recognition is important. We sincerely apologize if we have incorrectly listed or omitted your name in any recognition category. If an error has occurred, please let us know by contacting Patricia Montgomery at (651) 632-5322 or pmontgomery@lyngblomsten.org. Thank you!

Be a Difference Maker in the Lives of Older Adults

Share the Mission of Lyngblomsten with Others

Learn how you can be a difference maker by attending an Age Boldly with Lyngblomsten presentation. In less than 60 minutes, you'll hear the story of our 2nd Half with Lyngblomsten life enrichment centers and discover how you can support them. Let us bring a presentation to you and your group, including your family and friends, workplace, civic or community organization, or faith community.

Share Your Financial Resources

Every gift makes a difference as we work together to ensure that older adults and their families have the services and support they need. You can:

- Make a one-time or sustaining monthly gift to the Lyngblomsten Foundation
- Honor a special person by making a memorial or tribute gift
- Give a gift of stock or securities
- Give a gift through your workplace or employer matching funds

Participate in a Fundraising Event or Campaign

Join us in 2019 for the Lyngblomsten Foundation Spring Gala on Friday, April 26, or for the Age Boldly with Lyngblomsten Luncheon in the fall. Give a gift to the Our Turn in History Capital Campaign to support the care center major renovation, or make a year-end gift through the Lights for Lyngblomsten appeal for the General Fund.

Create a Legacy through an Estate or Planned Gift

You can designate the Lyngblomsten Foundation as a beneficiary of your will, trust, retirement plan, or life insurance policy. Many such planned gifts can offer significant tax savings, and some arrangements, such as charitable gift annuities, can offer you more income in your retirement years while also leaving a legacy gift that will help future generations of older adults.

Share Your Time & Talents

Enrich the lives of older adults through more than 100 types of volunteer opportunities that fit your talents, interests, and schedule. One-time and ongoing volunteer opportunities are available for families, groups, and individuals of all ages.

Engage Your Business

Let us serve as a resource to your business as you seek to be engaged in the community. Individuals and groups from your organization can help to enhance the lives of older adults through volunteering, donating, or sponsoring.

Learn more about how you can make a difference

Contact

For more information, visit www.lyngblomsten.org/Get-Involved or contact a Lyngblomsten Community Engagement Team member directly:

- Age Boldly with Lyngblomsten presentations: Tim Overweg, Director of Community Engagement, at (651) 632-5319 or toverweg@lyngblomsten.org.
- **Philanthropic Opportunities:** Patricia Montgomery, VP of Communications & Stewardship, at (651) 632-5322 or pmontgomery@lyngblomsten.org. *Visit www.lyngblomsten.org/donate*.
- Volunteer Opportunities: Shelli Beck,
 Lead Volunteer Coordinator, at (651) 414-5297 or
 sbeck@lyngblomsten.org. Visit www.lyngblomsten.
 org/volunteer to complete an application and check
 upcoming orientation dates.
- Corporate/Business Engagement: Tim Overweg, Director of Community Engagement, at (651) 632-5319 or toverweg@lyngblomsten.org.



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Make a Difference

Three ways you can get involved with Lyngblomsten and make an impact in the lives of older adults.

DONATE Support through annual giving opportunities, special fundraisers, legacy and memorial gifts, planned giving, and more.

VOLUNTEER Find an opportunity that fits your skills, desires, and schedule—for you, your family, or your corporate group.

SPONSOR Give back to the community and increase your organization's brand awareness by sponsoring one of our annual events or a custombuilt opportunity.

FOR MORE INFORMATION:

Contact Lyngblomsten Community Engagement at (651) 632-5326 or visit www.lyngblomsten.org/get-involved.

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