



Indoor Chapel Visitation Policy for the Lyngblomsten Care Center

Effective Date: 12/28/2020

Revised: 1/4/2021, 3/1/2021

Background:

Since early March, Lyngblomsten has restricted visitors on its campus due to the COVID-19 pandemic.

On December 21, 2020, the Minnesota Department of Health granted Lyngblomsten permission to host in-person visits between residents and their family/partner/close friend inside the care center building in the Newman-Benson Chapel at Lyngblomsten. (These Indoor Visits in the Chapel are separate from Essential Caregiver Visits, which also take place indoors and have been occurring since late July 2020. Please see Lyngblomsten's "Essential Caregiver Policy for the Lyngblomsten Care Center" for more details.) Lyngblomsten has reviewed the requirements from MDH and developed a policy for Indoor Visits in the Chapel.

Our chief objectives continue to be (1) keeping our residents safe and healthy and (2) preventing the introduction of the virus from outside visitors to our campus. With everyone's cooperation, we believe together we can achieve these objectives while also allowing residents and their loved ones the much-needed opportunity to visit in person (albeit from a distance).

Policy Summary:

Effective 12/28/20, Lyngblomsten is allowing in-person visits to occur between residents and visitors in the Newman-Benson Chapel at Lyngblomsten, provided visitors follow the framework for visits (outlined in the remainder of this policy document).

Definitions:

- **Indoor Visit in the Chapel:** An in-person, socially distanced visit where residents and their loved ones gather at a scheduled time inside the Newman-Benson Chapel at Lyngblomsten.
- **Resident:** An individual who lives in the Lyngblomsten Care Center (1415 Almond Avenue).
- **Visitor:** A family member, partner, or friend of a Lyngblomsten resident.

Framework for Indoor Visits in the Chapel:

1. Visits must be prescheduled (see “Scheduling a Visit” on page 4) and may last for a maximum of 25 minutes during the scheduled time slot. Visitors who arrive late will not be able to extend their visit past the scheduled end time.
2. Visits will take place in one of two designated locations inside the Newman-Benson Chapel at Lyngblomsten.
3. Each resident will be allowed up to 1 Indoor Visit in the Chapel per day on days that visits are available for them. (See “Scheduling a Visit” on page 4 for when visits are available to residents on different floors of the care center.) Residents may not have an Essential Caregiver Visit and an Indoor Visit in the Chapel on the same day; they only can have one.
4. The number of visitors allowed will depend on whether the care center is hosting Indoor Visits. If the care center is not hosting Indoor Visits, then no more than two visitors per resident may attend an Indoor Visit in the Chapel. If the care center is hosting Indoor Visits, then three to five visitors per resident may attend an Indoor Visit in the Chapel (with a minimum of three visitors required).
5. All visitors must start and end their visit with a resident at the same time. EVERY visitor must meet the screening protocols noted in Points 6 and 9 below to participate.
6. Prospective visitors who are sick, who have tested positive for COVID-19 and are still exhibiting symptoms, or who in the previous 14 days have had contact with someone who tested positive for COVID-19 may NOT participate in an Indoor Visit in the Chapel. They must stay at home until their healthcare provider has lifted all restrictions.
7. Residents and visitors MUST wear facemasks during the entire visit. In addition, visitors MUST wear eye protection (i.e., goggles and/or a face shield) during the entire visit. (Prescription eyewear and sunglasses ARE NOT acceptable forms of eye protection.) Lyngblomsten will have eye protection available for visitors to use (each piece of eye protection is disinfected between uses).
8. Residents and visitors MUST follow social distancing guidelines during the entire visit (i.e., remaining 6 feet away from one another and others who are in the chapel). Sorry, we are not able to allow physical signs of affection (e.g., hugging, holding hands, etc.) to occur.
9. When visitors arrive, they will be screened by staff for symptoms of COVID-19 (see “Arriving for an Indoor Visit in the Chapel,” which contains special instructions for accessing the chapel). This will include: taking their temperature, checking their blood oxygen level using a non-invasive pulse oximeter, and asking a series of health screening questions. Any visitor who does not pass the screening will not be able to participate.
10. At the beginning and end of the visit, visitors must clean their hands using hand sanitizer, which will be available upon entering the chapel.
11. Visitors may bring pets. Pets must be on leashes or contained appropriately, with visitors following the protocols in Lyngblomsten’s Visiting Animal Policy (available upon request).
12. A staff member will accompany a resident during the visit. The staff member will stand away at a distance to allow for privacy.
13. Current COVID-19 positive residents, residents with COVID-19 signs or symptoms, and residents in a 14-day quarantine or observation period are not eligible for Indoor Visits in the Chapel.

Visitors who do not adhere to these guidelines will be asked by staff to leave campus and/or to not participate in future Indoor Visits in the Chapel.

Arriving for an Indoor Visit in the Chapel:

Per guidelines from the Minnesota Department of Health (MDH), visitors are required to enter the Newman-Benson Chapel through a service door that opens onto Lyngblomsten's outdoor courtyard. Visitors may not access the chapel through any other entrance, including our care center main entrance at 1415 Almond Avenue.

Here are instructions for accessing the Newman-Benson Chapel from the courtyard.

1. Lyngblomsten has reserved four parking spots for persons participating in Indoor Visits in the Chapel. These four spots are located on the south end of The Heritage at Lyngblomsten parking lot. (The south side of the parking lot is closer to the courtyard/chapel.)
2. The Heritage at Lyngblomsten is located at 1440 Midway Parkway, St. Paul, MN 55108. To access the parking lot, drive east along the Midway Parkway service road, which is accessible from Pascal Street (travelling north on Pascal, turn right onto the service road; travelling south on Pascal, turn left onto the service road). After about 1 block, you'll see a sign for The Heritage at Lyngblomsten; turn right into the parking lot.
3. If you arrive early for your visit, please wait in your car until your visit is scheduled to begin. Due to capacity limits, visitors will not be allowed into the chapel before their scheduled start time.
4. Follow the path to the chapel access door. Ring the doorbell. If a staff person is present and is ready to start your visit, they will let you in. If you are not greeted right away, you may wait outside the door (please maintain 6 feet distance from others who are present) or return to your car. When staff are ready for your visit to begin, they will open the door and signal for you to enter (including from a distance if you are in your car).
5. When you enter the chapel, you will be screened (see Point 9 under "Framework for Indoor Visits in the Chapel") before starting your visit.

The map on page 5 provides details on (1) the location of The Heritage at Lyngblomsten parking lot, (2) the location of reserved parking spots for visitors, and (3) the path to access the chapel entrance from the courtyard.

Scheduling a Visit:

Visits will be available on all weekdays from 9:30 AM–4:15 PM, on Mondays from 5:30–7:15 PM (only for 3rd-floor residents), on Wednesdays from 5:30–7:15 PM (only for 2nd-floor residents), and on Saturdays from 9:30 AM–3:15 PM.

To schedule a visit, sign up online at SignUpGenius using this link ([click here](#)).

- Please review the sign-up options carefully, as each floor has different time slots available for visits. Select a time slot that corresponds with your resident's floor and/or neighborhood.
- If your resident lives on the Stanford Neighborhood, contact Emma Latzke at elatzke@lyngblomsten.org to schedule a date/time.

If you do not have access to the internet, contact Shelli Beck, Director of Volunteer Services, at (651) 414-5297 or sbeck@lyngblomsten.org to schedule a time.

Visits must be scheduled by 3 PM the day before the desired date/time and can be scheduled as many days in advance as desired.

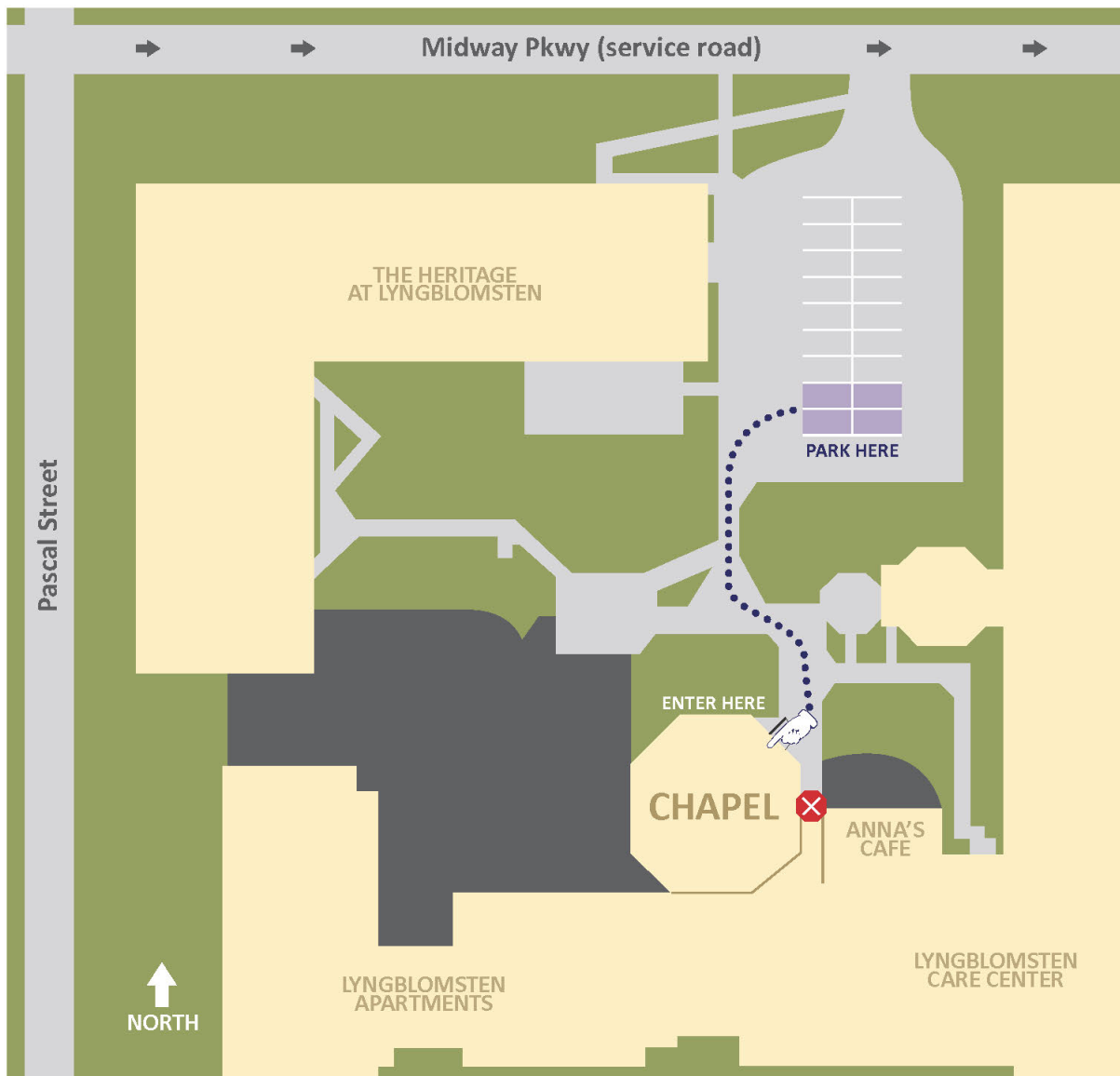
Please treat your visit as an appointment by arriving on time and calling in advance if you need to cancel. We may not be able to accommodate your visit if you arrive late, as there may be other residents scheduled for visits immediately after you and/or staff may not be available later.

***Philosophy for Scheduling Visits:**

Our philosophy when scheduling visits is to ensure as many residents as possible are able to visit with their family members given the resources we have available. We are committed to ensuring residents and their families are able to interact regularly with one another during the pandemic. Please know that we may not be able to accommodate your date/time preference for a visit and/or we may not be able to schedule a visit (or multiple visits) for you on a particular week, depending on the number of other residents and families who want to visit.

Thank you in advance for your understanding and patience as we seek to accommodate the needs of approximately 150 residents and their families.

HOW TO ACCESS THE NEWMAN-BENSON CHAPEL FOR INDOOR VISITS



Enter the parking lot for The Heritage at Lyngblomsten, which is accessible from the Midway Parkway service road. Park in one of the four designated parking spots. Follow the signs to the access door for the Newman-Benson Chapel. **Do not** enter through the double doors to the care center.



For questions, please contact Shelli Beck at (651) 414-5297 or sbeck@lyngblomsten.org.

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