



Indoor Visitation Policy

for Lyngblomsten Senior Housing

(Lyngblomsten Apartments & The Heritage at Lyngblomsten)

Revised: 10/16/2020

Effective Date: 10/17/2020

Background:

Lyngblomsten believes in the importance of tenant engagement in all circumstances—including during the COVID-19 pandemic, espousing the ideals of person-centered and holistic care in its mission. To that end, Lyngblomsten upholds socialization activities and visitation to the extent practical and safe.

Lyngblomsten will follow applicable federal and state government guidelines directing Housing with Services and Assisted Living facilities in order to establish and maintain a safe and healthy environment.

The pandemic has caused prolonged physical separation from loved ones. Family members, special friends and outside caregivers play an important role in the care and support of those who live at Lyngblomsten. To help alleviate the side effects of extended isolation, Lyngblomsten is instituting an Indoor Visitation Policy, in addition to the continuation of compassionate care visits, Essential Caregiver visits, outdoor visits, virtual visits, and window visits.

Lyngblomsten recognizes the dynamic nature of this pandemic and has issued this policy statement with the facts that are at hand at the moment, knowing that evolution of the policy is likely as variables change. For example, limitations on the number of Indoor Visitors (IVs) and/or the frequency or duration of their visits may be adjusted based on availability of Personal Protective Equipment (PPE), facility staffing levels, COVID-19 outbreak status on campus or in the surrounding community, etc. The facility will be required to suspend or discontinue Indoor Visits as conditions dictate. The facility will communicate changes to this policy to its tenants and their responsible parties. The facility looks to its staff, its tenants, and their caregivers to be patient and understanding as evolutions in visitation policies are amended to reflect current circumstances and needs.

Policy Guidelines:

Facility staff will:

- 1) Work with the tenant and IV to create a schedule for visits.
 - a. Scheduling of Indoor Visits must consider the number of visitors in the building or on one floor at the same time.
 - b. Time limits may be set as needed to maintain safety.
 - c. Visits must be pre-scheduled.
- 2) Establish and maintain a central point of entry where the EC signs in and is actively screened for symptoms of COVID-19 prior to entering the building.
 - a. First floor administrative offices are the central point of entry for Heritage and Lyngblomsten Apartment IVs during hours when it is staffed.
 - b. The Care Center Receptionist Desk is this central point of entry during hours when there is no reception staff in the housing buildings.
- 3) Provide an eye protection shield to the IV.
 - a. Visitors are expected to bring their own clean, surgical mask.
 - b. It is acceptable for the IV to provide their own eye goggles or face shield that meets the same infection control protection as that which the facility provides.
- 4) Periodically monitor the Indoor Visits to confirm that the IV is complying with the expectations set forth in this policy.

Policy Guidelines, continued

Indoor Visitors will:

- 1) Sign in at the start of their visit.
- 2) Sign out at the end.
- 3) Sign a statement upon arrival acknowledging their intent to abide by all the protocols established for safety and public health.
- 4) At the start of each visit, undergo screening for symptoms of COVID, including temperature, oxygen saturation, and symptom screening questions as well as any other screening that Lyngblomsten employees also use.
- 5) Put on and keep on at all times during the visit (no exceptions) all necessary Personal Protective Equipment (PPE) which at minimum includes eye protection and a face mask.
 - a. It is acceptable for the IV to provide their own eye goggles or face shield that meets the same infection control protection as that which the facility provides.
 - b. If contact with tenant body fluids is possible, such as by splashing or spraying, gowns and gloves must also be worn.
- 6) Perform hand hygiene for at least 20 seconds with hand sanitizer or soap and water at the sink nearest the central point of entry.
- 7) Maintain social distancing of at least 6 feet from staff, other tenants, and other visitors.
- 8) Not visit with anyone other than their designated tenant.
- 9) Frequently use hand sanitizer and/or wash hands using soap and water.
- 10) Notify the facility immediately if they develop fever or other symptoms consistent with COVID-19 within 14 days of a visit with their tenant.
- 11) Limit movement to (1) the direct route between the check-in central point of entry and the tenant's apartment or (2) between the entrance/exit and apartment if outdoor walks are desired. If in the tenant's apartment, keep the door to the hallway closed.
- 12) If outdoor walks are desired, the IV will wear all necessary PPE and the tenant will wear a face mask.
- 13) Avoid the use of tenant or facility restrooms whenever possible, unless urgent needs arise. It is best to use a restroom before arriving at Lyngblomsten or after leaving campus.
- 14) Doing laundry with your tenant is not an option at this time.
- 15) Not take the tenant out into the community except for essential appointments.
- 16) Agree and understand that facility staff will periodically monitor the Indoor Visits to confirm that the IV is complying with the expectations outlined in this policy.
- 17) Consider their own personal responsibility for public health and campus safety by avoiding large groups and abiding by social distancing when outside the facility.
- 18) Keep pets on leashes or contained if they are brought as part of the EC visit, following the protocols in the visiting animal policy (available upon request).

Policy Guidelines, continued

IV Training:

At or before their first visit, IVs will view an educational video that covers safety and infection control topics such as:

- 1) Hand hygiene,
- 2) Social distancing of at least 6 feet from staff and other tenants and their IVs,
- 3) Limitations on visiting with those other than their designated tenant/resident,
- 4) PPE donning/doffing/usage,
- 5) Liberal and frequent hand hygiene/use of alcohol-based hand sanitizer during the course of the visit,
- 6) Requirements that they notify the facility if they develop a fever or any symptoms consistent with COVID within 14 days of a visit to a tenant/resident,
- 7) Guidelines for visits such as limiting their movement to only the tenant's/resident's room or if needed in an area that the facility has specifically designated within the facility,
- 8) Instructions for how to take their loved one outside for a walk (IV is wearing the appropriate PPE & tenant wearing a mask),
- 9) Instructions that restroom use should be avoided while on campus (unless an emergency arises).

Other Guidelines:

- 1) Tenants in a 14-day quarantine, tenants who are positive for COVID-19, or tenants who are symptomatic cannot have visitors during their quarantine.
- 2) Lyngblomsten may restrict or revoke an individual's visiting privileges if the IV fails to follow social distancing, use required PPE, or follow other elements of this policy. Prior to restriction/revocation, the facility, IV, and tenant will discuss in an attempt to mediate the concerns.

Definitions:

Don/Donning – to put on, as in to put on personal protective equipment

Doff/Doffing – to take off, as in to take off personal protective equipment

PPE – personal protective equipment, such as masks, goggles, face shields