Memory Collective

An online enrichment class for adults with memory loss





Offered through 2nd Half with Lyngblomsten, the **Memory Collective** is an online enrichment class for adults experiencing memory loss, in particular mild cognitive impairment or early skill challenges with memory, language, visual perception, or processing. As a participant, you'll join a supportive community with others on a similar journey and, collectively, discover ways to keep living your best life possible.

For seven weeks, you and (if desired) a guest of your choosing will gather virtually with others for a 90-minute online Zoom session facilitated by Lyngblomsten staff. Each session will feature a variety of engaging educational topics and group activities. After the online series concludes, the group will come together for an in-person outing at a local destination (e.g., museum, park).

2022 Memory Collective Schedule: The Memory Collective is offered quarterly throughout the year.

Fee: \$175 for eight sessions (less than \$25 per session); covers any guests who may attend the sessions. *There may be an additional small fee to cover the in-person outing.*

Registration: Registration is required. Participants are encouraged to register early, as each class is limited to eight participants.

To register or for more information, contact: Carolyn Klaver, RN

Community Dementia Care Specialist 2nd Half with Lyngblomsten (651) 414-5292 | cklaver@lyngblomsten.org www.lyngblomsten.org/MemoryCollective

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Lyngblomsten is a Christian nonprofit that has been providing healthcare, housing, and community-based services for older adults for more than a century. Each year, it serves hundreds of adults in St. Paul and the east metro through its community services (known as 2nd Half with Lyngblomsten). 2nd Half with Lyngblomsten is known locally and nationally for its expertise in developing high-quality programming for persons living with memory loss. It is funded in part through donations given to the Lyngblomsten Foundation (www.Lyngblomsten.org/Foundation).