

Renew

The Gathering presents a day of **RENEWAL** for those experiencing early- to mid-stage memory loss—offering them a variety of stimulating activities with a specially trained group of volunteers to engage their minds and bodies.

Replenish

While the person with memory loss enjoys a safe and engaging time, caregivers can do errands, visit with a friend, and/or rest in order to **REPLENISH** their energy for their role of caregiving.

Rejuvenate

After a fun time with peers for participants and a restful break for caregivers, both can return to their daily routines feeling refreshed and **REJUVENATED**.

Program Funding

Funding is provided through grants and by the generosity of individuals who make financial gifts to the Lyngblomsten Foundation. The Gathering is also funded in part by the Older Americans Act Title III-E National Family Caregiver Support Program in partnership with the Metropolitan Area Agency on Aging.

If you would like to make a donation to The Gathering, contact the Lyngblomsten Foundation at (651) 632-5324 or visit www.lyngblomsten.org/donate.

The Gathering provides services to all people who meet service eligibility criteria and does not discriminate based on race, color, religion, age, gender, disability, marital status, or sexual orientation.

The Gathering is part of Lyngblomsten's continuum of services to older adults:

- Several caregiver resources are offered through 2nd Half with Lyngblomsten. Visit www.lyngblomsten.org/2ndHalf (click on "Caregiver Resources") for a complete list.
- Senior Housing with Assisted Living Services
- Rehabilitation/Transitional Care
- Long-term Skilled Nursing Care
- Specialized Care (Alzheimer's/dementias, Parkinson's, palliative care)



Healthcare, Housing & Services
for Older Adults Since 1906

Our Mission: Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.



*Living with
Memory Loss*

The Gathering

A day of stimulating
activities for those
experiencing memory loss
and five hours of respite
for their caregivers

Offered
through:



A Center for Enriching Lives after 50

A Day at *The Gathering*

- The program is staffed by dedicated volunteers specially trained by Lyngblomsten staff to understand the distinctive needs of people experiencing memory loss.
- Volunteers greet participants upon arrival at 10 AM and together enjoy engaging activities and socializing until 3 PM.
- Following a nutritious lunch, participants are involved in an afternoon of activities which helps them remain active and engaged.
- Typical activities include: music, games, light exercise, simple wood-working, painting, polymer clay projects, as well as discussion groups (reminiscing, sports, history, etc.), special guest speakers, and more.

To maintain the integrity of the program's structure, The Gathering does not accommodate drop-ins or visitors.

About the Program

The Gathering is a program offered through 2nd Half with Lyngblomsten in collaborative partnership with more than 20 churches in the east metro.

Each program site meets two to four times per month and accommodates a group of eight to ten participants (persons experiencing early- to mid-stage memory loss). There is one volunteer for every participant.

The caregiver and their loved one will meet a Gathering staff professional for an assessment prior to enrollment.

A sliding fee scale is used to determine the contribution amount requested.

Learn More

Phone: Betsy Hoffman at (651) 414-5291

Email: bhoffman@lyngblomsten.org

Web: www.lyngblomsten.org/TheGathering

Visit our webpage for a list of our church partners and Gathering program sites, as well as information about becoming a volunteer.

Testimonials

"I can walk away and leave him here knowing he's protected, he's loved by people. The volunteers are just incredible.

This program is a life preserver."

Joyce M., Caregiver

"We give caregivers the gift of time by giving them this five-hour break when they can do what they want."

Laurie P., Volunteer

"I've never been at The Gathering at a time when it got me down. I enjoy singing and the craft activities.

It's a very positive experience."

Pat R., Participant

"Our volunteers give their gifts of love and compassion in service to their neighbor. The burden of memory loss is shared and shouldered by a wider community.

The Gathering is one more way we do God's work in this world."

Mark Aune, Pastor

Augustana Lutheran Church, West St. Paul



The Participants



The Volunteers



The Caregivers



The Community