

Volunteer with Lyngblomsten

Opportunities for Corporate Groups: April – June 2019

When you volunteer with Lyngblomsten, it's not about what you do, but who you are. Your impact is in your smile, your touch, your listening, and your kindness. Bring your office, team, or group, and allow us to create an exceptional volunteer experience for you, and for those you serve!

Thursday morning Bingo (6 – 8 volunteers)

Join us any Thursday for this much-beloved, and quite competitive activity at the Lyngblomsten Care Center. Your day begins at 9:45 AM with a brief orientation, and concludes around 11:45 AM. Volunteers will assist with:

- Transporting residents to and from the activity
- Calling numbers and monitoring Bingo cards
- Handing out prizes, and
- Conversation and general merrymaking!

Upcoming Sessions:

- April 4, 11, 18, & 25
- May 2, 9, 16, 23, & 30
- June 6, 13, 20, & 27



A volunteer from Bright Health helps a resident monitor her card while playing bingo.

"The Stars Among Us" (10 – 12 volunteers)

Tuesday, May 14, from 1:00–4:00 PM

Bring your group to help with this all campus social celebrating those who call Lyngblomsten home. You will help with interactive activities built around stars and dreams, serve refreshments, and help with the photo booth.

Vegetable & Flower planting (5 – 7 volunteers)

Tuesday, May 28 OR Thursday, May 30, 1:30 – 4:00 pm

Enjoy the sunshine, and working with tenants from the Heritage in planting vegetables and flowers on the patio. All supplies are provided, except the green thumb. You provide that!



A volunteer from UnitedHealthcare Medicare & Retirement and a resident explore a butterfly exhibit at the Como Zoo.

Strolls to Como Zoo (10 – 12 volunteers)

Accompany residents in wheelchairs on a visit to nearby Como Park & Zoo. This activity is scheduled as groups express interest. It is also a weather dependent activity, and Plan B, in case of inclement weather, is board and card games with residents. Please call early with your interest.

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Back to the 50's Car Show (10 – 20 volunteers)

Friday, June 21, from 9:00–12:00 PM

Do you love old cars? Many of those who call Lyngblomsten home love them as well. Escort an older adult to the nearby Minnesota State Fairgrounds and enjoy this car nirvana.

We also have 4 **unique** experiences that are planned as volunteer groups express interest. Please give us a TWO WEEK notice, and know that we will do all we can to coordinate your availability and the availability of our staff.

State Capitol Tour (5 – 8 volunteers)

Meet the Lyngblomsten residents at the Capitol building, and together marvel at the second largest self-supporting dome in the world, restored art, murals and paintings, and the chambers where the work of government is done. Tours are 45 minutes long, and leave at the top of every hour.

Bell Museum (5 – 8 volunteers)

You will meet residents at Minnesota's official natural history museum on the nearby U of M St. Paul campus. Enjoy high tech exhibits, famous wildlife dioramas, and learn about researchers imagining a better tomorrow. Admission is provided by Lyngblomsten.

Indoor Baseball! (8 – 10 volunteers)

Transform the Lyngblomsten chapel into a field of dreams, and bring America's pastime indoors. Wear your favorite team's gear, and be a big hit with a new friend.

Strolls to Como Zoo (10 – 12 volunteers)

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A volunteer from Bright Health helps a resident monitor her card while playing bingo.



A volunteer from UnitedHealthcare Medicare & Retirement and a resident explore a butterfly exhibit at the Como Zoo.



LYNGBLOMSTEN

For more information, contact Tim Overweg, Director of Community Engagement, at (651) 632-5319 or toverweg@lyngblomsten.org.

Healthcare, Housing & Services for Older Adults Since 1906 | www.lyngblomsten.org/get-involved